

1996
Interactive
Healthcare
Directory

Patient
Education
&
Health
Promotion

STEWART PUBLISHING INC.

1996 Patient Education & Health Promotion Directory

Edited by
Scott Alan Stewart

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Preface

The *1996 Patient Education & Health Promotion Directory* was created by compiling all of the consumer-related titles from our other directories and placing them here. The topics covered in this directory include patient education, health promotion, and general health education—the titles are delivered on floppy disk, CD-ROM, CD-i, and videodisc formats.

There are a total of 574 titles, all appropriate for non-medical audiences, from grades K-12 to college-level and adult education. Some titles are designed specifically to be used for patient education, which others provide general information on anatomy/physiology and can be adapted for use as patient education material. Many titles address topics related to health promotion, such as nutrition, exercise, smoking cessation, weight loss, drug use and abuse, and more. Some titles are intended for use by professionals to assess the health status of a customer or patient.

Indices and Appendix. Because all the titles in the directory are listed alphabetically, we provide a Producer/Distributor index in the back of the book as well as a Hardware Index that lists titles by delivery platform. An Appendix also is provided listing company addresses, contacts, and phone numbers.

Unfortunately, we can not provide a comprehensive Subject Index because of the inconsistency in the way different providers categorize their titles. To help remedy this problem, we have designed a *Search Index for Windows* that allows users to search any or all of our directories by key words. Although the *Search Index* does not contains descriptive and contact information (you must have our directories for this information), we are in the process of creating a CD-ROM which will contains all of the information in all our directories in a searchable format. The *Search Index for Windows* is free with the purchase of three or more directories, or can be purchased separately for \$15.

The *1996 Patient Education & Health Promotion Directory* is just one of a five-book set of *Interactive Healthcare Directories*. The others are the *1996 Videodisc Directory*, containing 229 titles, the *1996 Computer-Assisted Instruction Directory*, listing 864 titles for medicine, nursing, and allied health, The *1996 CD-ROM/CD-i Directory* with 511 titles, and the *1996 Internet Directory* with hundreds of online resources. Finally, we publish the *Interactive Healthcare Newsletter* to keep people informed about the latest news, events, opinion, and announcements within the industry.

Submissions. As always, there will be omissions in this edition of the *Patient Education & Health Promotion Directory*. If you have a CD-ROM or CD-i title which you wish to have included, please send the relevant information.

Scott Alan Stewart
May 15, 1996

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3-D Body Adventure

CONTACT:

Customer Service
Knowledge Adventure
4502 Dyer Street
La Crescenta CA 91214
800/848-4886
(fax)

SUBJECT:

Human Anatomy.

AUDIENCE:

General Public.

DESCRIPTION:

3-D Body Adventure is a software program for the whole family. Through full-motion video, stereo sound, and 3-D technology, the program takes users on a journey inside the human body. Features include a three-dimensional, visible body that can be rotated 360 degrees; 15 movie segments that travel through sections of the body such as the spine, brain or heart; three-dimensional views of human organs, and two games called Body Recall and You're the Doctor. Includes a set of 3-D glasses for viewing images.

HARDWARE:

DOS and Windows PC w/CD-ROM drive.

AVAILABILITY:

\$49.95. Available in retail stores.

911 (7674)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Health Promotion, Self-Care,
Emergency.

AUDIENCE:

General Public.

DESCRIPTION:

This shareware program provides detailed help on dealing with more than 290 emergency situations. Contains a comprehensive index and full instructions on how to handle any crisis from cone shell poisoning to radiation exposure. Allows users to add their own instruction screen for topics not covered.

HARDWARE:

PC.

AVAILABILITY:

Shareware available at \$3.79 per disk.

A is for AIDS (Revised)

CONTACT:

Teaching/Journal/Perennial
Altschul Group Corporation
1560 Sherman Avenue Suite 100
Evanston IL 60201
800/323-9084
708/328-6700
708/328-6706 (fax)

SUBJECT:

AIDS education.

AUDIENCE:

Primary-aged children.

DESCRIPTION:

In this program, an animated dog, Andy Answer, leads a group of primary-aged children on a journey to uncover the facts about AIDS. Along the way, the group meets Dr. Roger Peek from Stanford University who explains in very clear and simple terms how AIDS is contracted. He also dispels many common myths about casual contact with a person infected with the AIDS virus. A detailed animated sequence demonstrates how the immune system functions, and how it is drastically altered when a person's body is infected with HIV. Viewers also see Magic Johnson's press conference where he reveals that he is HIV positive and stresses why it is so important to "get the facts." 15 min.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$275. VHS preview copies available, including barcoded guide.

A.D.A.M. Essentials

CONTACT:

Patty Crawford
Education Marketing Div
A.D.A.M. Software
1600 RiverEdge Pkwy #800
Atlanta GA 30328

800/755-ADAM
770/980-0888
770/955-3088 (fax)
www.adam.com

SUBJECT:

Human Anatomy.

AUDIENCE:

Medical, Nursing, Allied Health
Students.

DESCRIPTION:

This CD-ROM is a reference and study tool for introductory human anatomy and physiology. The terminology and content is tailored to introductory college-level courses for non-majors. Includes approximately 3,500 identification labels. Also has 38 narrated animations for study of basic physiology and six interactive puzzles to test the knowledge of basic anatomy.

HARDWARE:

Windows; Macintosh; CD-ROM.

AVAILABILITY:

\$295.

A.D.A.M. Obstetrics & Gynecology

CONTACT:

Patty Crawford
Education Marketing Div
A.D.A.M. Software
1600 RiverEdge Pkwy #800
Atlanta GA 30328

800/755-ADAM
770/980-0888
770/955-3088 (fax)
www.adam.com

SUBJECT:

Patient Education, Obstetrics and
Gynecology.

AUDIENCE:

Patients.

DESCRIPTION:

Part of a series of A.D.A.M. CD-ROM Animation Books designed to save time by explaining medical conditions and surgical procedures. Obstetrics & Gynecology includes animations of birth and common obstetrical procedures, and a graphic library of associated pathologies. Common birthing techniques and gynecological procedures are simulated with the animations. Included with the program is a collection of documents which depict the animations. These documents may be printed and used as handouts for patients, students, or staff.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$95.

A.D.A.M. Orthopaedics of the Lower Limb

CONTACT:

Patty Crawford
Education Marketing Div
A.D.A.M. Software
1600 RiverEdge Pkwy #800
Atlanta GA 30328

800/755-ADAM
770/980-0888
770/955-3088 (fax)
www.adam.com

SUBJECT:

Patient Education, Orthopaedics.

AUDIENCE:

Patients.

DESCRIPTION:

Part of a series of A.D.A.M. CD-ROM Animation Books designed to save time by explaining medical conditions and surgical procedures. Orthopaedics of the Lower Limb includes animations of common surgical procedures, a graphic library of orthopaedic surgical devices and pathologies, and a collection of documents which illustrate the animations included with the program. Common procedures used to correct injuries and skeletal deterioration are demonstrated with the animation library. Included with the program is a document which summarizes each of the animations. The documents may be printed and used as handouts for patients, students, or staff.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$95.

A.D.A.M. Trauma

CONTACT:

Patty Crawford
Education Marketing Div
A.D.A.M. Software
1600 RiverEdge Pkwy #800
Atlanta GA 30328

800/755-ADAM
770/980-0888
770/955-3088 (fax)
www.adam.com

SUBJECT:

Patient Education, Trauma.

AUDIENCE:

Patients.

DESCRIPTION:

Part of a series of A.D.A.M. CD-ROM Animation Books designed to save time by explaining medical conditions and surgical procedures. Trauma includes animations of closed-head and spinal injuries, a graphic library of associated vertebral pathologies, and tools that simulate first-, second-, and third-degree burns. Common closed-head and spinal injuries are depicted within the animation library. Included is a collection of documents which illustrate key frames of the animations. These may be printed and used as handouts to the patients, students, or staff.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$95.

A.D.A.M.: The Inside Story

CONTACT:

Patty Crawford
Education Marketing Div
A.D.A.M. Software
1600 RiverEdge Pkwy #800
Atlanta GA 30328

800/755-ADAM
770/980-0888
770/955-3088 (fax)
www.adam.com

SUBJECT:

Anatomy, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

A.D.A.M. The Inside Story lets you and your family explore the secrets of the human body. Go layer-by-layer into the human anatomy to explore the thousands of body structures within. From inside the body, launch into the Family Scrapbook--over four hours of humorous stories narrated by Adam and Eve that teach you and your family about the miracles of the human body.

HARDWARE:

Windows PC and Macintosh w/CD-ROM drive.

AVAILABILITY:

\$39.99 street price.

ABC's of Discharge Planning, The

CONTACT:

Renee B. Kirwan
Marketing Director
Computerized Educational Systems
307 Park Lake Circle
Orlando FL 32803

800/275-1474
407/841-6230
407/422-5948 (fax)

SUBJECT:

Discharge Planning.

AUDIENCE:

Nursing students, New graduates, RNs in practice.

DESCRIPTION:

This program is designed to help healthcare professionals understand the process of discharge planning and develop practical skills in implementing this process. You assess potential risk factors affecting the client and build a discharge plan that helps to set goals, plan teaching, and coordinate client, family, and community resources. Assessment questions help you develop a discharge plan and can be used to construct a discharge plan for actual clients.

HARDWARE:

DOS compatible PC.

AVAILABILITY:

\$250 each.

ABCs of Discharge Planning: Client Education

CONTACT:

Renee B. Kirwan
Marketing Director
Computerized Educational Systems
307 Park Lake Circle
Orlando FL 32803
800/275-1474
407/841-6230
407/422-5948 (fax)

SUBJECT:

Patient Education, Discharge.

AUDIENCE:

Patients.

DESCRIPTION:

This program begins with a definition of discharge planning, its goals and benefits. Clients will learn about the professionals who are likely to be involved in a discharge plan and what their roles are in gathering information and providing services. The program ends with an input section in which client or family members may contribute information that will assist professionals to develop an effective discharge plan.

HARDWARE:

PC.

AVAILABILITY:

\$250.

About Your Body (Second Edition Revised)

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Anatomy and Physiology.

AUDIENCE:

Children grades 4-8.

DESCRIPTION:

A physical examination at the doctor's office is the occasion for a discussion of the skeletal, muscular, skin, nervous, respiratory, digestive and circulatory systems. Disc segments correlate directly to textbook units. Describes the functions and physiology of seven important body systems, all randomly accessible by barcodes. (29 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

ACOG Patient Advisor 2.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111
800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Prescriptions, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

ACOG patient education pamphlets in electronic form.

HARDWARE:

PC.

AVAILABILITY:

\$495 single user; multi-user and site license pricing available.

Addiction and Its Processes

CONTACT:

Kerri Howell
Multimedia Studio
American Inst for Learning
422 Congress Avenue
Austin TX 78701

512/472-3238
512/472-1189 (fax)

SUBJECT:

Chemical Dependency, Drug and
Alcohol Abuse.

AUDIENCE:

Students Grades 7-12.

DESCRIPTION:

This program assists learners in understanding the disease concept of chemical dependency. It was developed by the American Institute for Learning with a goal to help learners understand the primary phases, signs, symptoms, and behaviors of the addictive process. It engages the learner in realistic scenarios providing immediate feedback at the click of a mouse. The program demonstrates true-to-life situations and their consequences which carry important messages and demonstrates hopeful outcomes. Learners can vicariously experience the painful struggles and dangerous consequences that chemical dependency brings. As a result of an intimate interaction with the primary characters, students will leave their experience better prepared to cope with similar situations and evaluate their own lives.

HARDWARE:

InfoWindow; Two-screen Macintosh;
One-screen Mac w/Videologic DVA
4000 board. Any Mac or PC w/CD-
ROM drive.

AVAILABILITY:

\$595 for both Addiction and Its
Processes and LifeMoves: The Process
of Recovery, Laserdisc version; \$199
for both, CD-ROM version.

Adult Health Advisor Version 4.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Adult Health, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

This program provides patient advice on over 450 medical and surgical topics. Health care professionals can use the program editor to modify or create handouts. The health education material of the Adult Health Advisor has been reviewed favorably by the American Academy of Family Physicians Foundation.

HARDWARE:

PC.

AVAILABILITY:

\$395 single user; multi-user and site
license pricing available.

Aerobicise Workout

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

There are three Aerobicise videodiscs, Beautiful, Beginning, and Ultimate. Each is a two-sided, Level I videodisc geared for home audiences that lead the viewer through various exercise programs to the beat of popular music.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc
dealers or from Pioneer LDCA.

Aerobicise: 1-4

CONTACT:

Image Entertainment
9333 Oso Avenue
Chatsworth CA 91311
818/407-9100
(fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

There are four Aerobicise discs which take the viewer through various exercise routines to music.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Image Entertainment.

After Care System

CONTACT:

Benjamin Young
MedAmerica
588 Blossom Hill
San Jose CA 95123
408/229-6540
408/727-9351 (fax)

SUBJECT:

Patient Education, Discharge Instructions.

AUDIENCE:

Patients.

DESCRIPTION:

This program generates detailed patient discharge instructions (English or other languages) and detachable prescriptions, tracks patient follow up, and prints summary and statistical reports. Discharge instructions can be printed on preprinted forms or plain paper. A graphical database access tool may be purchased to provide additional querying and reporting capabilities. ACS can be easily upgraded to a complete Emergency Management System, called "EMS".

HARDWARE:

PC w/DOS; Windows; LANs.

AVAILABILITY:

\$895.

AfterCare Instructions

CONTACT:

Nancy K Sayre
Marketing
MICROMEDEX INC.
6200 S. Syracuse Way #300
Englewood CO 80111
800/525-9083
303/486-6400
303/486-6464 (fax)
info@mdx.com
http://www.mdx.com

SUBJECT:

Patient Education.

AUDIENCE:

Healthcare Professionals.

DESCRIPTION:

AfterCare Instructions is a simple-to-use system that provides printed instructions written in easily understood language. This system allows a nurse or physician to give discharged patients a set of specific instructions. It offers a way to educate patients about their injury or illness, their selfcare, reasons for calling or returning, and a way to notify patients of their physician's instructions for follow-up care. A second system consists of the information provided in the USPD1 Drug Information Leaflets, with patient information on more than 5,000 drug products. Versions available in both English and Spanish. Leaflets also offered in easy-to-read version.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

Contact Micromedex for pricing information.

AIDS Awareness

CONTACT:

Bob Brady
Marketing
Multimedia Software
6 East Street #202
Frederick MD 21701

301/695-9300
(fax)
mmsw.com

SUBJECT:

AIDS, Safe Sex.

AUDIENCE:

Grades 9-college.

DESCRIPTION:

This CD-i disc contains 100 questions covering a wide range of AIDS and HIV-related topics including general information, methods of transmission, safe sex, the library of AIDS, and more. The program evaluates student responses and provides detailed feedback.

HARDWARE:

CD-i player.

AVAILABILITY:

\$199 Corporate, \$99 Educational

AIDS Education

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, AIDS.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

This program emphasizes "risk behaviors" rather than "risk groups." Personal susceptibility is emphasized. This is done by teaching what behaviors put a person at risk for contracting HIV.

HARDWARE:

PC.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

AIDS in Your School (Revised)

CONTACT:

Teaching/Journal/Perennial
Altschul Group Corporation
1560 Sherman Avenue Suite 100
Evanston IL 60201

800/323-9084
708/328-6700
708/328-6706 (fax)

SUBJECT:

AIDS education.

AUDIENCE:

Teenaged students.

DESCRIPTION:

This newly revised program on AIDS presents the latest information and statistics on the virus. Narrated by two teens, this program presents common opinions, perceptions, and misconceptions of teens on the frightening topic of AIDS. Dr. Mervyn Silverman, President of the American Foundation for AIDS Research, explains through an animated sequence exactly how AIDS affects the immune system. He also clearly defines "high risk" behavior for contracting the virus. Dr. Nicollette Collins, a health consultant, reviews the ways in which AIDS is transmitted, and the preventive steps teens should take. Dr. Collins also emphasizes the importance of condoms for sexually active teens, while stressing that abstinence is the only "foolproof" way to avoid the disease. Viewers also see Magic Johnson's press conference where he reveals that he is HIV positive and stresses why it is so important to "get the facts." 21 min.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$320. VHS preview copies available, including barcoded guide.

AIDS Interactive Information Series

CONTACT:

Will Grasse
President
Inner Action Corporation
236 Corley Chase
Canton GA 30114
404/720-6291
(fax)

SUBJECT:

AIDS Education.

AUDIENCE:

General Public, Students Grades 9-College.

DESCRIPTION:

This program is a menu-driven course that allows the user to view a variety of topics dealing with AIDS and HIV. There are seven topics from which the user can make a selection: 1) How to Use This Course; 2) What Is AIDS?; 3) History of HIV; 4) Biological Effects; 5) Treatment of AIDS; 6) Living and Working with People with AIDS; and 7) Prevention. Each of the topics includes computer graphics and animation that make the topic easy to understand.

HARDWARE:

PC w/DOS or Windows and VGA.

AVAILABILITY:

\$30 donation suggested.

AIDS/HIV: Answers for Young People (Second Edition)

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

AIDS.

AUDIENCE:

Children grades 5-9.

DESCRIPTION:

This film on AIDS/HIV reflects the most recent and accurate information about the disease. Teen peer counselors explain the subject and answer questions from seventh grade students. Animation graphically illustrates how the virus attacks the immune system. Contains interviews with infected teens and an emphasis on abstinence. Barcoding provides direct access to sequences on: how the virus attacks the immune system; means of transmission; at-risk and safe behaviors. Includes study guide. Dual soundtrack--Spanish and English. (18.5 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

AIDS: A Different Kind of Germ

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

AIDS, Health Promotion.

AUDIENCE:

Students Grades K-3, General Public.

DESCRIPTION:

This program blends live action and animation to explain the effect of AIDS on the body's immune system. Straightforward and factual, the program dispels many common fears and misconceptions for the students. With the help of a young girl and her cartoon friend youngsters learn why the AIDS virus is different from other kinds of infections, and how adults and children are most commonly exposed. The program also reassures children by emphasizing that AIDS is difficult to catch, outlining precautions to follow and explaining that it cannot be spread through crying, spitting, sneezing or kissing. Produced by J. Gary Mitchell. (17 minutes) 1990.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295

AIDS: Everything You Should Know

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, AIDS.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

This program is designed especially for teenagers. It will help them take seriously their responsibilities to avoid exposure to the deadly AIDS virus. In keeping with the recommendation and guidelines of states and local school districts and the Centers for Disease Control, this program teaches that sexual abstinence is the primary method of AIDS prevention. The program answers basic questions: What is AIDS? How do people get AIDS? How can people avoid being exposed to AIDS? It also dispels myths about the disease. Whoopi Goldberg interweaves discussions of social behavior with scientific facts presented by Dr. Alexandra Levine of the USC School of Medicine, head of the USC AIDS Treatment and Evaluation Center. Closed captioned. Also available in Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

AIDS: What Every Kid Should Know

CONTACT:

Customer Service
Barr Media Group
12801 Schabarum Avenue/POB 7878
Irwindale CA 91706

800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

AIDS, Health Promotion.

AUDIENCE:

Grades 4-12.

DESCRIPTION:

This video gives each school or community a choice of messages based on their values. The first part of the video describes what AIDS is in basic terms, discreetly identifies how the disease is contracted, and concludes that abstinence from sex, drug needles, and other risky behaviors are the only certain ways of avoiding AIDS. After a pause, during which the video may be turned off, the use of condoms and certain chemicals is introduced. The video adopts a straightforward tone throughout, describing the activities that will not transmit the AIDS virus, and appealing to the common sense and responsibility in young viewers. 15 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$75.

ALCNews Data Bases

CONTACT:

Janice McLean
Database Services Manager
NCADI
PO Box 2345
Rockville MD 20847

800/729-6686
301/468-2600
301/468-6433 (fax)
janmc@prevline.health.org
ncadi.health.org

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

General Public, Health Educators.

DESCRIPTION:

Two ALCNews data bases are now available on disk. Daily News Summaries Data Base consists of summaries of news stories relevant to alcohol policy culled from five major national newspapers: New York Times, Washington Post, USA Today, Chicago Tribune, and Wall Street Journal. Industry Materials Data Base draws on the Marin Institute's unique collection of materials by, for, and about the alcoholic beverage industry. This data base provides hard-to-find citations and abstracts on new products, marketing campaigns, sponsorship policy changes, and other major developments in the alcohol environment. This data base indexes and abstracts 40 alcohol and advertising trade publications, and 3,000+ records searchable by descriptors, identifiers, broad subject category codes, keywords, author, sources, and date of publication.

HARDWARE:

PC.

AVAILABILITY:

\$20. Updates available for \$10.

Alcohol and Human Physiology

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

What are the effects of alcohol on the human body? The user of alcohol--not just the abuser--should know. Most people overlook the fact that alcohol is a drug--a toxic drug. This important film explains the effects of alcohol on the human body's major organs and systems. The ill-effects of alcohol on the digestive, circulatory, muscular, skeletal, urogenital, and nervous systems are demonstrated and are interwoven with interviews with six recovering alcoholics who briefly recount the physiological damage to their bodies caused by alcohol.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Alcohol...Drugs...and Kids

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

Middle School Students.

DESCRIPTION:

Why do kids start drinking or taking drugs? How does experimentation lead to addiction? In this program, four teenagers who started drinking or using drugs at an early age share their experiences. The film dramatizes their stories in flashback while the teens talk about why they started--to see what it was like, to escape from family problems, to fit in with their friends or family members, to attempt to overcome shyness. They each reveal how alcohol or a drug came to control their lives. A counselor in a drug and alcohol rehabilitation unit of a hospital discusses peer pressure, self-esteem, and the problems these kids have because of their addictions. She points out they all had one thing in common--the belief that they'd never get into trouble drinking alcohol or taking drugs. The recovering teens stress that help is always available for problems young people may be facing--they need never turn to alcohol or drugs.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Alcohol: Growing Up in a Drinking World

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Substance Abuse, Alcohol.

AUDIENCE:

Grades 5-12.

DESCRIPTION:

Provides solid information about alcohol's effects on driving and the impact of alcoholism in the home. It also promotes life skills such as respecting others' rights, coping with disappointments in healthy ways, and peer refusal techniques.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Alcohol: Making the Choice

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Substance Abuse, Health Promotion.

AUDIENCE:

Grades 5-12.

DESCRIPTION:

This series of simulations, problem-solving and decision-making exercises, tutorials, and teacher utilities is designed to educate students about the effects that alcohol could have on their health, happiness, and future goals. From Focus Media.

HARDWARE:

PC.

AVAILABILITY:

\$159.

Alcohol: The Most Misunderstood Drug of All

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse, Alcohol Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

The #1 killer of our teens today, alcohol is the most dangerous, most abused, and most misunderstood drug of all. Through multiple choice and interactive "Straight Talk" questions, this software program explores the physical, social and legal consequences of alcohol use.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

\$169 DOS version; \$209 Windows version.

All About Science

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Human Anatomy & Physiology.

AUDIENCE:

Grades 1-8.

DESCRIPTION:

This CD-ROM contains 48 interactive programs from Intellectual Software and Victoria Learning Systems covering virtually all elementary through intermediate school science topics. The Science of Living Things Package contains, among other programs, Understanding the Human Fight to Stay Healthy, and Understanding Systems of the Human Body. Other Packages include Matter and Energy, Investigating Our World, and Exploring Science.

HARDWARE:

PC or Macintosh w/CD-ROM.

AVAILABILITY:

\$295.

All About Science II

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Human Anatomy & Physiology.

AUDIENCE:

Grades 1-8.

DESCRIPTION:

This CD-ROM contains 46 interactive programs on science topics suitable for elementary through intermediate school children. The Introduction to General Biology collection includes, among other programs, The Human Body (Parts I & II). Other collections include General Chemistry, General Physics, and Environmental Studies.

HARDWARE:

PC or Macintosh w/CD-ROM.

AVAILABILITY:

\$395.

Alternative Health Guide (8586)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Health Promotion, Self-Care.

AUDIENCE:

General Public.

DESCRIPTION:

This shareware program provides simple, effective remedies for everyday aches and pains. Learn to rid or relieve yourself of headaches, backaches, toothaches, stress, sore throat, arthritis, fatigue, eye strain, sinus pain, and more.

HARDWARE:

PC w/VGA.

AVAILABILITY:

Shareware available at \$3.79 per disk.

America Hurts: The Drug Epidemic

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Substance Abuse, Health Promotion.

AUDIENCE:

Students Grades 7-Adult, General Public.

DESCRIPTION:

This program looks at the long-term implications of a society where a morally corrupt multi-billion dollar illicit drug industry provides a model of easy financial success. It is intended to jar viewers into consciousness about the devastation drugs wreak on individuals, their families, their community and their country. It presents experts who attempt to drive home the dangers posed by currently available street drugs. (34 minutes) 1987.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

**American Academy of Pediatrics
Selected Works**

CONTACT:

Debra Burch
Marketing & Sales
CMC ReSearch, Inc.
322 NW 5th Ave #201
Portland OR 97209
800/854-9126
503/242-2567
503/242-0519 (fax)
cmcrsrch@aol.com
<http://www.cmcresearch.com/~cmcr>

SUBJECT:

Pediatric Literature.

AUDIENCE:

Healthcare Professionals.

DESCRIPTION:

Produced in conjunction with the American Academy of Pediatrics, this disc contains a collection of eight pediatric books and manuals published by the Academy. The publications include: Guidelines for Health Supervision, APLS: The Pediatric Emergency Medicine Course, Sports Medicine, Pediatric Nutrition Handbook, Guidelines for Perinatal Care, School Health: Policy and Practice, Adolescent Health update, and Red Book.

HARDWARE:

Windows PC w/CD-ROM drive and VGA Graphics or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$195.

**American Heart Association Patient
Information Video Series: Cardiology
Procedures**

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Cardiology Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Contains six videos, each 10 to 12 minutes long and available in both English and Spanish. Designed to help patients better understand various cardiac conditions and procedures. Titles include: Cardiac Catheterization; angioplasty; Coronary Bypass Surgery; Exercise Testing; Transesophageal Echocardiography; and radioisotope with Exercise Testing.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$295. Also available seperately as videotapes.

**American Heart Association Patient
Information Video Series:
Cardiovascular Conditions**

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Cardiology Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Contains six videos, each 10 to 12 minutes long and available in both English and Spanish. Designed to help patients better understand various cardiac conditions and procedures. Titles include: Hypertension; Congestive Heart Failure; Stable Angina; Atherosclerosis; Arrhythmias/Palpitations; and Atrial Fibrillation.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$295. Also available seperately as videotapes.

**American Heart Association Patient
Information Video Series:
Cardiovascular Wellness**

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Cardiology Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Contains six videos, each 10 to 12 minutes long and available in both English and Spanish. Designed to help patients better understand various cardiac conditions and procedures. Titles include: Are You at Risk for Heart Attack?; Heart-Healthy Shopping; Smoke Signals: cigarettes & Heart Disease; Heart-Healthy Exercise; Heart Healthy Eating; and Do You Have Heart Disease?

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$295. Also available separately as videotapes.

**American Medical Association
Family Medical Guide**

CONTACT:

Customer Service
DK Multimedia
95 Madison Ave
New York NY 10016
800/DK-MM-575
212/213-4800
(fax)

SUBJECT:

Health Education.

AUDIENCE:

General Public.

DESCRIPTION:

More than 650 diseases and disorders, advice about preventive health care, up-to-date discussion of timely health issues for the whole family. Features diagnostic symptom charts to help you evaluate the severity and urgency of medical problems and color diagrams of anatomy that explain how vital parts of the body interact and function.

HARDWARE:

Windows PC/Macintosh with CD-ROM.

AVAILABILITY:

\$48.95.

Ann Hooper's Ultimate Sex Disc

CONTACT:

Customer Service
DK Multimedia
95 Madison Ave
New York NY 10016
800/DK-MM-575
212/213-4800
(fax)

SUBJECT:

Sex Therapy.

AUDIENCE:

General Public.

DESCRIPTION:

A private consultation with your own sex therapist. Use interactive questionnaires to define your own sexual profiles and then hear Anne Hooper's customized responses. Hear or read case studies from Anne's own clients detailing various sexual problems. Furthermore, the "Sexopedia" offers clear, accurate, detailed explanations of sexual terms, concepts and practices.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$39.95.

AnnaTommy

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Anatomy.

AUDIENCE:

Ages 8 to Adult.

DESCRIPTION:

This wild and adventurous journey through the human body educates while it entertains. Users control spunky co-pilots, Anna and Tommy, as they travel in their miniature spaceship, exploring the body's systems and organs. Features ten separate body systems and 28 games, each brightly animated with space-age sound track and effects. Increasingly difficult game-play keeps users challenged as they learn, and provides long-lasting appeal.

HARDWARE:

Windows PC w/CD-ROM drive.

AVAILABILITY:

\$19.95 list.

Art of Communication, The

CONTACT:

Pax Nidorf
President
Psychological Psoftware
11127 Carlota Street
San Diego CA 92129

619/627-1631
(fax)

SUBJECT:

Health Promotion, Interpersonal
Communication.

AUDIENCE:

General Public.

DESCRIPTION:

Let The Art of Communication teach you how to relate to others; it is a skill which everyone can learn. Communication is a skill that we need all our lives. With this program you will discover the different levels of relationships and learn how to make all those relationships work. This program will help you be close to others while greatly enhancing your work, school, and personal relationships. It can even help you keep your primary relationship from falling apart.

HARDWARE:

PC.

AVAILABILITY:

\$49.50

Arthritis Advisor 1.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Arthritis, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Developed in cooperation with the Arthritis Foundation. Patient handouts include information on diseases, treatments, medications, coping methods, and services. Program includes illustrations.

HARDWARE:

PC.

AVAILABILITY:

\$249 single user; multi-user and site license pricing available.

AskAdvice

CONTACT:

Virginia Halsey
Product Manager
First Data Bank
1111 Bayhill Drive #350
San Bruno CA 94066
800/633-3453
415/588-5454
415/588-4003 (fax)
<http://www.firstdatabank.com>

SUBJECT:

Patient Education, Drug Instructions.

AUDIENCE:

Physicians.

DESCRIPTION:

This program allows the physician to give patients personalized medication instruction every time a drug is prescribed. Type in a name of a drug and Ask Advice will print a handout for the patient that informs him/her, in lay language, of any possible side effects, interactions, and precautions (pregnancy, pediatric, geriatric, athletic, and allergic). Each handout can be personalized with the patient's name, drug, any special instructions, frequency, and a dosing schedule. Works seamlessly with AskRx or by itself.

HARDWARE:

PC (386 or better) w/4MB memory, VGA, mouse, Windows.

AVAILABILITY:

\$95

Assertiveness Training

CONTACT:

Pax Nidorf
President
Psychological Psoftware
11127 Carlota Street
San Diego CA 92129
619/627-1631
(fax)

SUBJECT:

Health Promotion, Mental Health, Assertiveness Training.

AUDIENCE:

General Public.

DESCRIPTION:

Find out how to get your needs met. Learn how to say "no" without feeling guilty. This program is not only for the shy, but is a great help in changing the behavior of aggressive, passive, and manipulative people. Strange as it may seem, many confuse assertiveness with aggression. To be assertive is to get your needs met while respecting the needs of others. Aggressive people don't care about the needs of others. This program was created to help everyone be a winner. Are you easily intimidated? Do you let people take advantage of you? Do you often feel that no one listens to what you say? You can change all this and be the person you have always wanted to be. Now you can learn the dynamics of assertiveness, test how assertive you are, and learn effective ways of getting your needs met. You can even learn to say "no" without feeling guilty.

HARDWARE:

PC.

AVAILABILITY:

\$49.50

Assignment Alcohol/Assignment Drugs/Assignment Smoking

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion, Substance Abuse.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Assignment Alcohol: Three helpful junior high students selected by Mr. Chronos, an eccentric time traveller, are transformed into the Time Challengers--Futron, Rerun and Contempo. The trio travel through time to rescue Robby from the dangers of alcohol. 13 minutes. Assignment Drugs: In this entertaining and informative animated adventure, the Time Challengers travel into the future to help a young rock star, Shana, reassess her decision to do crack as a way of gaining confidence on stage. With the help of the trio, Shana moves through time and watches her future career, health and appearance decline as a result of her decision to do crack. 12 minutes. Assignment Smoking: Young children and pre-teenagers discover the dangers of cigarette smoking and the power of individual choice with this fully-animated adventure starring the Time Challengers. 14 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Three programs on one videodisc for \$315.

B.A.B.Y.**CONTACT:**

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142

800/227-5609
770/420-1150 (fax)

SUBJECT:

Prenatal, Postnatal, Child Care,
Pediatrics, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

B.A.B.Y. (Birth And Baby Years) is a computerized guide that leads users from pre-pregnancy to after the child is born. B.A.B.Y includes: conception conditions; genetics and a fertility chart; pregnancy detection and development of fetus, shown through computer animation; health information including diet, exercise and childbirth classes; care during pregnancy; explanation of medical tests such as sonograms and amniocentesis; the birth process including phases of labor, delivery and special cases; feeding schedules, important supplies and other needs of your newborn; pediatric data including doctors appointments, prescriptions, and more.

HARDWARE:

PC.

AVAILABILITY:

\$29.95 from retail stores.

Baby File: Conception to Birth**CONTACT:**

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121

800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

Prenatal, Pregnancy, Birth.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM contains information about pregnancy and preparing for the arrival of a new baby in straightforward words and pictures, including sequences on fetal development and birth. Published by EuroTalk, 315-317 New Kings Road, Fulham, London SW6 4RF UK.

HARDWARE:

Macintosh w/CD-ROM.

AVAILABILITY:

\$49.95 from retail stores and catalogs, including Educorp.

Baby Game, The**CONTACT:**

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Parenting.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

Facilitates a realistic understanding of the responsibilities and cost of parenting and raising a child. Simulation format.

HARDWARE:

PC.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Back Injury Prevention Program

CONTACT:

Marshall Weinreb
Sales/Marketing
Novare International
2808 McKinney Avenue #111
Dallas TX 75204

214/720-0700

214/788-2909 (fax)

SUBJECT:

Back Care, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-i program is designed to help reduce the incidence of back injuries on the job, at home, or at play. The program consists of two parts and five units. Part I consists of three units: Your Back and How it Works; Reducing Back Injury Risks; and Recovery After Injury. Part II consists of two units: Job Analysis; and ADA Compliance. Each unit contains interactive testing upon its completion as well as randomly selected questions upon completion of all five units.

HARDWARE:

CD-i player.

AVAILABILITY:

Contact Publisher

Backaid Software

CONTACT:

Carol Pritz
Customer Service
Generation Ahead of Maryland
20649 Highland Hall Drive
Gaithersburg MD 20879

301/869-0248

301/869-6379 (fax)

SUBJECT:

Patient Education, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This is an interactive program to assess backache. It educates the user about spine structure and mechanics and, by means of a personal assessment "diary," helps to minimize emotional stressors and physical strains that can aggravate back pain. Backaid Software consists of three sections. Physical Inventory asks questions about symptoms, and the computer suggests solutions and exercises. Stress Inventory helps the patient track at least 52 variable causes of backache in 3-week cycles. Wear and Tear Test is an educational game that offers the patient guidelines for correcting pain-causing habits. The program produces many varied reports, depending on inputs; it helps users identify and track factors that contribute to their back pain.

HARDWARE:

PC and Apple II.

AVAILABILITY:

\$49.

Backcare Program, The

CONTACT:

Mark Anderson
Industrial Consulting
Saunders Group
4250 Norex Drive
Chaska MN 55318

800/654-8357

612/368-9214

(fax)

SUBJECT:

Back Care, Health Promotion,
Workplace Safety.

AUDIENCE:

Hospital and Industrial Workers.

DESCRIPTION:

A complete guide for care of the back, this is a five videotape set combined on one CD-i disc. A complete test is provided for all five video programs. Intended for use in hospitals, clinics, doctor's offices, corporations, and business.

HARDWARE:

CD-i player.

AVAILABILITY:

\$595.

Bacteria and Health

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

Grades 4-12.

DESCRIPTION:

From the moment of birth, the human body is exposed to bacteria. With the aid of diagrams, animation, X-ray cinematography, electron microscopy, and time-lapse photography, this program shows that the body comes into daily contact with millions of bacteria. A Gakken Film. 18 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Be A Survivor: Your Interactive Guide to Breast Cancer Treatment

CONTACT:

Marika Morgan
Lange Productions
7661 Curson Terrace
Hollywood CA 90046

213/874-4730
213/874-3318 (fax)

SUBJECT:

Breast Cancer, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

This program is designed for the newly-diagnosed patient and her loved ones. Based on Lange Productions' Breast Medicine video series, a user-friendly 'Medical Office' metaphor simplifies navigation. Material is presented on two levels: basic overview, with easy-to-follow narration, or a more in-depth presentation in text format. Illustrated with animated 3D graphics. Dozens of patient interviews provide a patient's point of view.

HARDWARE:

Macintosh w/CD-ROM.

AVAILABILITY:

\$395 institutional/site license.

Be Smart! Be Safe! A Drug Education Program

CONTACT:

Customer Service
SVE
55 East Monroe 34th Floor
Chicago IL 60603

800/829-1900
312/849-9100
800/624-1678 (fax)

SUBJECT:

Health Promotion; Drug Education.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Get the word out to your students: playing it smart is playing it safe! Specially designed for primary youngsters, this program informs kids about the purposes of medicines and alerts them to the dangers of alcohol, smoking and drugs. (Producer: SVE)

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$125.

Beginnings: You Won't Get AIDS

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, AIDS.

AUDIENCE:

Elementary School Students.

DESCRIPTION:

Following the Surgeon General's guidelines, this program provides reassuring, age appropriate information about AIDS for primary- and intermediate-age children. Combining colorful animation, live action, and song, fears are allayed and children's questions about how AIDS is spread are answered. Children will learn that while AIDS is a very serious disease, it is very hard to get. Nothing they normally do at home or at school will give them AIDS. They'll learn to take responsibility for their own health, and to be compassionate, offering help and friendship to people with AIDS. Most important, children will understand that by learning about AIDS and by paying attention to what they learn, they won't get AIDS. Responding honestly to young children's concerns about health, drugs, and human sexuality lays a strong foundation for open communication throughout youngsters' high-risk years. "Beginnings" helps to lay that foundation.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Behavioral Health Advisor 2.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Bellevue Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Prescriptions, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Produces patient advice handouts on common behavioral and mental health topics. Program's editing feature allows user to modify existing topics or create new ones. Contains publication lists and telephone numbers from national mental health advocacy groups.

HARDWARE:

PC.

AVAILABILITY:

\$395 single user; multi-user and site license pricing available.

Better Eyesight (1869)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052

800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Vision, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Relieve eye strain and build better eyesight with these simple and effective exercises. Learn how the eyes focus and why some new ideas can help improve your vision.

HARDWARE:

PC w/CGA/EGA/VGA graphics.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Biosafety Training

CONTACT:

Diane M. Bower
Customer Service
Edge Technologies
610 River Street
Hoboken NJ 07030
201/488-5252
201/488-5335 (fax)

SUBJECT:

Infection Control, OSHA Bloodborne
Pathogen Training.

AUDIENCE:

General Public.

DESCRIPTION:

Address OSHA's Bloodborne Pathogen
Standard 29 CFR 1910.1030. Spanish
version available.

HARDWARE:

Macintosh, PC w/DOS or Windows.

AVAILABILITY:

\$495

Birth Disc

CONTACT:

Harriette Hartigan
Artemis
3337 McComb
Ann Arbor MI 48108
313/677-0519
313/677-6606 (fax)

SUBJECT:

Childbirth, Obstetrics.

AUDIENCE:

Health Professionals, General Public,
Students.

DESCRIPTION:

This disc contains 10,000 color and
black & white photographs which
present biological, psychological, and
socio/cultural details of the childbirth
experience. Through laserdisc
technology, the dramatic and profound
beginnings of human relationship and
social interaction can be seen and
studied. This database, photographed
in birth centers, hospitals, and homes, is
organized in 65 chapters and 43 case
studies to optimize user access to the
visual information.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$375.

Body and Mind, The

CONTACT:

Herb Sclar
CEO
UpData Publications
1736 Westwood Blvd
Los Angeles CA 90024
310/474-5900
310/474-0802 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

General Public.

DESCRIPTION:

Features more than 250 narrated slide-
shows and animations to supplement a
detailed text, describing and depicting
the functions and structures of the
human body. Also provides full-text
search, a glossary of medical terms and
a bookmark feature. Print text and
graphics or copy sections into a report.
Age 14 to adult.

HARDWARE:

Windows PC or Macintosh with CD-
ROM drive.

AVAILABILITY:

\$38.95. Available in retail stores.

Body Fights Disease (Revised), The

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Infection.

AUDIENCE:

Children grades 4-7.

DESCRIPTION:

Students become acquainted with various ways the body fights disease. Topics include: how the skin and mucous membrane form barriers to bacteria; how antibodies are produced and aid white cells in attacking germs; how lymphocytes, macrophages and killer cells battle bacteria and viruses; how HIV can destroy killer cells and fatally weaken the immune system. Barcoding allows teachers to adapt each of these independent content units to their own lesson plan. Includes study guide. (13 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Body Insight

CONTACT:

Customer Service
Informative Graphics Corp
706 E Bell Road #207
Phoenix AZ 85022

602/971-6061
602/971-1714 (fax)
<http://www.infograph.com>

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

General Public.

DESCRIPTION:

From head to toe, Body Insight will guide you pictorially through every system in the body and explain how they interact. Colorful illustrations are hyperlinked to thorough descriptive text, clearly identifying our complex anatomy and its importance to our very existence. With Body Insight, you can test your knowledge of anatomy with a challenging quiz mode study feature. More than just a powerful anatomy reference, it also has useful information on first aid, AIDS and the ill effects of substance abuse. Standard medical tests, such as EKGs and CT scans, are explained. Learn what to expect and avoid during pregnancy and birth.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$29.95 from IGC or retail outlets.

Body Works Voyager

CONTACT:

Sales/Marketing
Software Marketing Corp
9830 S 51st Street Bldg A-131
Phoenix AZ 85044

602/893-3377
602/893-2042 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

General Public.

DESCRIPTION:

Learn about human anatomy as you're shrunk to the size of a pinhead and injected into a human body to fight for a patient ravaged by evil Superbugs! Features exceptional graphics, music and digitized sounds. Various levels of difficulty make the game ideal for all ages.

HARDWARE:

Windows PC with CD-ROM drive.

AVAILABILITY:

\$59.95 list. Available in retail stores.

BodyCraft 4.1

CONTACT:

Customer Service
AlphaSport
6725 Mesa Ridge Road #208
San Diego CA 92121

800/850-3777
619/457-7773
619/457-7779 (fax)

SUBJECT:

Fitness, Exercise.

AUDIENCE:

General Public

DESCRIPTION:

A personalized eating and exercise regimen for every level of fitness--from a beginner looking to lose extra pounds to an athlete looking to build more muscle mass. Eliminating the guesswork from your exercise routine, BodyCraft tells you what exercise to do, number of sets and repetitions as well as the correct form of that exercise to yield maximum results. BodyCraft creates your daily meal plans based on scientific dietary principles--not faddish and harmful techniques common these days. Each meal plan is precisely calculated based on your fitness level and metabolism rate. Simple to use, BodyCraft even generates recipes as well as your weekly grocery list.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$49 through retail outlets.

Bodymapper

CONTACT:

Customer Service
Intellimation Library for Macintosh
PO Box 1922
Santa Barbara CA 93116

800/346-8355
805/968-2291
805/968-8899 (fax)

SUBJECT:

Anatomy and Physiology.

AUDIENCE:

Grades 3-6.

DESCRIPTION:

Is my knee bone connected to my shin bone? Learn the answer to this question and others as your students explore the concept of "myself" with Bodymapper, an interactive program that teaches students about themselves and their bodies. Your students will read, write, and learn about their body parts, body systems, and functions as each part of the body is displayed. Students can view areas with body parts labeled or they can type in the names to reinforce concepts. Your class can also compile, collect, and analyze their own personal data such as eye color, foot size, and height. Also available in Spanish.

HARDWARE:

Macintosh.

AVAILABILITY:

\$49 single user; \$219 site license.

BodyWorks 5.0

CONTACT:

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142

800/227-5609
770/420-1150 (fax)

SUBJECT:

Health Promotion and Education;
Anatomy.

AUDIENCE:

General Public, Medical and Healthcare Students.

DESCRIPTION:

This program allows the user to explore the human body; its systems, structures, and functions. Body systems include skeletal, muscular, nervous, digestive, lymphatic, endocrine, cardiovascular, and reproductive. Also includes a Health Section with information on first aid, general fitness, etc.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$40 at retail stores.

Bones and Muscles: A Team

CONTACT:

Customer Service
Barr Media Group
12801 Schabaram Avenue/POB 7878
Irwindale CA 91706

800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

Anatomy.

AUDIENCE:

Grades 4-9.

DESCRIPTION:

An easy-to-follow, yet detailed, lesson on the human skeletal and muscular systems. Combining live action with graphics and animation, the video explains the four functions of our 206 bone skeleton: support for our body, protection of organs, body movement, and manufacturing of red blood cells. The video moves down the body describing major bones and how joints, cartilage, and ligaments hold our bones together. The program offers a detailed presentation on the body's intricate muscular system, what makes up muscle, how muscles convert food and oxygen into "energy", involuntary and voluntary muscles and how muscles are connected to organs and bones. 18 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$90.

BookFind-CD Medical & Healthcare

CONTACT:

Rupinder Sohal
Promotions & Publicity Exec/Sales De
Book Data
Northumberland House - 2 King Street
Twickenham TW1 3RZ UK

+44 181 892 2272
+44 181 892 9109 (fax)
info@bookdata.co.uk
<http://www.bookdata.co.uk/>

SUBJECT:

Medical Literature.

AUDIENCE:

Students, Trainees, Academics,
Physicians, Nurses, Those in Health-
related Sciences.

DESCRIPTION:

This CD-ROM contains information on books and serials relating to medicine and biomedicine. Useful to libraries or book sellers, BookFind-CD Medical & Healthcare content ranges from single-line summaries, to bibliographic details, to full-scale information sheets with descriptions and contents list. Updated monthly.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$1,230 per year. Available in U.S. through Baker & Taylor. Contact Sharon Blann, ITG Distribution, 501 S. Gladiola, Mokenca IL 60954; 800/775-2300 x457

Boy Stuff

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education.

AUDIENCE:

Children grades 5-7.

DESCRIPTION:

This program covers an inventory of afflictions suffered by boys, with engaging advice on how simple hygiene can avoid most of them. Topics include: fungus of foot and genital area; odor of body and clothes; cleanliness of hands, nails, hair and penis; head lice; spontaneous erections; and gynecomastia. Each topic is an independent unit immediately accessible by barcodes and frame numbers. (16 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Boy to Man

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Sex Education, Guidance.

AUDIENCE:

Grades 5-7.

DESCRIPTION:

Six random-access units in this videodisc present comprehensive information on puberty for boys. Emotional changes, secondary sex characteristics, and male and female reproductive systems are among topics covered. Optional lesson guideline, numerous activities, barcoded vocabulary and topic re-grouping provide hands-on, interactive learning. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player; barcode reader optional.

AVAILABILITY:

\$99.95.

Boys Beware (3rd Edition)/Girls Beware (3rd Edition)

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Personal Safety.

AUDIENCE:

Grades 4-9.

DESCRIPTION:

Boys Beware: Boys seldom realize that they, like girls, can become targets of disturbed individuals, male and female. In this program, three typical dangerous situations for young boys are illustrated. The realistic approach of the program helps boys realize the existence of the problem and emphasizes the importance of reporting incidents. 14 minutes. **Girls Beware:** Awareness that sexual attacks exist is presented as a responsibility of growing up. Girls need to become aware of how to protect themselves from disturbed individuals--both strangers and familiar people. This program helps girls develop that awareness by showing typical situations that lead to danger. Just as important, it shows how those situations can be avoided. 12 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Brain and Spinal Column, The

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Human Physiology.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

All animals act in response to stimuli; that action is controlled by the brain, spinal cord, and nerves. Using diagrams, live action, and microphotography, this program examines the function of animals' nervous systems. Animation and cross-section models illustrate parts of the nerve cells and the brain, while--in a series of laboratory experiments--a monkey's memory is tested to demonstrate how the cerebrum works. 15 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Brain Games: An Introduction to Neuropsychology

CONTACT:

Customer Service
Intellimation Library for Macintosh
PO Box 1922
Santa Barbara CA 93116
800/346-8355
805/968-2291
805/968-8899 (fax)

SUBJECT:

Neuropsychology.

AUDIENCE:

Grades 10-12.

DESCRIPTION:

Learn about basic brain/behavior relationships with seven fascinating tests. Tests include word recognition, tile finding, memory game, number span, stroop effect and symbol codes. Brain-Games is based on diagnostic tools used by clinicians to help assess brain damage after injury or disease. The documentation provides detailed discussions of the neuropsychological rationale underlying each test. Authors: Joel Epstein, Robert Deysach, University of South Carolina.

HARDWARE:

Macintosh w/1MB RAM and HyperCard 1.2.2.

AVAILABILITY:

\$39; \$169 for site license.

Brainscape (1819)

CONTACT:

Customer Service
Reasonable Solutions
1221 Disk Drive
Medford OR 97501
800/876-3475
503/776-5777
503/773-7803 (fax)

SUBJECT:

Neuroanatomy.

AUDIENCE:

General Public.

DESCRIPTION:

An interesting game that teaches you about the brain. You learn neuroanatomy by traveling throughout the brain. It makes this difficult subject fun.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$4 per disk.

Breast Self-Examination

CONTACT:

Emory Clark
President
MED.I.A. Inc
4105 Green Cliffs Road
Austin TX 78746
502/328-7424
502/328-7423 (fax)
media@bga.com

SUBJECT:

Breast Self-Examination, Health Education.

AUDIENCE:

General Public.

DESCRIPTION:

Endorsed by the American Cancer Society. Features the latest American Cancer Society Guidelines with state-of-the-art technology. Presented in both English and Spanish.

HARDWARE:

Windows PC/Macintosh with CD-ROM.

AVAILABILITY:

\$39.95 at retail stores.

Cardiologic

CONTACT:

Molly Meyers
VP Health Fitness Services
PKI Software
14800 Conference Ctr Drive #202
Chantilly VA 22021

800/PKI-1432
703/222-2556
703/631-5291 (fax)

SUBJECT:

Health Promotion, Risk Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

Features: Based on the Framingham study, Cardiologic is a coronary risk analysis that calculates how lifestyle changes can significantly lower the chances of developing heart disease. The graphically illustrated printout compares current with projected risk factors, including smoking, blood pressure, cholesterol, and diabetes. Also illustrated is the equivalent risk age of the current status, as well as projected impact of lifestyle changes. Group summary and listing features. Custom report writer, form letter generator, label making functions.

HARDWARE:

PC.

AVAILABILITY:

\$500.

Cardiovascular Fitness Lab

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Heartrate Monitor.

AUDIENCE:

General Public.

DESCRIPTION:

This program is useful for health classes, physical education, and human physiology, or anyone interested in monitoring and improving cardiovascular health. It uses a sophisticated heart rate sensor to record pulse. A special training mode is used to monitor pulse rate during exercise. Includes software disk, heart rate sensor, interface card, and teaching guide.

HARDWARE:

PC.

AVAILABILITY:

\$145.

Cardiovascular Health: Focus on Nutrition, Fitness and Smoking Cessation

CONTACT:

Jack C. Adcox
Director of Sales
Health Sciences Consortium
201 Silver Cedar Court
Chapel Hill NC 27514

919/942-8731
919/942-3689 (fax)

SUBJECT:

Health Promotion, Fitness, Smoking Cessation, Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

This interactive videodisc program begins with a short video that familiarizes users with a clinic that prides itself on incorporating health promotion and disease prevention principles into the daily medical practice. The main focus is on cardiovascular disease and nutrition with some emphasis on fitness and smoking cessation. The clinic manager shows users all of the program elements. Once users have seen the introductory video, they can chart their own path through the program. The Control Station functions as the main menu. Ther are self-assessment tools for users to assess their own cardiovascular lifestyle risks. There is an Information Library containing Diagnostic Tools, Glossary, Lab Tests, Desk Reference, Journal Abstracts, Frequently Asked Questions, Case Studies, Patient Education Information, and Diet Information. The core of the program is the SEE and DO clinic where users can observe a physician completing assessments and counseling and then attempt to manage a patient case.

HARDWARE:

IBM M-Motion videodisc system or compatible.

AVAILABILITY:

\$1,300; \$910 to HSC members.

Carpal Tunnel Syndrome

CONTACT:

Darrel Burnett
MED.I.A. Inc
3011 N IH-35
Austin TX 78722
512/482-8284
512/478-6995 (fax)
media@bga.com

SUBJECT:

Carpal Tunnel Syndrome.

AUDIENCE:

General Public, Medical Students.

DESCRIPTION:

This program uses text, visuals, and animation to provide a comprehensive view of carpal tunnel syndrome. Topics include: Overview, Anatomy, Causes, Signs and Symptoms, Diagnostic Testing, and Treatment.

HARDWARE:

CD-i player; PC or Macintosh w/CD-ROM.

AVAILABILITY:

\$39.95 at retail stores.

Carpal Tunnel Syndrome

CONTACT:

Emory Clark
President
MED.I.A. Inc
4105 Green Cliffs Road
Austin TX 78746
502/328-7424
502/328-7423 (fax)
media@bga.com

SUBJECT:

Carpal Tunnel Syndrome.

AUDIENCE:

Patients With Carpal Tunnel Syndrome.

DESCRIPTION:

This CD-i program uses text, visuals, and animation to provide a comprehensive view of carpal tunnel syndrome. Topics include: Overview, Anatomy, Causes, Signs and Symptoms, Diagnostic Testing, and Treatment.

HARDWARE:

CD-i player; PC w/CD-ROM.

AVAILABILITY:

\$49.95.

Causes and Effects of Abuse

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Mental Health, Health Promotion.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Martin Kove gives an "inner" lesson about the causes and effects of decisions to his class of karate students. He points out that as they become older, decision-making can become more complicated. To illustrate his lesson and prepare teenagers for making hard decisions, he presents three different situations. 20 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

CDP-File--Health Promotion & Education Database/Comprehensive School Health Database/Cancer Prev & Control Database/Prenatal Smoking Cessation Database/Epilepsy Education and Prevention Activities Database

CONTACT:

Christine Fralish
Chief Tech Info Services
NCCDPH-CDC
4770 Buford Hwy NE MS K11
Atlanta GA 30341
770/488-5080
770/488-5969 (fax)

SUBJECT:

AIDS; Health Promotion; Cancer Prevention; Epilepsy, Smoking Cessation, School Health.

AUDIENCE:

Health Practitioners, Librarians, Information Specialists.

DESCRIPTION:

Contains chronic disease prevention and health promotion information; records describing HIV/AIDS educational materials; cancer educational information; smoking cessation database; epilepsy program information. Updated twice yearly.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$41 per year from the Government Printing Office in Washington, DC. Call 202/512-1800 for ordering information and refer to Stock # 717-145-00000-3.

Child Abuse and Neglect CD-ROM (NISC Disc)

CONTACT:

Herb Sclar
CEO
UpData Publications
1736 Westwood Blvd
Los Angeles CA 90024
310/474-5900
310/474-0802 (fax)

SUBJECT:

Child Abuse.

AUDIENCE:

General Public.

DESCRIPTION:

Combines 6 databases and the Child Abuse and Neglect Thesaurus of 1,850 standardized words and phrases used in indexing documents on child abuse. The Documents database contains more than 18,000 bibliographic citations and abstracts from books, journals, government reports, conference papers, state annual reports, curricula, court cases, unpublished papers and more, primarily of US origin. The Program Directories, Audiovisuals and Public Awareness Materials for Adults & Children databases provide comprehensive bibliographic information. The State Statutes database offers summaries of laws, and procedures. The National Organizations database profiles those working at national and international levels in the field.

HARDWARE:

PC w/CD-ROM.

AVAILABILITY:

Free to qualifying organizations. Write: Attn: CD-ROM Nat'l Clearinghouse on Child Abuse & Neglect Info, PO Box 1182, Washington, DC 20013-1182.

Child Care Series

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Child Safety, First Aid, Child/Infant Care.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

This series of 11 programs is designed to provide children with an understanding of family dynamic and the responsibilities of parenthood. Titles include Children's Health Needs, Babysitter's Manual, Childhood Disorders, Problems with Children, Conflicts, Children's Health Problems, Nutrition for Babies, New Baby Care, Children's Needs, Safety and Accident Prevention, and Disciplining Children.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$34.95 to \$99.95 each; \$585 for entire series.

Child Development

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543

800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Child Development.

AUDIENCE:

Grades 9-Adult, Medical Professionals.

DESCRIPTION:

This program examines a range of the major subjects categorized under the rubric of Child Development, with one-to five-minute segments per subject. Topics covered include Genetic Counseling and Prenatal testing, Fetal Alcohol Syndrome, Prepared Childbirth, Reflexes of Newborns, Learning in Infants, Temperament, Physical Abuse of Children, Learning Disabilities, Sexual Abuse of Children, and Teen Suicide. 60 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$159.

Child is Born, A

CONTACT:

Customer Service
Philips Interactive Media
188 Tottenham Court Road
London W1P 9LE UK

+44 71 331 1674
+44 71 580 6757 (fax)

SUBJECT:

Prenatal, Birth.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-i program is an encyclopedia of the human birth cycle. It recreates the Lennart Nilsson book in an interactive style and presents previously unpublished images of the birth cycle. Includes video clips, glossary, and an interactive programming feature which enables the user to create presentations based on selected information.

HARDWARE:

CD-i player.

AVAILABILITY:

Available for 25 Pounds Sterling from School 2000. Contact Beverly Scott +44 71 911 3060 (+44 71 911 3053 fax).

Children of Children

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Teenage Pregnancy.

AUDIENCE:

Students Grades 7-Adult, General Public.

DESCRIPTION:

The U.S. has the highest teen pregnancy rate in the Western World. This program examines the social and economic effects of teenage pregnancy, and looks at the cultural and psychological reasons why young women are finding themselves in this predicament. Produced by Dystar Television. (30 minutes) 1988.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Choices: Learning About AIDS

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604

800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Health Promotion, AIDS, Rape.

AUDIENCE:

Students grades 5 to 12.

DESCRIPTION:

This program attempts to provide education as well as to address issues of morality, religion, and basic human needs in its discussion of AIDS. Produced by the National Safety Council (20 minutes).

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

Circulation of the Blood

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Human Circulatory System.

AUDIENCE:

Students Grades 7-12.

DESCRIPTION:

The human body requires a constant supply of oxygen and nutrients to its billions of cells, and the constant removal of carbon dioxide and water. These tasks are performed by the blood. In this examination of the circulatory system, colorful animation documents the process that keeps human beings alive. The program explains the function of each part of the heart, shows how matter is exchanged in the cells, and illustrates the role of the nervous system in regulating heartbeat. 24 minutes.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$199.95, includes program "Kidney Functions" on same disc.

Clean Up Your Act

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education.

AUDIENCE:

Children grades 3-6.

DESCRIPTION:

In this program a dirty sock and other animated objects in the home confront some kids about their sloppy habits. They share information on such topics as bacterial growth, spoiled food, perspiration, body odor, and cleanliness of teeth, hair and body. These topics are separate disc segments teachers can use barcodes to adapt to their own lesson plan and audience. Humorously illustrates the connection between basic cleanliness and good health. Includes study guide. (15 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Clubhouse Kids Learn About Asthma

CONTACT:

Carla Davenport
Image Associates
4909 Windy Hill Drive
Raleigh NC 27609
919/876-6400
919/876-7064 (fax)

SUBJECT:

Asthma; Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

The program, designed for children ages 4-10, uses an intuitive storybook interface. Each page of the book has "clickable" spots which activate dialog and animations that present important asthma information. Some of the concepts the program explores are: basic physiology related to asthma, triggers, exercise, medications, the importance of a personal diary, use of an inhaler, use of a peak flow meter, and more. Each CD-ROM is accompanied by a parents information booklet to maximize the effectiveness of the program.

HARDWARE:

Windows; Macintosh; CD-ROM.

AVAILABILITY:

\$59.95.

Cocaine and Crack

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113
800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Substance Abuse,
Cocaine, Crack.

AUDIENCE:

Grades 5-12.

DESCRIPTION:

Promotes resiliency in young people, e.g., in managing stress, getting involved with positive alternatives, and dealing with others assertively, not aggressively.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Cocaine and Human Physiology

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

The damage done to the body by cocaine--whether snorted, injected, or smoked--is well documented in this program. Testimonials and statistics reveal that the drug is highly addictive. Chemical dependency is established within weeks with smokable cocaine (crack or rock). The damage cocaine does to the nose, eyes, vocal cords, gums, kidneys, liver, and intestines is displayed and explained by a physician-narrator. Cocaine is shown to cause the greatest harm to the brain, the lungs, and the heart. The physical causes of cocaine-induced death and the grave effects on the unborn babies of women who use cocaine are described. Also available in Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Cognitive Therapy: A Multimedia Learning Program

CONTACT:

Jesse H. Wright MD PhD
MindStreet
3920 Dupont Square South #F
Louisville KY 40207

502/893-9271
502/893-0948 (fax)
info@mindstreet.com
http://mindstreet.com/mindstreet

SUBJECT:

Psychotherapy, Depression, Anxiety.

AUDIENCE:

Patients, Psychiatry Residents,
Students, Professionals.

DESCRIPTION:

This program for psychiatric treatment is based on the proven methods of cognitive therapy. Users participate in one to eight hours of highly interactive learning exercises. In addition, a handbook is provided for work between computer sessions. Each of the five segments of the program uses emotionally-charged video sequences to illustrate concepts and draw the user into the action. The learning system can be used in clinical settings to help patients acquire skills for reducing depression and anxiety. Also, healthcare professionals and students can use the program to gain in-depth experience with cognitive therapy. Progress reports with symptom ratings and comprehension scores are supplied to the therapist or educator. Authors: Jesse H. Wright and Aaron T. Beck.

HARDWARE:

InfoWindow and compatible systems; PC w/many video overlay boards. Ask for list.

AVAILABILITY:

Call for pricing. Preconfigured multimedia hardware systems available.

Communicable Diseases

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education, Infection.

AUDIENCE:

Children grades 4-7.

DESCRIPTION:

A microbiologist, his young friend and a couple of animated kids explain what communicable diseases are, the organisms that cause them and how they're transmitted. Still frames of microphotography provide striking visual backdrops for elaborating on key points. The disc is divided into independent barcoded segments illustrating four categories of microorganisms--bacteria, viruses, fungi and parasites--and common diseases resulting from each. Teachers can instantly access each segment and correlate it to textbook units. (13 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Complete Guide to Prescription and Non-Prescription Drugs

CONTACT:

HealthSoft
Great Bear Technology
1100 Moraga Way
Moraga CA 94556

510/631-6800
510/631-6735 (fax)

SUBJECT:

Pharmacology, Drugs.

AUDIENCE:

General Public.

DESCRIPTION:

Discusses doses, overdoses, adverse reactions, side effects, drug interactions and food interactions of more than 5,000 brand-name drugs and more than 700 generic drugs. Presents information in plain English to help the lay person who may not have understood everything said by a doctor.

HARDWARE:

Windows PC with CD-ROM drive.

AVAILABILITY:

\$69 list. Available in retail stores.

**Complete Guide to Symptoms: Illness
and Surgery**

CONTACT:

HealthSoft
Great Bear Technology
1100 Moraga Way
Moraga CA 94556

510/631-6800
510/631-6735 (fax)

SUBJECT:

Health Promotion, Patient Education.

AUDIENCE:

General Public, Patients and Their
Families.

DESCRIPTION:

This CD-ROM contains detailed
information on more than 800
symptoms, 500 illnesses, and 177
surgeries. Provides information on
causes, diagnosis, treatments,
complications, and outcomes.
Authored by H. Winter Griffith MD.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

For as little as \$29.95 in retail stores.

**Comprehensive Review in Biology
Series**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Anatomy, Physiology, Disease.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

This series of 13 programs covers
topics in biology, including Cells,
Digestion and Excretion, Circulation
and Respiration, Nervous and
Hormonal Systems, Support and
Locomotion, Reproduction and
Growth, Genetics, and Disease and
Immunity.

HARDWARE:

PC or Macintosh.

AVAILABILITY:

\$39.95 each; \$450 for entire series.

**Computerized Traffic Safety
Education (CTSE)**

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Traffic Safety.

AUDIENCE:

Grades 10-12.

DESCRIPTION:

Developed at Purdue University under a
grant from the Indiana Office of Traffic
Safety. This interactive tutorial brings
together state-specific laws on alcohol,
drugs and driving, defensive driving
methods, the science of how vehicles
move (kinematics) and an in-depth
study of personal financial
responsibility as it pertains to the
operation of a motor vehicle.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

CondomSense

CONTACT:

Rosalind Thomas
Bureau of Community Relations
New York State Dept of Health
Rm 1084 Corning Tower - ESP
Albany NY 12237

518/474-5370

518/486-2361 (fax)

rpt01@health.state.ny.us

SUBJECT:

Health Promotion, Sex Education.

AUDIENCE:

General Public, Adults and Mature
Adolescents.

DESCRIPTION:

CondomSense focuses on basic condom information (how to use them, where to buy them, what types are available, etc.). An important feature of CondomSense is the "Talking About Condoms" section. This three-part section aims to help users learn condom negotiation skills. "Do You Carry a Condom?" presents ideas on countering resistance to carrying condoms with you. "Need to Talk it Out?" follows six couples where one partner is resistant to using them and shows how a discussion about condom use might unfold. "What Can You Say?" presents additional couples, providing one liners which might be used to counter a partner's resistance to condom use. PC version now has Spanish/English language option.

HARDWARE:

Macintosh and PC.

AVAILABILITY:

Free for use in New York State schools and New York State human service agencies. Distributor being identified for out-of-state distribution.

Consentwriter

CONTACT:

Belle Scott
Marketing
Informational Medical Systems
2437 Park Avenue
Minneapolis MN 55404

800/326-7833

612/872-0514

612/872-0162 (fax)

SUBJECT:

Patient Education, Informed Consent.

AUDIENCE:

Patients.

DESCRIPTION:

Consentwriter is a patient education and software package that can have an informed consent module attached to it. The entire program (33 modules) covers over 1,100 common medical and surgical procedures, diseases and treatments. Consentwriter follows a simple format to allow the patient to review a discussion of the proposed procedure or treatment, followed by an informed consent document. All the documents are written in plain English at the seventh grade reading level. The program's main menu allows the health care provider to pick out the appropriate information using a subspecialty/organ system/procedure or disease approach. Consentwriter gives the patient facts about the disease being discussed or explains why the procedure or treatment is being done, how it will be performed, what happens after the procedure or treatment, risks and choices. The last page of each information section includes a standardized patient consent form.

HARDWARE:

PC.

AVAILABILITY:

\$395 for the first specialty module; discount for additional modules; \$100 for annual upgrades.

Consequences of Drug Use: The Cost Is More Than Dollars and Sense

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327

800/962-6662

502/273-5050

502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program defines the four stages of chemical dependency and the consequences, personally and socially, of each. The user will learn how family members in a chemically-dependent family become dysfunctional themselves, the defensive roles they play and the ways they enable the addiction to continue.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

\$169 DOS; \$209 Windows.

Consumer Information

CONTACT:

Mark Foster
Dir of Marketing
Quanta Press Inc
1313 Fifth Street #223A
Minneapolis MN 55414
612/379-3956
612/623-4570 (fax)

SUBJECT:

Health Promotion, Consumer Information, Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM consists of a majority of books, manuals, pamphlets, facts sheets, and other informational publications from the Federal Government's Consumer Information Center at Pueblo, Colorado. Includes information on health and disease prevention, food, and diet.

HARDWARE:

Macintosh w/CD-ROM; PC w/CD-ROM.

AVAILABILITY:

\$49.95.

Consumers Reference Disc (NISC Disc)

CONTACT:

Herb Sclar
CEO
UpData Publications
1736 Westwood Blvd
Los Angeles CA 90024
310/474-5900
310/474-0802 (fax)

SUBJECT:

Consumer Health and Nutrition, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Addressing consumer interests, the data on this disc include 190,000 abstracts and bibliographic citations. One of the two databases, Consumers Index, covers more than 25,000 product evaluations, recalls, alerts, and warnings, and has 8,000 leading articles from 130 publications on travel and transportation, finances, computers, food, health, and others. The second database, Consumer Health & Nutrition Index, covers 6,000-8000 articles annually which are indexed under 4,000 subject headings from more than 80 consumer magazines, medical center publications, and newsletters.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$695 annual subscription.

Contact Lens & Glasses

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology, Patient Education.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

This disc contains 28 topics including Contact Lens Types, Contact Lenses and Astigmatism, Contact Lenses and Presbyopia, Bifocal Contact Lenses, Contact Lenses and Cosmetics, Contact Lens Problems-Overview, Giant Papillary Conjunctivitis, Preservative Allergies, Tight Lens Syndrome, Salt Tablets, Mixing and Matching Solutions and more.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Available for \$1,395. Disc with hardware systems range from \$2,695 to \$4,395. Discount on multiple discs and future upgrades.

Contemporary Nutrition

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Nutrition, Fitness.

AUDIENCE:

Medical Students and Professionals.

DESCRIPTION:

This program examines the important nutrition issues of the day. Contains twelve full-motion segments showing physiological details critical to human nutrition, as well as explanations and demonstrations by experts. Topics include: How Society Shapes Our Food Habits; The Flow of Foodstuffs From the Mouth Through the Intestine; Is Sugar Bad for You?; The Effects of Atherosclerosis; Cholesterol Levels and Heart Disease Risk; Causes and Health Effects of Obesity; Low-Fat and High-Fiber Diets and Cancer Prevention; Eating Disorders; The Effect of Osteoporosis on Bone Strength; Childhood Obesity; and How Safe Is Our Food Supply? 60 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$159.

Contemporary Nutrition

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Nutrition, Health Promotion,
Physiology.

AUDIENCE:

Grades 9-Adult, Medical Professionals.

DESCRIPTION:

This program examines some of the most important nutrition issues of the day. It contains twelve full-motion segments showing physiological details critical to human nutrition, as well as explanations, analyses, and demonstrations by experts in the field. Topics covered include How Current Society Shapes Our Food Habits, Flow of Foodstuffs from the Mouth through the Intestine, Is Sugar Bad for You?, A Close-Up View of the Effects of Atherosclerosis, Cholesterol Levels and Heart Disease Risk, Causes and Health Effects of Obesity, Role of Low-Fat and High-Fiber Diets in Cancer Prevention, Eating Disorders from a Female Perspective, Eating Disorders from a Male Perspective, The Effect of Osteoporosis on Bone Strength; Treatment of Childhood Obesity, and How Safe Is Our Food Supply? 60 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$159.

Corner DrugStore, The

CONTACT:

Stephen J. Schueler MD
President
Dr. Schueler's Health Informatics, Inc.
1779 South Patrick Drive
Indian Harbor Bch FL 32937
800/788-2099
407/779-0310
407/777-0323 (fax)
esellers@iu.net
<http://www.w2com/pixelhomepage.ht>

SUBJECT:

Drugs, Pharmacy Products.

AUDIENCE:

General Public.

DESCRIPTION:

This program is a drug and pharmacy resource, on 4 CDs, cross-referenced with over 5 hours of video addressing common ailments, home remedies, and drug uses. Over 8,000 drugs are presented in detail. Analyze your own medications and generate interaction reports.

HARDWARE:

PC Windows w/CD-ROM.

AVAILABILITY:

\$34.95.

Coronary Risk Profile

CONTACT:

Lori Kolander
Marketing Coordinator
Wellspring Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Risk Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

The series of programs were written in response to the NIH, National Cholesterol Education Program (NCEP) report. Coronary risk reduction recommendations and guidelines are based on the NCEP report and the Framingham Heart Study. The recommendations are designed to guide the participant in making safe and effective lifestyle changes. Important symptoms reported by the participant are listed with a referral to their physician. Exercise guidelines and other recommendations are based on published standards from leading health and government organizations. Features a four-to-ten-page report; all coronary risk factors illustrated in graph form; and personalized guidelines identify areas for lifestyle improvement.

HARDWARE:

PC.

AVAILABILITY:

\$1,795-\$2,595 includes maintenance.

CPR: The New Basic Procedures

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

CPR.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

This program teaches one-rescuer CPR and obstructed airway procedures for adult victims--the Basic Lifesaving "Course A" for laypersons. Simplified procedures approved by the American Medical Association, and the American Heart Association, are designed to make instruction, learning, and application easier. Use of the Heimlich maneuver on a victim whose airway is blocked is also shown. 22 minutes. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Crack/Cocaine: The Rock of Addiction

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327

800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

The fastest addiction of any drug, crack/cocaine can addict you after only a few uses. This program looks in-depth at how cocaine affects the body and the reasons for the intense cravings and quick addiction. Also covered are the consequences to users and their families and friends as well as the issue of crack babies.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$169 to \$359.

D.A.R.E. To Care**CONTACT:**

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

Adults.

DESCRIPTION:

Today's parent faces a very difficult challenge. In addition to guiding children through the normal ups and downs of growing up, parents must also find ways to keep young people safe from drugs. Based on the D.A.R.E. (Drug Abuse Resistance Education) program, this videodisc offers parents much-needed support, facts and tools. 28 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

D.A.R.E. To Say No!**CONTACT:**

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Substance Abuse, Health Promotion.

AUDIENCE:

Grades 4-6.

DESCRIPTION:

Saying "No" to drugs is difficult, especially for young people who want acceptance from their peers. D.A.R.E. (Drug Abuse Resistance Education) officers and students present the reasons why young people should dare to resist peer pressure, dare to refuse drugs, and dare not to follow the crowd just to fit in. Through dramatizations featuring young people in conflict, this program illustrates how they can say "No" to drugs and alcohol and suggests other, more rewarding activities. A part of the EPCOT Education Media Collection. 30 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

Dead Serious**CONTACT:**

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Teen Suicide, Counseling.

AUDIENCE:

Students Grades 7-Adult, General Public.

DESCRIPTION:

This program discusses the myths about suicide, the warning signs, and the ways to prevent a friend or loved one from taking their life. Reaching into the minds of youths to reveal how they really feel and why, and describing actual cases of those who survived suicide attempts and those who didn't, this program rich emotional content moves viewers and initiates discussion. (24 minutes) 1987.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Deal-A-Meal

CONTACT:

Customer Service
GT Interactive Software
16 East 40th Street
New York NY 10016
(fax)

SUBJECT:

Weight Loss, Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

Description:

HARDWARE:

Windows PC.

AVAILABILITY:

\$45.95 from retail stores.

Decision to Smoke, The

CONTACT:

Customer Service
Intellimation Library for Macintosh
PO Box 1922
Santa Barbara CA 93116
800/346-8355
805/968-2291
805/968-8899 (fax)

SUBJECT:

Health Promotion, Smoking Cessation.

AUDIENCE:

Grades 5-9.

DESCRIPTION:

Using a light, non-threatening tone, the program examines smoking's many negative effects. Includes a certificate that teachers can customize for students who quit smoking and easy-to-follow instructions on starting a quit-smoking program at your school. Author: Michael Blyth, Concord High School.

HARDWARE:

Macintosh w/1MB RAM and HyperCard 1.2.5.

AVAILABILITY:

\$29; \$119 for site license.

Decisions, Decisions: AIDS

CONTACT:

Customer Service
NASCO
901 Janesville Avenue
Fort Atkinson WI 53538
800/558-9595
414/563-2446
414/563-8296 (fax)

SUBJECT:

AIDS.

AUDIENCE:

Grades K-12.

DESCRIPTION:

In addition to presenting facts, this program encourages responsible behavior based on understanding and strong personal values.

HARDWARE:

PC.

AVAILABILITY:

\$149.95; \$399 for network version.

Designer Drugs and Human Physiology: Crack Cocaine, Methamphetamine

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Designer drugs are the most unpredictable, mind-altering, and physically debilitating substances sold on the street today. This program traces the destructive capabilities of "crack" and "speed" from physical damage to complete interruption of a person's normal lifestyle. The myriad of ill-effects caused by these drugs including emphysema and cerebral hemorrhaging are weighed against the fleeting moments of enjoyment. Recovering addicts warn that the harm these substances wreak on vital body organs is permanent.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Designer Drugs and Human Physiology: PCP, Ecstasy, Fentanyl

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

PCP, Ecstasy, and Fentanyl are clinically described as concentrated synthetics illegally formulated in clandestine laboratories for enormous profit. The physiological effects of introducing toxic ingredients into the bloodstream are shown to be devastating to the body's cardiovascular and neurological systems. Where users and potential users are unaware of the tremendous personal dangers posed by these laboratory compounds, this program sets them straight.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Diabetes Mellitus: A Learning Program for Patients and Families (ver 2.0)

CONTACT:

Donald Thompson
Customer Service
MicroHealth Software
PO Box 98471
Raleigh NC 27624
919/954-0807
919/954-0807 (fax)
dathomps@mercury.interpath.net

SUBJECT:

Patient Education, Diabetes.

AUDIENCE:

Diabetics and their Families.

DESCRIPTION:

This program is designed to supplement and reinforce the health professional's educational plan for patients and their family members and thus gain greater compliance with the treatment regimen. Recommended for newly-diagnosed patients and "older" patients in whom knowledge deficits have been identified. The content is basic and thus suitable for all patients. Takes 15 to 20 minutes to complete. Topics covered: What is Diabetes?, Signs and Symptoms, Types of Diabetes, Complications, Lab Tests, Treatment, and Low Blood Sugar Reactions. At the end of the program users have the option of reviewing any topic, taking an interactive quiz, and/or printing out a non-copyrighted handout of selected diabetes terms, abbreviations, and sick-day guidelines.

HARDWARE:

PC.

AVAILABILITY:

\$69.

Diet Analyst**CONTACT:**

Customer Service
Parsons Technology
One Parsons Drive/POB 100
Hiawatha IA 52233
800/223-6925
319/395-9626
319/393-1002 (fax)
<http://www.parsonstech.com>

SUBJECT:

Health Promotion, Diet, Nutrition,
Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

This program helps the user analyze and track their dietary intake as well as their level of activity. A personal nutritional profile is computed based on age, sex, weight, height, and activity level. Using a list of more than 1,700 foods, the program can monitor calories, saturated fat, cholesterol, sodium, dietary fiber, caffeine, and numerous vitamins and minerals. A visual alarm tells the user when he/she has exceeded the limits in the calorie or nutrition categories. The activity log includes 28 different activities, including golf, walking, tennis, and running. The program automatically adjusts the daily nutritional allowances to compensate for the activity level.

HARDWARE:

PC/Windows PC.

AVAILABILITY:

\$29.

Diet and Fitness**CONTACT:**

Sales/Marketing
Expert Software Inc
800 Douglas Rd Exec Tower
Coral Gables FL 33134
800/759-2562
305/567-9990
305/569-1111 (fax)
esptersw@aol.com

SUBJECT:

Diet, Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

This program helps the user to track his or her diet, exercise, and weight loss. By entering the foods eaten, the software tracks calories, protein, carbohydrates, dietary fiber, sugar, fat, saturated fat, polyunsaturated fat, monounsaturated fat, cholesterol, sodium, and potassium. The program also keeps track of calories expended with 93 activities (walking, bicycling, etc.).

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$14.95

Diet Disk, The (8497)**CONTACT:**

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Weight Loss, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This series of programs helps you get the weight off and keep it off. The author lost 102 pounds 10 years ago using these techniques and hasn't gained it back. He was also a weight control instructor and held many diet seminars. Features include: diet food shopping list program with calorie counter; 30-item diet success evaluator program teaches good habits; calculates weight loss, goal projections, and custom caloric requirements; motivational messages. A Windows version also is available.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Diet for Windows (4175) or DOS (2910)

CONTACT:

Customer Service
Reasonable Solutions
1221 Disk Drive
Medford OR 97501

800/876-3475
503/776-5777
503/773-7803 (fax)

SUBJECT:

Diet, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Diet for Windows includes the following modules: Diet evaluation, meal calorie calculator, diet food shopper, average weight loss calculator, goal projections, loss vs calories, principles of dieting, reasons to diet, dieting at home alone, and a complete food log. Diet for DOS is similar for computers running DOS.

HARDWARE:

PC w/Windows or DOS.

AVAILABILITY:

\$25 for Diet for Windows; \$12 for Diet for DOS.

Diet Will Do It

CONTACT:

Joan Carol
Customer Service
Right On Programs
755 New York Avenue
Huntington NY 11743

516/424-7777
516/424-7207 (fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

Grades 1-9.

DESCRIPTION:

This program will expose children to eating choices - the right eating choices - choices they can and should make all the time for all their lives. Combined with a delightful game and a packet of activity pages, this computer software shows children the value of making good food choices and gives a wide variety of options when it comes to making those choices. A sense of humor and some zany animal friends also make learning about diet and good food choices a lot of fun.

HARDWARE:

PC.

AVAILABILITY:

\$39.

DietWise-Energy Wise

CONTACT:

Naomi Guttman MS RD LD
Customer Service
Nutritional Data Resources
PO Box 994
Willoughby OH 44094

800/637-3438
216/951-6593
216/974-7125 (fax)

SUBJECT:

Nutrition, Fitness.

AUDIENCE:

General Public.

DESCRIPTION:

This program will analyze one day diet or menu; compare intake or menu to recommended dietary allowances; pinpoint problem foods; analyze recipes; calculate daily energy expenditure; calculate body composition; and includes nutrition manual and tips for athletes.

HARDWARE:

PC.

AVAILABILITY:

\$159.

Digestion: Food to Energy

CONTACT:

Customer Service
Barr Media Group
12801 Schabarum Avenue/POB 7878
Irwindale CA 91706

800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

Anatomy, Physiology, Digestive System.

AUDIENCE:

Grades 4-9.

DESCRIPTION:

Learn how the human digestive system works. Using a combination of live action and animation, viewers learn the names of all the key organs and their respective functions. The animation illustrates the various processes of digestion. Proper nutrition, especially dietary fiber, is introduced as the key ingredient for good health in any body. Traces how food is digested into nutrients for proper maintenance of the human body. 16 1/2 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$90.

DINE Healthy

CONTACT:

Tim Sobolewski
Dir Sales & Marketing
DINE Systems Inc
586 North French Road #2
Amherst NY 14228

716/688-2400
716/688-2505 (fax)

SUBJECT:

Nutrition, Dietary Analysis.

AUDIENCE:

Healthcare Professionals and General Public.

DESCRIPTION:

This program was created to help people control the amount they eat of their favorite foods and to make healthy substitutions in their daily diet. Enter foods and activities into the food, recipe, and activity records by general or specific name and the program shows the individual nutrient values of all foods. Modify favorite recipes and analyze the results. Weight graphs plot weight change over time. Print the analyses in chart, graph, or message form, and use the suggestions in the messages to adjust diets to comply with the recommended guidelines.

HARDWARE:

Macintosh; PC w/Windows.

AVAILABILITY:

\$129 plus \$7.95 shipping & handling.

Discharge Instruction System

CONTACT:

Michael Finn
President
IMG Inc.
27 Grand Canyon Drive POB 4751
Los Alamos NM 87544

800/571-5444
505/672-0350
505/672-4121 (fax)

SUBJECT:

Patient Discharge Instructions; Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

This package prints more than 200 patient instructions in English and Spanish. Users can add or change instructions with the word processing program included.

HARDWARE:

PC.

AVAILABILITY:

\$395.

Doctors Book of Home Remedies, The

CONTACT:

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142
800/227-5609
770/420-1150 (fax)

SUBJECT:

Natural Medicine, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Based on the best-selling medical reference, this CD-ROM contains thousands of tips and techniques to heal everyday health problems in the home, office, or while traveling. Contains more than two thousand home remedies from more than 500 doctors and professionals.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$20.77.

Dole 5 A Day Adventures

CONTACT:

Nutrition Program
Dole Food Company
155 Bovet #476
San Mateo CA 94402
415/570-4378
(fax)

SUBJECT:

Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

Encourage your child to eat five fruits and vegetables a day--the fun way. Bobby Banana is your guide through the magical town of Five-A-Day, where you'll meet a cast of lovable, animated fruit and vegetable characters. Visit the Salad Factory, and learn to make salads that are high in fiber and low in fat. Tour the Leafy Green Travel Agency, or learn about vitamins at Healthy Buddy's Body Shop. Kids can even write to their favorite fruit and vegetable characters over the Internet--and get a reply back.

HARDWARE:

Macintosh; Windows PC w/CD-ROM.

AVAILABILITY:

Available through retail outlets for approximately \$15.

Dr. Health'nstein's Body Fun

CONTACT:

Herb Sclar
CEO
UpData Publications
1736 Westwood Blvd
Los Angeles CA 90024
310/474-5900
310/474-0802 (fax)

SUBJECT:

Health.

AUDIENCE:

General Public.

DESCRIPTION:

A high-tech obstacle course loaded with food, fitness and fun. Explore mazes, kayak white water, watch open-heart surgery, explore how organs are affected by the choices you make, visit the Temple of Temptation, and more. This adventure encourages healthy choices, discourages drug use, and promotes a lifetime of fitness and health.

HARDWARE:

Windows PC or Macintosh w/CD-ROM.

AVAILABILITY:

\$49.95.

Dr. Ruth's Encyclopedia of Sex

CONTACT:

Customer Service
Creative Multimedia
225 SW Broadway 600
Portland OR 97205
503/241-4351
(fax)

SUBJECT:

Health Promotion, Anatomy, Sex
Education.

AUDIENCE:

General Public.

DESCRIPTION:

All the information you and your family need to be sexually literate. Includes more than 250 entries from 50 top human sexuality practitioners, researchers, lawyers, educators and others. Features a Guided 3D Fertility Tour, Anatomy Atlas, a 200-term sex glossary, interactive Q&A of 350-commonly asked questions and a 200-question quiz. Teens to adults.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$39.95. Available in retail stores.

Dr. Schueler's Medical Center 6

CONTACT:

Stephen J. Schueler MD
President
Dr. Schueler's Health Informatics, I
1779 South Patrick Drive
Indian Harbor Bch FL 32937
800/788-2099
407/779-0310
407/777-0323 (fax)
esellers@iu.net
<http://www.w2com/pixelhomepage.ht>

SUBJECT:

Health Promotion, Anatomy,
Physiology, Medical Care.

AUDIENCE:

Patients.

DESCRIPTION:

A combination of six CDs relating to health. Contains: Home Medical Advisor Pro Version 4.0; Dr. Schueler's The Corner Drug Store LE; Visual Man Lite; BodyCraft; BodyWorks 3.0 CD; and Dr Schueler's Self-HEALTH.

HARDWARE:

Windows; CD-ROM.

AVAILABILITY:

\$39.95 street price from retail outlets.

Dr. Schueler's Self-Health

CONTACT:

Stephen J. Schueler MD
President
Dr. Schueler's Health Informatics, I
1779 South Patrick Drive
Indian Harbor Bch FL 32937
800/788-2099
407/779-0310
407/777-0323 (fax)
esellers@iu.net
<http://www.w2com/pixelhomepage.ht>

SUBJECT:

Preventive Medicine, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Dr. Schueler's Self-Health is a multimedia title which focuses on preventive medicine, specifically how to live longer and stay healthy. Self-Health includes modules for self assessment, medical record keeping, drug allergy detection, self care teaching, drug interaction analysis, and 3-D graphical analysis of medical data all work seamlessly through a single user interface. Included in Self-Health is a medical insurance/financial manager, a customizable infodex of medical hotlines, and a health care costs module that graphs the price range for a variety of medical services and procedures, based on your geographical area. The entire program is supported by an on-line multimedia (3,000+ terms) medical glossary that pronounces all those medical tongue-twisters with a mouse click. With assistance from Holmes Regional Medical Center and Meade-Johnson Nutritionals, Dr. Schueler has included an extensive narrated video series on self care techniques, diagnostics, early cancer detection, and infant care.

HARDWARE:

Windows PC w/2x CD-ROM drive.

AVAILABILITY:

\$69.95 list.

**Dr. Watson's Medical Terminology:
A Complete Self-Paced Computer
Course**

CONTACT:

Jean Watson
President
Watson Enterprises
5026 Tara Tea Drive
Tega Cay SC 29715
803/548-2316
(fax)

SUBJECT:

Basic principles, Medical terminology.

AUDIENCE:

Nursing student

DESCRIPTION:

This program contains 13 chapters covering general rules, body structure, and body systems. The hypertext, hypergraphic format provides a user-friendly discovery modality that serves as a complete self-study guide. When clicked with a mouse, bolded words and symbols provide pronunciations, definitions, explanations, and/or diagrams. Exercises are included with each chapter. A separate optional set of chapter tests and student study guides also are available for unlimited use.

HARDWARE:

Windows PC.

AVAILABILITY:

\$149 single copy; \$20 each additional user. Other packages available.

Drop of Blood, A

CONTACT:

Customer Service
Barr Media Group
12801 Schabarum Avenue/POB 7878
Irwindale CA 91706
800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

Physiology, Blood, Circulatory System.

AUDIENCE:

Grades 3-6.

DESCRIPTION:

This clear, concise video provides an introduction to the wonders of blood. As blood travels through the circulatory system, its red cells bring food and oxygen to every part of the body. White blood cells protect the body from disease, and platelets help to heal the body's wounds. The four main blood types-type A, AB, B or O-are also explained. Bilingual: English and Spanish. Closed Captioned. 16 minutes

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$90.

**Dropout Prevention: Being Your
Personal Best**

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Mental Health.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

As a teenager, Kelly as one of the 25 percent nationwide who dropped out of school. Finding it difficult to make it in the world, she returned to school for her diploma. Now, she works to keep young people from making the same mistake she did. Through candid discussions and dramatic flashbacks to her own story, Kelly teaches young people how to change their self-image from that of a victim or quitter to one of a winner. Author: Annie N. Matthews. 20 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

**Drug Abuse Learning Environment
(DALE)**

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113
800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Substance Abuse,
Drugs.

AUDIENCE:

Grades 4-6 and Grades 7-12.

DESCRIPTION:

DALE was developed at Purdue University as part of an educational research project funded under a Drug-Free Schools Grant from the United States Department of Education. The modules in DALE are separated into five topic areas: Drugs and Your Body, Drugs and You, Drug Dependency, Drugs and the Law and Drug Information. Two separate levels of DALE are available for primary (SAE-30-G. 4-6) and middle-secondary (SAE-31-G. 7-12).

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$89.95; \$450 network; \$450 site license.

Drug Awareness Series

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Drugs Use and
Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This series consists of two programs on legal and illegal drug use. Consumer's Guide to Prescription and Non-Prescription Drugs describes the active ingredients, use, and effects of various over-the-counter and prescription medications. Drug Abuse describes the active ingredients, methods of use, short-term effects, long-term effects, and legal status of various drugs. Reviews cocaine, cannabis, minor tranquilizers, LSD, solvents, alcohol, amphetamines, caffeine, sedative hypnotics, opiates, tobacco, antihistamines, and PCP.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$39.95 each. \$75 for set of two
programs.

Drug Education Series

CONTACT:

Customer Service
NASCO
901 Janesville Avenue
Fort Atkinson WI 53538
800/558-9595
414/563-2446
414/563-8296 (fax)

SUBJECT:

Drug Use and Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Designed to educate students about the dangers of drug abuse as well as ways to deal with the pressure to use drugs. Six titles include: Introduction to Drugs I and II; Alcohol; Tobacco; Marijuana; and Cocaine.

HARDWARE:

PC.

AVAILABILITY:

\$69.95 each; \$359 for series of six
program.

**Drug Free Kids Series: 4 H Do: Kids
Getting Involved**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program presents the alternatives to getting high on drugs, based on the challenging activities presented in part 1. 19 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Call for pricing.

Drugs and the Unborn

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse,
Pregnancy.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program details the harmful and devastating effects of drug use to a fetus. The program begins with an exploration of the topic of cocaine-exposed babies, including physical and mental consequences. Then the effects of the following drugs during and after pregnancy are detailed: marijuana, amphetamines, barbiturates, heroin, methadone, LSD, anabolic steroids, prescription drugs, over-the-counter medications, benzodiazepines, and radiation.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

\$99 DOS; \$119 Windows.

Drugs, Alcohol, and Your Body

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

Elementary School Students.

DESCRIPTION:

Responding to a short, fun quiz at the start of this program, a group of children make it clear they're interested in their own personal safety. The youngsters' natural concerns for not being hurt become the driving force behind a lesson on the dangers of drug and alcohol abuse. With animation, live action, and lively give-and-take discussions between the children and their teacher, this program teaches why it's so important to say no to alcohol and other drugs. Animated body organs--the kidneys, liver, brain, stomach, and lungs--are key players in the film. They protest they can't do their jobs when they're affected by drugs and alcohol. Each explains how it is impaired by the dangerous substances. The children discuss what they should do when someone pressures them to use drugs, especially if that someone is a friend. They learn the term peer pressure, and decide that a friend who would try to get them to use drugs really isn't a friend.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Drugs, Drinking, and Driving (2nd Edition)

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

Grades 9-Adult.

DESCRIPTION:

Some impairment of driving ability occurs before the driver feels drunk, high, or sedated. Dramatized incidents--based on true stories from the files of the National Highway Traffic Safety Administration--illustrate the tragic consequences of driving under the influence. Using controlled reaction tests and tests in a driving simulator, the reasons why mind-altering substances impair perceptions, slow reactions, and erode judgment are demonstrated. The program will help convince viewers to never casually mix drugs or alcohol with driving. 15 minutes. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Drugs: Issues for Today

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Drug Abuse, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

A computerized test bank on drugs and drug use.

HARDWARE:

PC.

AVAILABILITY:

\$250.

DUII--The Price is Too High

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Dramatic vignettes make it clear that there are life-altering legal consequences of DUII--driving under the influence of intoxicants. The stories of three young first-time offenders are typical. None of them had an accident; they weren't driving recklessly for kicks. But they were intoxicated--and dangerous behind the wheel. After their arrests, each of the drivers faces the painful consequences of their actions, including loss of driver's license, the need to retain an attorney, sentencing, payment of fines, attendance in an alcohol- and drug-awareness program in lieu of jail, canceled auto insurance or increased insurance premiums, and in the case of at least one of the three, termination of employment. Captioned edition also available.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Dynamic Concepts in Psychology on Videodisc

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Psychology.

AUDIENCE:

Grades 9-Adult, Medical Professionals, Psychologists, Psychiatrists.

DESCRIPTION:

This videodisc combines 42 minutes of live-action video footage with 15 minutes of computer animations and over 2,000 still photos, graphs, and tables. The videodisc includes the following: Introduction to Psychology; Biology and Behavior; Genetics and Evolution; Sensation; Perception; Consciousness; Learning and Classical Conditioning; Operant Conditioning; Memory; Intelligence; Thinking; Language; Development: Physical, Cognitive, Personality, and Social; Motivation and Emotion; Personality; Abnormal Behavior; Methods of Therapy; Social Psychology; Health Psychology; Applied Psychology; and Statistics. 60 minutes, color.

HARDWARE:

Any Videodisc Player.

AVAILABILITY:

\$179.

Dynamic Human CD-ROM, The

CONTACT:

Customer Service
Mosby
11830 Westline Industrial Drive
St Louis MO 63146
800/426-4545
314/872-8370
800/535-9935 (fax)
customer.support@mosby.com
<http://www.mosby.com>

SUBJECT:

Anatomy; Physiology.

AUDIENCE:

Healthcare Students.

DESCRIPTION:

Illustrates the complex relationship between anatomical structures and their functions in the human body. Realistic, three-dimensional visuals are the premier feature of this tool. After a brief introduction, this interactive program covers each body system--always demonstrating to the viewer anatomy, physiology, histology, and clinical applications of each system. Developed by EAI Interactive; published by Wm. C. Brown and Mosby.

HARDWARE:

Windows PC; Macintosh w/CD-ROM.

AVAILABILITY:

\$49.95. Also available from Wm. C. Brown Publishers 800/346-2377.

Dynamic Spine, The

CONTACT:

Dr. Patrick Coughlin
Dept of Anatomy
Phila College of Osteopathic Med
4170 City Avenue
Philadelphia PA 19131
215/871-6526
215/871-6540 (fax)
coughlin@hslc.org

SUBJECT:

Spinal Anatomy.

AUDIENCE:

Medical/Osteopathic/Chiropractic/Physical Therapy Students.

DESCRIPTION:

The Dynamic Spine was designed to provide three-dimensional visualization of the spine to students. Combining text, two- and three-dimensional anatomy (drawings, photographs, 3D animation, interactive dissection), bony pathology (museum specimens), neuroanatomy (spinal nerves, reflexes, lesions), biomechanics (3-D animation), and manual medicine (video/audio), the program presents these topics in an integrated fashion with an easy-to-use interface. The use of this program at the Philadelphia College of Osteopathic Medicine has had a positive effect in developing a greater understanding of structural relationships and spinal motion as they relate to the clinical practice of Osteopathic Manipulative Medicine.

HARDWARE:

Two-screen PC w/Windows, SVGA.

AVAILABILITY:

\$1,250. Multiple-copy discount available.

**Ears and Hearing (2nd Edition),
The/Eyes and Seeing, The**

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604

800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Life Sciences, Human Body.

AUDIENCE:

Students grades 7 to College.

DESCRIPTION:

The first segment (22 minutes) on this disc visualizes the structure and functions of the human ear and how it transmits sound waves to the brain. Visual techniques include photomicrography, animation, and analog demonstration. The second program (19 minutes) progresses through a step-by-step investigation of how the eye works. The program concludes with some of the problems to be solved in determining how the brain evaluates and acts on visual information.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

**Electronic Drug Reference Version
8.0**

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

General Medical.

AUDIENCE:

Physicians and Patients.

DESCRIPTION:

This program provides a synthesis of drug information from six major references. It provides quick access to specific information on indications, administrations, dosage, dosage forms, adverse effects, drug interactions, drug actions, and pharmacokinetics for over 5,000 drugs. Advice in lay language that can be printed out for patients is also included. The EDR provides a quick and easy source of clinical data required to comply with the OBRA 90 Regulations which mandate drug use review (DUR) by physicians and pharmacists. A drug reference for pediatricians also is available.

HARDWARE:

PC.

AVAILABILITY:

\$495 single user; multi-user and site license pricing available.

EMBASE CD: Immunology & AIDS

CONTACT:

Medical Marketing Manager
SilverPlatter Information
100 River Ridge Drive
Norwood MA 02062

800/343-0064
617/769-2599
617/769-8763 (fax)
info@silverplatter.com
http://www.silverplatter.com

SUBJECT:

Immunology; AIDS Literature.

AUDIENCE:

Healthcare Professionals.

DESCRIPTION:

From Elsevier Science R.V.'s renowned EMBASE database, this CD contains 520,000 records and includes all aspects of clinical and experimental immunology, as well as immunity, autoimmunity, hypersensitivity, histocompatibility, and all aspects of the immune system plus extensive coverage of cancer immunology, immunotherapy, immunopharmacology, and immunological aspects of transplantation, paraproteinemias, and the lymphoreticular system. Information on AIDS also is well covered. Two discs, updated quarterly with rolling 10 years coverage.

HARDWARE:

PC, Windows PC, or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$995; \$1,495 multi-user fee.

Encyclopedia of Life, The

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121

800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

Anatomy.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM contains more than 4,000 entries, QuickTime videos, and 500 color photographs detailing animal and plant species. Also includes key medical and anatomical terms. Interface makes it easy to browse the photo, video, or sound archives. User can create a project folder containing text and pictures to be printed or stored as a file on disk. Derived from the Macmillan Concise Encyclopedia. Produced by Gazelle Technologies.

HARDWARE:

Macintosh w/CD-ROM, 4MB RAM;
Multimedia PC.

AVAILABILITY:

\$39.95.

Epidemic: Deadliest Weapon in America

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Alcohol Abuse, Health Promotion.

AUDIENCE:

General Public, Students Grades 7-Adult.

DESCRIPTION:

Driving while intoxicated is the single greatest cause of violence in America. This documentary focuses on the senseless aftermath and the senseless death, destruction and injury left in the wake of drunk drivers. It contains interviews with survivors and family members. (30 minutes) 1985.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

ErgoKnowledge

CONTACT:

Jim McCreight
Customer Service
Graphic Media
411 SW 2nd Avenue
Portland OR 97204

800/845-2439 x338
503/223-2262
503/242-3587 (fax)
jmccreight@graphicmedia.com
<http://www.graphicmedia.com>

SUBJECT:

Ergonomics Training, Repetitive Motion Injuries.

AUDIENCE:

General Public.

DESCRIPTION:

ErgoKnowledge delivers self-paced training in preventing repetitive motion injuries. Authored by Dr. David Rempel, Director of the University of Californias's Ergonomics Laboratory, ErgoKnowledge offers the automatic record-keeping and certified content to be compliant with upcoming regional and Federal OSHA ergonomics training standards. ErgoKnowledge combines audio/visual instruction with video clips, animation and illustrations. Mini-quizzes guarantee comprehension of the material. Incorrect answers automatically return students back to the module with the correct information. At the end of the course, a summary quiz evaluates comprehension and retention of all material.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$995 for up to 500 users.

Exercise and Healthy Living

CONTACT:

Sales/Marketing

NIMCO

102 Highway 81 North
Calhoun KY 42327

800/962-6662

502/273-5050

502/273-5844 (fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program provides a detailed explanation of the body's need for exercise and a description of the different types of exercise. Important tips for exercising are covered including warming-up and cooling down. Aerobic and anaerobic exercise are discussed.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

\$89 DOS; \$109 Windows.

Explorations in Human Anatomy and Physiology

CONTACT:

Craig Marty

Life Sciences Sales

Wm. C. Brown Publishers

2460 Kerper Blvd/POB 539

Dubuque IA 52001

800/338-5578

319/589-2690

(fax)

craig@wcbc.com

SUBJECT:

Human Anatomy & Physiology.

AUDIENCE:

High School and College Level Students.

DESCRIPTION:

This set of 15 interactive animations on CD-ROM allows users to set and reset variable and then evaluate results. Featuring animations and visuals drawn from leading Wm. C. Brown Publishers texts, this software is an ideal complement to a variety of human anatomy and physiology texts. Includes a glossary with written and oral definitions in English and Spanish. Contents include: Cystic Fibrosis; Active Transport; Life Span and Lifestyle; Muscle Contractions; Evolution of the Human Heart; Smoking and Cancer; Diet and Weight Loss; Nerve Conduction; Synaptic Transmission; Drug Addiction; Hormone Action; Immune Response; AIDS; Constructing a Genetic Map; and Heredity in Families. Written by George Johnson, Washington University, St. Louis MO.

HARDWARE:

Windows PC/Macintosh w/CD-ROM.

AVAILABILITY:

\$50.75 from Brown. May be ordered through bookstores for less.

Explorations in Human Biology

CONTACT:

Craig Marty

Life Sciences Sales

Wm. C. Brown Publishers

2460 Kerper Blvd/POB 539

Dubuque IA 52001

800/338-5578

319/589-2690

(fax)

craig@wcbc.com

SUBJECT:

Human Biology.

AUDIENCE:

High School and College Level Students.

DESCRIPTION:

This CD-ROM allows users to explore vital human life processes with movement, color, sound, and interaction. The set of 16 interactive animations allows users to set and reset variables and then evaluate the results. Features animations and visuals drawn from leading Wm. C. Brown Publishers texts. Includes a glossary with written and oral definitions in English and Spanish. Contents include: Cystic Fibrosis; Active Transport; Life Span and Lifestyle; Muscle Contractions; Evolution of the Heart; Smoking and Cancer; Diet and Weight Loss; Nerve Conduction; Synaptic Transmission; Drug Addiction; Hormone Action; Immune Response; AIDS; Constructing a Genetic Map; Heredity in Families; and Pollution of a Freshwater Lake. Written by George Johnson, Washington University, St. Louis MO.

HARDWARE:

Windows PC/Macintosh w/CD-ROM.

AVAILABILITY:

\$37.70 from Brown. May be ordered through bookstores for less.

Exploring Genetics and Heredity

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Genetics.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

Using art, photographs, and photomicrographics, this program describes DNA structure, meiosis, mitosis, and the composition and regulation of genetic material. Also includes a study of Mendel's work around inherited characteristics. A teacher's guide with supplementary activities accompanies the program.

HARDWARE:

PC or Macintosh w/CD-ROM.

AVAILABILITY:

\$75.

Eyecare Reception Room

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032

800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology, Patient Education.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

This disc contains an hour-long documentary style production suitable for an ophthalmology waiting room or health fair. Segments include Introduction to Professional Eye Care, What's Your Eye-Q?, Small Incision Cataract Surgery, RK: Treating Nearsightedness, Contact Lens Types, and Lifestyle Dispensing (Selecting Eyeware).

HARDWARE:

Any videodisc player.

AVAILABILITY:

Disc is available for \$900. Disc with hardware systems range from \$2,695 to 4,395. Discount on multiple discs and future upgrades.

Eyecare Technology Multimedia Patient Education CD-ROM

CONTACT:

Michael Finn
President
IMG Inc.
27 Grand Canyon Drive POB 4751
Los Alamos NM 87544

800/571-5444
505/672-0350
505/672-4121 (fax)

SUBJECT:

Ophthalmology; Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

A compilation of common vision-related subjects geared to the patient. Includes explanation of the different types of laser surgeries for visual correction, what is Glaucoma, the elements of eye, common diseases of the eye, cataract surgery, VDT-related computer eye strain, about your annual checkup, etc.

HARDWARE:

Windows PC; Macintosh w/CD-ROM.

AVAILABILITY:

\$49.

EyerCise

CONTACT:

Ralph Neff
Principal
RAN Enterprises
One Woodland Park Drive
Haverhill MA 01830

800/451-4487
508/521-4487
(fax)

SUBJECT:

Workplace Exercise, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

EyerCise is a computer program that breaks up your day with periodic sets of stretches and visual training exercises. The 19 animated stretches work all parts of your body, relieving tension and helping to prevent Repetitive Strain Injuries. The 4 visual training exercises will improve your peripheral vision and help to relieve eye strain. Together these help you become more relaxed, alert and productive. Rest breaks start automatically at user specified times or intervals (they beep a short time, then only start if you stop typing). Each exercise set can last from 5 to 7 minutes, improving your vision and relaxing all parts of your body from your wrists and arms to shoulders and neck to lower torso. The duration and number of repetitions for each exercise is easily changed. An on-line checklist will help you set up an ergonomic workstation and workspace.

HARDWARE:

PC w/Windows or OS/2.

AVAILABILITY:

\$69.95

Fast Food: What's In It for You?

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Nutrition.

AUDIENCE:

Children grades 7-12.

DESCRIPTION:

A story reveals why certain fast foods can pose a serious problem for young people. A brother and sister discover the connection between the foods they eat and a healthy, attractive body. Live action, computer graphics and rap music combine for this presentation. If a teacher's lesson plan for the day revolves around cholesterol and nutrition, this program's barcodes and frame numbers will let the teacher access that segment only. There are also segments on fat and sugar. Also shows how to select better fast foods and a more healthful diet overall. (16.5 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Fat Chance in the World

CONTACT:

Image Entertainment
9333 Oso Avenue
Chatsworth CA 91311
818/407-9100
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This program investigates many of the popular myths surrounding weight loss and gain and the tumultuous emotions that accompany each. Explains why 95 percent of all diets fail to work.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95.

Fetal Alcohol Syndrome

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse,
Pregnancy, Fetal Alcohol Syndrom.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program provides an in-depth exploration of the causes and effects of Fetal Alcohol Syndrome (FAS). The physical and mental characteristics of an FAS baby are described as well as the dangers of smoking, second-hand smoke and excessive caffeine use to a fetus. The importance of not drinking at all during pregnancy is stressed.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

\$89 DOS, \$109 Windows.

Fetal Development: A Nine-Month Journey

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

Middle School, High School, and
College Students.

DESCRIPTION:

With magnificent photographic footage, schematic drawings, and animation, this sensitive program traces the in-utero process throughout the nine months of a normal pregnancy. A fiberoptic camera reveals each stage of embryonic growth as the weekly maturation process unfolds. Film of the nurturing placenta shows how only a thin layer of cells separates a mother's blood from that of her unborn child. These amazingly clear images reinforce why it is absolutely necessary for a woman to remain drug-free throughout her pregnancy. This program is a must for every mother- and father-to-be as well as for young adults in sex education classes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

First Aid

CONTACT:

Rebecca Roach
Executive Director
AMPED
220 Clipper Bay Drive
Alpharetta GA 30202
770/475-3387
770/664-5908 (fax)

SUBJECT:

First Aid.

AUDIENCE:

Teachers of First Aid.

DESCRIPTION:

These titles are designed to be used by teachers, tutors and instructors. Each CD-i title is part of a Didactic Support System which includes the softmedia on the 10 CD's and an "instructor's pak" containing script, reproducible exams and scoring keys. 35 lessons in 6 modules.

HARDWARE:

CD-i player.

AVAILABILITY:

\$595.

**First Aid Basics Training Program,
The**

CONTACT:

Kathleen Quinn
Account Representative
Interactive Media Communications
204 Second Avenue
Waltham MA 02154
617/890-7707 x112
617/890-0163 (fax)

SUBJECT:

First Aid, OSHA Standards.

AUDIENCE:

Employees.

DESCRIPTION:

First Aid Basics Training Program consists of three units. Unit 1: Responding to an Emergency covers legal obligations and safety precautions, surveying the accident scene, and checking a victim's airway, breathing, and pulse. Unit 2: Victim Assessment & Treatment shows students how to recognize medical emergencies and provide first aid intervention for shock, trauma injuries, sudden illness, burns, temperature-related emergencies, and poisoning. Unit 3: Course Test consists of a five-part comprehensive course test that employs case studies and simulated real-life scenarios to evaluate students' understanding of the material presented in Units 1 and 2. All three units include an on-line Reference Section, containing an atlas of the human body, answers to frequently-asked questions, common first aid supplies, glossary, and more.

HARDWARE:

InfoWindow and compatible systems;
CD-ROM w/MPEG video card.

AVAILABILITY:

Prices range from \$1,295 for the first disc purchased to \$1,095 for the third disc purchased.

First Aid Tutorial 3.3 (1465)

CONTACT:

Customer Service
Reasonable Solutions
1221 Disk Drive
Medford OR 97501
800/876-3475
503/776-5777
503/773-7803 (fax)

SUBJECT:

First Aid.

AUDIENCE:

General Public.

DESCRIPTION:

A certified first aid and CPR instructor presents basic first aid treatment for common medical emergencies including: bleeding, shock, seizures, fractures, burns, poisoning, choking, heart attack, eye and nose injuries, animal and insect bites, diabetic emergencies, stroke, heat and cold emergencies, fractures, sprains, strains and more.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$4 per disk.

Fitlog 1.0

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015
800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Exercise Log.

AUDIENCE:

General Public.

DESCRIPTION:

This program contains an exercise monitoring system using energy expenditure as an easily understood method of quantifying exercise. Because all activities are measured on the same basis (energy expenditure), the program allows monitoring of a variety of exercises. It calculates calories burned as a result of the individual's exercise program. The program permits the user to choose from 81 aerobic exercises, taking into account the various possible speeds. The list includes jogging, swimming, cycling, aerobic dance, archery, backpacking, mountain climbing, gymnastics, horseback riding, skating, and various ball games. Reports MET equivalents for each exercise, total calories expended, fat pound equivalents, and more.

HARDWARE:

PC.

AVAILABILITY:

\$195 plus \$35 annual maintenance fee.

Fitness Partner

CONTACT:

Todd Mathisen
Sales/Marketing
Computer Directions
1010 University Ave Box 281
San Diego CA 92103

800/600-B-FIT
619/295-5777
619/692-3131 (fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

This is a fully customizable, full-motion video exercise program on CD-ROM. After answering a few simple questions, Fitness Partner automatically creates exercise programs suited for the user. Exercises are designed and performed by IDEA certified aerobics instructor Roni Smaldino. Roni coaches users through every workout, changing the conversation daily. Users also may modify their exercises, music, repetitions, and speed. Features include digitized voice instruction for more than 70 exercises, daily changes to the audio coaching, Flexible Music Control to allow country, jazz, or rock music--or turn off our music, tracks seven goals for up to 10 people, nine workouts per person.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$39.95.

Fitness Profile 100

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Fitness Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This program provides a system for conducting fitness assessments. Test results are shown in graph form, along with standard population norms. An exercise prescription is produced, based on test results. The overall results are reflected in a total fitness score. The profile is derived from these fitness tests: percent body fat determination, tests for musculoskeletal fitness, cardiovascular fitness (resting pulse, blood pressure, and graded exercise test monitoring heart-rate and blood-pressure response, using one of four commonly used tests). Maximum oxygen uptake is calculated on all cardiovascular fitness tests.

HARDWARE:

PC.

AVAILABILITY:

\$1,080 plus \$65 annual maintenance fee.

Fitness Quest

CONTACT:

Customer Service
Times Mirror Higher Educ Group
2460 East Kerper Blvd
Dubuque IA 52001

800/338-5578
319/588-1451
800/346-2377 (fax)

SUBJECT:

Health Promotion, Exercise, Fitness Assessment.

AUDIENCE:

Professionals.

DESCRIPTION:

This software combines a powerful battery of fitness tests with almost unlimited flexibility. Use any of the 50 tests, measurements and indices to custom design fitness your protocol or use protocols built into the system. Fitness Quest has over 25 built in calculators--no more hand calculating complex formulas. An its easy to use--over 90 help screens are referenced to the test providing valuable information about each test, how to conduct it and what results mean. Fitness Quest is the only software selected by the Canadian Association of Sports Science (CASS) to use their updated norms and formulas. A must for fitness professionals, researchers and sports medicine practitioners.

HARDWARE:

PC.

AVAILABILITY:

\$795.

Flasher (7386)**CONTACT:**

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052

800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Health Promotion, Stress Management.

AUDIENCE:

General Public.

DESCRIPTION:

The human mind exerts a powerful influence over the physical body. Flasher can help you synchronize your brain waves by flashing soothing colors over simple patterns at user-specified intervals. Research being done in neuroscience suggests that alpha/theta brainwave stimulation can produce left-quantum molecular thinking, altered states of consciousness, and more. Research also indicates that theta brainwaves are associated with superior memory. All this offers the intriguing possibility that deliberately inducing alpha, delta, or theta brainwaves may be a way to experience a relaxed, meditative state without resorting to harmful drugs. Requires EGA or VGA.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Focus Reception Room**CONTACT:**

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032

800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology, Patient Education.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

This disc is in a one-hour TV Magazine format designed to play continuously in the waiting room. Topics include structure/function of the eye, examination techniques, eye safety and first aid, eye myths, problems of the aging eye, and lifestyle dispensing.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Available for \$900. Disc with hardware systems range from \$2,695 to \$4,395. Discount on multiple discs and future upgrades.

Food and Growth (Second Edition)**CONTACT:**

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education, Food, Nutrition.

AUDIENCE:

Children grades 3-7.

DESCRIPTION:

This videodisc shows children how food is digested, how it is carried by the circulatory system to the cells, and how cell division and growth take place. It is broken down into independent information units dealing with each major topic. Barcodes and frame numbers allow the teacher to immediately access each disc segment and to correlate it with textbook units covering the same content. (12 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Food Hazards Encyclopedia (1859)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052

800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This program is for everyone, especially those suffering health problems (allergies, migraines, eczema, fatigue, depression, etc.), but are unaware that their troubles may have come from common foods such as uncooked edible mushrooms. Food toxins are identified quickly and easily, and valuable information is provided about things that can improve health.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Food Processor, The

CONTACT:

Robin Allen
Marketing Manager
ESHA Research
PO Box 13028
Salem OR 97309

503/585-6242
503/585-5543 (fax)

SUBJECT:

Nutrition, Weight Control, Fitness.

AUDIENCE:

Healthcare Professionals and Educators.

DESCRIPTION:

The Food Processor nutrition analysis software contains more than 13,500 foods and 130 nutrients in a comprehensive, researched database. The Food Processor automates dietary intake analysis, fitness and weight management, recipe development, and menu planning.

HARDWARE:

PC; Macintosh (basic-only).

AVAILABILITY:

\$549.

Food/Analyst CD-ROM

CONTACT:

Carol Dunn
Director of Marketing
Hopkins Technology
421 Hazel Lane
Hopkins MN 55343

800/397-9211
612/931-9376
612/931-9377 (fax)
pdunn@hopstechno.com
<http://www.hopstechno.com>

SUBJECT:

Nutrition.

AUDIENCE:

Medicine, Nursing, Allied Health.

DESCRIPTION:

Complete nutritional analysis software based on USDA Food Nutrient Database (Handbook 8), Home Economics Research Report #48 on sugars. Includes approximately 5000 foods and 80+ nutrients. Analyzes meals and recipes for any number of people, graphs, 1989 RDAs, nutrient sorts, health ratios, numerous screen and printed reports. Includes user manual and context sensitive help.

HARDWARE:

PC w/CD-ROM drive/ Windows version available June 1996.

AVAILABILITY:

\$39.95.

Food/Analyst Plus CD-ROM

CONTACT:

Carol Dunn
Director of Marketing
Hopkins Technology
421 Hazel Lane
Hopkins MN 55343
800/397-9211
612/931-9376
612/931-9377 (fax)
pdunn@hoptechno.com
<http://www.hoptechno.com>

SUBJECT:

Nutrition.

AUDIENCE:

Medicine, Nursing, Allied Health.

DESCRIPTION:

Complete nutritional analysis software which includes the world's largest microcomputer food database with 23,000 food selections and 100 nutrients. The data on which this is based is the USDA Food Nutrient Database (Handbook 8), USDA Survey data, Canadian Nutrient File, Home Economic Research Report 48, over 8,000 brand name and fast food items. Users may add their own foods from food packages, cost meals/recipes, analyze meals and recipes. Includes 1989 RDA graphs, calorie pie charts, health ratios, nutrient sorts and "Ask the Expert" dietitian advice on over 75 health topics. Easy window/selection screens, user manual and powerful food search with context help throughout. Tracks any number of meals, recipes and people. Creates delimited ASCII file of all user data for use by other computer programs to further analyze the data gathered. Extensive analysis/reporting capability, on screen or printer.

HARDWARE:

PC w/CD-ROM drive; Windows version available June 1996.

AVAILABILITY:

\$199. A version covering fewer foods and nutrients--Food/Analyst--is available for \$39.95.

Food/Health Stacks (1831)

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121
800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

Shareware; Food, Nutrition, Diet, Exercise, Poison Control, AIDS, Health Promotion.

AUDIENCE:

Healthcare Professionals.

DESCRIPTION:

Food Stacks contain 14 different food-related shareware programs. Health Stacks contains 16 different health-related shareware programs: AddressMD, Growth Records, Nutrition, Patient Names, Smart Stacks Demo, Vitamins, Bones, Health Quiz, OverWeight?, PhoneMD, The AIDS Clock, Exercise, Master Calorie III, Parasitic Disease, Poison Control, and The AIDS Stack.

HARDWARE:

Macintosh w/HyperCard.

AVAILABILITY:

\$24.95 for set of five disks.

Free Yourself from Neck and Back Pain

CONTACT:

Customer Service
Alpha Media
PO Box 1719
Maryland Heights MO 63043
800/832-1000
314/692-2031 (fax)

SUBJECT:

Pain, Neck Pain, Back Pain.

AUDIENCE:

General Public.

DESCRIPTION:

Taking the best methods from several fields of therapy, this CD-ROM presents a unique combination of self-help techniques for people suffering from neck and back pain. Includes over 25 step-by-step instructional videos, high quality sound and dozens of practical techniques for strengthening and aligning the spine.

HARDWARE:

Windows PC.

AVAILABILITY:

\$49.95.

FSTA (Food Science and Technology Abstracts) on SilverPlatter

CONTACT:

Cynthia Johnson
Marketing Coordinator
SilverPlatter Education
100 River Ridge Drive
Norwood MA 02062
800/343-0064
617/769-2599 x249
617/769-8763 (fax)

SUBJECT:

Food; Biotechnology; Toxicology.

AUDIENCE:

General Public.

DESCRIPTION:

From the International Food Information Service (IFIS), FSTA provides comprehensive coverage of the food sciences, food products, and food processing from 1969 to the present. FSTA contains the most important information from 1,600 scientific journals on food science and food technology published throughout the world, as well as important information from books, proceedings, reports, pamphlets, patents, legislation, and more. The over 430,000 English-language abstracts included are prepared from work originally published in more than 40 languages. Updated annually.

HARDWARE:

PC w/CD-ROM drive and Macintosh w/CD-ROM drive.

AVAILABILITY:

\$5,800. \$11,600 multi-user fee.

Game of Your Life, The

CONTACT:

Douglas Darbro MD
Customer Service
Healthcare Data
5311 Mt Pleasant North Drive
Greenwood IN 46142
317/887-1326
317/887-1326 (fax)
dadarbro@scican.net

SUBJECT:

Health Promotion, Health Risk Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This program is intended for health fairs, waiting rooms, businesses and personal assessment. Users get instant analysis of health risks and expected lifespan. They can point and shoot with the mouse to answer questions. The fun, quick, and intuitive game format encourages patient interest, participation and education. Multimedia with sound, voice, music, and pictures.

HARDWARE:

PC (Windows or DOS).

AVAILABILITY:

\$99 plus \$4 shipping/handling.

General Ophthalmology

CONTACT:

KaiMay Yuen Terry MPH
VideoMed Inc.
5109 Ridge Road
Minneapolis MN 55436
800/332-0633
612/938-6994
612/933-9712 (fax)

SUBJECT:

Ophthalmology, Patient Education.

AUDIENCE:

Eyecare Patients, Healthcare Professionals.

DESCRIPTION:

Covers 16 common eye problems including Amblyopia, Argon Laser Trabeculoplasty, Blepharitis, Styes & Chalazia, Cataracts, Corneal Transplant, Diabetic Retinopathy, Dry Eye, Esotropia, Flashes, Floaters & Retinal Tears, Glaucoma, Macular Degeneration, Phacoemulsification, and Yag Laser Capsulotomy. Dual Track: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$750.

General Ophthalmology Information

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology, Patient Education.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

This disc contains 23 short topics including Allergic Eye, Blepharitis, Cataracts, Conjunctivitis, Corneal Abrasions, Diabetic Retinopathy, Dry Eye, Macular Degeneration, and more. Bilingual: English and Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Disc is available for \$1,395. Disc with hardware systems range from \$2,695 to 4,395. Discount on multiple discs and future upgrades.

Geriatric Nutrition: A Recipe for Good Health

CONTACT:

Island Products: Multimedia
University of Texas Medical Branch
301 University Blvd - POB 35094
Galveston TX 77555
800/424-2575
409/747-7800
409/747-7813 (fax)
kellogg@beach.utmb.edu
<http://www.mmlab.utmb.edu/mmlab>

SUBJECT:

Geriatrics; Nutrition.

AUDIENCE:

Nurses, Nutritionists, and Other Healthcare Professionals.

DESCRIPTION:

This program is divided into three modules that present a comprehensive theoretical and clinical perspective of the importance of nutrition in the healthcare of aging populations. The section on Assessing Nutritional Health covers the steps in determining nutritional intake, signs of nutrition-related problems, biochemical and radiological studies, and a Nutritional Assessment Quiz. The Basic Nutritional Information module includes facts, information, and procedures related to nutritional care and to the six principal digestive organs of aging adults. The third module, Applying Nutrition in Health Care, contains simulated meal selection in a variety of restaurants, and exercises in which learners select food for patients with varied clinical problems and receive evaluative feedback about their choices. This program was supported, in part, by the Division of Nursing, Department of Health and Human Services and IBM Corporation.

HARDWARE:

InfoWindow and compatible systems.

AVAILABILITY:

\$995.

Girl to Woman (Third Edition)

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Sex Education, Health Promotion, Education.

AUDIENCE:

Grades 5-7.

DESCRIPTION:

Five concise, barcoded segments allow access to information on puberty for girls. Teachers can choose units on feelings, reproductive systems, sexual changes and more. Cross-curriculum activities, still frames, vocabulary and optional lesson guidelines add teaching tools. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player; barcode reader optional.

AVAILABILITY:

\$99.95.

Glands and Your Body

CONTACT:

Customer Service
Barr Media Group
12801 Schabarum Avenue/POB 7878
Irwindale CA 91706
800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

Anatomy.

AUDIENCE:

Grades 6-9.

DESCRIPTION:

Using both live action and animation, this video offers a clear and detailed explanation of the many different glands which help control our body: exocrine glands, such as sweat glands and their hormone secretions; the pituitary gland; and the thyroid gland. The parathyroids, adrenal glands, and the pancreas and its product, insulin, are also explained. Bilingual: English and Spanish. Closed captioned. 17 1/2 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$90.

Going Straight..Toward Drug-Free Schools

CONTACT:

Customer Service
Education Associates
8 Crab Orchard Road - POB Y
Frankfort KY 40601
502/227-4783
502/227-8608 (fax)

SUBJECT:

Drug Education, Substance Abuse, Health Promotion.

AUDIENCE:

Grades 3-9.

DESCRIPTION:

This program is a comprehensive interactive drug education system of 32 interactive modules based on collaboration among schools, parents, and the community to teach young people to live a drug-free life.

HARDWARE:

PC or Windows PC w/CD-ROM drive.

AVAILABILITY:

\$269 - \$995

Goofy Over Health

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Health Promotion, Fitness, Exercise, Nutrition.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Join Goofy and his friend, Danielle, on an amusing and informative exploration that demonstrates practical strategies for good health and fitness. Goofy, who has been suffering from fatigue, finally decides to take his doctor's advice: get plenty of exercise, especially aerobic exercise like running, jogging, jumping, dancing and walking. Danielle also discovers how to gain energy by eating more nutritious foods; that complete fitness is the result of a combination of exercise, nutrition and sleep; and how to choose healthy foods rather than junk food snacks like chips and candy.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

**Have a Healthy Baby: Pregnancy
(Third Edition)**

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Pregnancy.

AUDIENCE:

Grades 7-12; Adults.

DESCRIPTION:

This recent revision of this program provides essential information about pregnancy. Pregnant women seen in a number of normal activities discuss what they are doing--and what they should be doing--to take care of themselves. The disc is broken down into independent content units which the instructor can randomly access and correlate to each session's objectives. Animation details the stages of the embryo's growth from conception through pregnancy. Dual soundtrack--Spanish and English. (23.5 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Headache-Free (1840)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Headache Management, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This program asks you questions to determine what type of headache you have, and then offers popular folk cures with explanations for each. It includes meal and activity schedules to see if there is a connection between those activities and your headaches.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Healing Foods Cookbook, The

CONTACT:

Customer Service
Compton's NewMedia
2320 Camino Vida Roble
Carlsbad CA 92009
617/494-1200
(fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM promotes the benefits of eating the right foods every day to prevent disease. Includes 400 recipes covering 100 foods. Also contains nutrition studies and more.

HARDWARE:

PC or Macintosh w/CD-ROM drive.
Sony MMCD Player.

AVAILABILITY:

Lists for \$39.95. Available in Retail Stores.x

Health & Hobby

CONTACT:

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142
800/227-5609
770/420-1150 (fax)

SUBJECT:

Health Promotion, Hypertension,
Diabetes, Nutrition, Weight Loss,
Cholesterol, Cancer Prevention.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM contains a collection of 27 freeware, shareware, and public domain software programs relating to health and hobbies. The health-related programs include Blood Pressure Plotter, Heart Smart, Medics, Nutrisoft Diabetic Nutrition, Nutrisoft High Blood Pressure, Nutrisoft Lower Your Cholesterol, Nutrisoft Reduce Cancer Risk, and Nutrisoft Weight Perfect.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

For as little as \$9.99 in retail stores.

Health and Drug Information Library

CONTACT:

Medical Marketing Manager
SilverPlatter Information
100 River Ridge Drive
Norwood MA 02062
800/343-0064
617/769-2599
617/769-8763 (fax)
info@silverplatter.com
http://www.silverplatter.com

SUBJECT:

Patient Education, Drugs,
Pharmaceuticals.

AUDIENCE:

Healthcare Professionals.

DESCRIPTION:

The Health and Drug Information Library is a comprehensive collection of full text patient information covering over 6,000 topics. Included is information on infant, child and adolescent health, women's health, adult health and medications. The Library includes a number of illustrations to augment the text. The product is designed to meet the needs of the lay person, Federal Law OBRA 1990, and the Joint Commission on the Accreditation of Healthcare Organization (JCAHO) requirements for patient and family information. The health information has been edited by medical experts, and the American Academy of Family Physicians has favorably reviewed the adult health section. The pediatric section includes Spanish translations of many topics. Updated three times a year. The number of topics will be expanded with each update, and older topics revised as needed.

HARDWARE:

PC, Windows PC, or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$995 individual; \$1,295 to \$5,180 networked.

Health and Drug Information Library (HDIL)

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111
800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Prescriptions, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Provides full text coverage with illustrations of over 6,000 patient education topics, including drug information.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$1,295.

Health Appraisal Series

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Risk Appraisal.

AUDIENCE:

Employees, General Public.

DESCRIPTION:

The Health Appraisal Series consists of five in-depth health appraisals that provide detailed 5- to 20-page personal reports to the participant.

CORONARY RISK PROFILE 100, 150, & 200 is based on the published guidelines from the National Cholesterol Education Program. HEARTLIFE PROFILE EXTENDED is designed specifically for use with post-cardiac event patients in a rehab setting. SENIOR PERSONAL WELLNESS PROFILE is based on norms and recommendations specific to the senior community. STRESS MANAGEMENT PROFILE provides an assessment of an individual's coping resources, stressors at home and work, and ability to handle stress. WOMAN'S LIFE was designed specifically for women.

HARDWARE:

PC.

AVAILABILITY:

From \$795 to \$2,495.

Health Awareness Games

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This program offers five interactive programs relating personal health and life-style to how well and how long the user will live. Programs were developed by health professionals to foster good health practices. Games include: Coronary Risk, Why Do You Smoke?, Exercise/Weight, Life Expectancy, and Lifestyle.

HARDWARE:

PC.

AVAILABILITY:

\$99.

Health Awareness Series

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Risk Appraisal.

AUDIENCE:

Employees, General Public.

DESCRIPTION:

The Health Awareness Series provides quick and simple assessments on a variety of important health topics. These assessments are often used for hospital community awareness campaigns, health fairs, or worksite wellness follow-up programs. The assessments include a bi-fold or tri-fold format questionnaire and can be read using an optical card reader. The assessments offered are: Cancer Risk Profile 100, Coronary Risk Profile 50, Fitness Profile 100, Health Age 100, Nutrition Profile 50, Osteoporosis Risk Profile 50, Stress Profile 50, Woman's Health Profile 100, Woman's Heart Health.

HARDWARE:

PC.

AVAILABILITY:

\$1,080 includes maintenance

**Health Issues Today: Alcohol:
Danger in a Bottle**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Alcohol.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

A comprehensive tutorial on the physiological and psychological effects of drinking, this program discusses alcohol and pregnancy, why people become alcoholic-dependent, teenage alcoholism, living with an alcoholic, as well as popular myths about alcoholism. Emphasizes prevention and treatment.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95.

Health Issues Today: Allergies

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Allergy.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This tutorial discusses how allergies develop, explaining the connection between allergies and the emotions, influence of heredity, and allergic threshold. Discusses diagnosis, possible treatments, and ways to reduce allergic response.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95.

**Health Issues Today: Good Stress,
Bad Stress**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Stress.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Short-term stress can increase the body's ability to combat certain diseases and contribute to a feeling of excitement and well-being. Long term stress, however, can lead to high blood pressure, gland and internal organ malfunction, and even heart failure and death. The program examines psychological and physiological causes of stress and emphasizes common stressors.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95.

**Health Issues Today: Student
Athletes on Steroids and Other Drugs**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Drugs, Steroids.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

A serious problem among professional athletes for decades, recent years has seen a pronounced increase in the use by student athletes of a variety of potentially dangerous drugs, including steroids. This tutorial highlights the health risks of steroids, painkillers, and related drugs.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95.

**Health Issues Today: AIDS: Public
health Enemy #1**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, AIDS.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Contains the most current information on deadly AIDS--termed "Public Health Enemy Number One" by the United States Surgeon General. With compassion and frankness, this program covers the ways in which AIDS is transmitted, dispels common fallacies about AIDS, and discusses treatment. Emphasizes prevention.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95. \$265 for set of nine programs.

**Health Issues Today: Depression and
Suicide**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Depression, Suicide.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Each year more than 20,000 Americans take their own lives. In recent years growing numbers of suicide victims have been teenagers and young adults. This program examines depression as a mental illness, its prevention and treatment, and how it can lead to suicide. Deals with suicide among teenagers and the elderly and discusses warning signs, prevention, and coping with a suicide.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95. \$265 for set of nine programs.

Health Issues Today: Tobacco Update

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Tobacco.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

An up-to-date perspective on the many forms of tobacco and the effects on the body of tar and nicotine--the connections between smoking and heart disease, smoking and lung disease, as well as tobacco use and different kinds of cancer. Deals with quitting smoking, handling withdrawal symptoms, and weight management.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95. \$265 for set of nine programs.

**Health Issues Today: Two Extremes--
Anorexia Nervosa & Bulimia**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Anorexia, Bulimia.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Explains the difference between anorexia nervosa and the often-related disease bulimia. Discusses risk factors, symptoms and warning signs, treatment, and long-term physical effects. Also focuses on the emotional impact of these disorders upon victims and on friends and family.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95. \$265 for set of nine programs.

**Health Issues Today: Vegetarianism--
The Right Way**

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Diet, Nutrition.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

As people become increasingly concerned with cholesterol intake, hormones and contaminants in meat, the need to increase fiber, and a variety of "factory farming" issues, giving up meat has become more appealing. This program discusses reasons why people adhere to a vegetarian diet, the history of vegetarianism, and the need for proper planning to insure a good diet.

HARDWARE:

PC, Macintosh.

AVAILABILITY:

\$34.95. \$265 for set of nine programs.

Health Problems Series

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Patient Education,
Cancer, Childhood Disorders, Diabetes,
Hypoglycemia, Heart Disease,
Psychological Problems, Respiratory
Diseases, Dermatology.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This series of nine programs provides information on common health problems, including symptoms, causes, treatments, and prevention. Topics cover: Cancer, Childhood Disorders, Diabetes and Hypoglycemia, Heart Disease, Psychological Problems, Respiratory diseases and Disorders, and Skin disorders.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$34.95 to \$59.95 each. \$265 for set of nine programs.

Health Reference Center

CONTACT:

Arta Zygielbaum
Senior Manager
Information Access Company
362 Lakeside Drive
Foster City CA 94404

800/227-8431
415/378-5200
415/378-5369 (fax)

SUBJECT:

Consumer Health Information; Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM database contains article citations, abstracts, and full text from more than 100 publications on health, medical treatments and advances, diseases, fitness, and nutrition. Includes data from leading medical reference books and a collection of 500 medical pamphlets. Also contains selective indexing and full text of health-related articles from over 2500 general interest periodicals.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$5,300 for annual subscription and 12 monthly updates; School subscription (9 months) \$4,600. Discounts available for libraries with other IAC products.

Health Risk Appraisal 2.0

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Health Risk Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This program gets the user involved in an active dialogue about health-related behavior. The computer appraises the user's health habits, and personalizes suggestions for improving these habits. It gathers information about a user's age, race, and sex, and cites the risks of dying over the next ten years from the ten leading causes of death for people of that age, sex, and race group. Risks are individualized as the user responds to 40 questions on smoking, driving habits, drinking, drug usage, family history, safety habits, history of depression, and more. The user receives immediate feedback on how risks of mortality increase or decrease with each response.

HARDWARE:

PC; Macintosh.

AVAILABILITY:

\$99.

Health Source CD-ROM

CONTACT:

Beth Howell
Marketing
EBSCO Publishing
PO Box 2250 - 83 Pine Street
Peabody MA 01960

800/653-2726
508/535-8500 x249
508/535-8545 (fax)
ep@epnet.com
<http://www.epnet.com>

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Health Source is a consumer health reference product that provides abstracts and indexing for 300 journals in the fields of consumer products, diet and nutrition, exercise, drugs and alcohol, and medical self-care. Searchable full text is included for approximately 57 of those journals.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$795 with quarterly updates; \$995 with bimonthly updates; \$1,995 with monthly updates.

Health Today

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Substance Abuse, Nutrition, AIDS.

AUDIENCE:

Grades 7-12. General Public.

DESCRIPTION:

This CD-ROM contains 50 interactive titles on a wide variety of health-related topics. Includes instruction in preventive measures as well as accurate and frank information on disease and treatments. Topics include Tobacco, Alcohol, Stress, Drugs, Allergies, AIDS, Nutrition, Contraception, Venereal Disease, Pregnancy, Parenting, Diabetes, Cancer, Birth Defects, Depression, Suicide, and more.

HARDWARE:

PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$145.

Health Works: Educational Games for 5th-7th Graders on HIV/AIDS Risk Reduction

CONTACT:

Rosalind Thomas
Bureau of Community Relations
New York State Dept of Health
Rm 1084 Corning Tower - ESP
Albany NY 12237

518/474-5370
518/486-2361 (fax)
rpt01@health.state.ny.us

SUBJECT:

HIV/AIDS Risk Reduction, Decision-Making.

AUDIENCE:

Students Grades 5-7.

DESCRIPTION:

Four interactive decision-making games teach children about HIV and AIDS. Each story is presented through animated graphics and audio. A computer character asks the player to make difficult choices at various points in each game. Advice is available from a panel of advisors (friend, parent, teacher, clergy, doctor, or AIDS hotline), and an empathetic narrator provides feedback. Hospital simulates a hospital visit to an uncle with AIDS, emphasizing biomedical facts about HIV transmission. Party simulates a teen social gathering, raising issues of sexual responsibility and AIDS. School simulates a student with AIDS being in school, focusing on myths of "casual transmission." Streetcorner simulates pressure to use drugs, stressing the AIDS risk of IV drug use.

HARDWARE:

PC w/MPC2 compatible CD-ROM drive and mouse.

AVAILABILITY:

Free for use in New York State human services agencies. Distributor being identified for out-of-state distribution.

Health: Food and Nutrition

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Nutrition.

AUDIENCE:

Grades K-6.

DESCRIPTION:

With original songs and entertaining characters, this program teaches young people that they need food for energy and growth. It defines "nutrition," "nutrient," and "junk food" and identifies the four food groups. Proteins, carbohydrates, and fats are explained with examples. A Gordon-Kerckhoff Production. 13 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

HealthAide 1.05 (3040)

CONTACT:

Customer Service
Reasonable Solutions
1221 Disk Drive
Medford OR 97501

800/876-3475
503/776-5777
503/773-7803 (fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

General Public

DESCRIPTION:

Measures the nutritive value of the foods you eat and provides guidance for healthy eating habits. It helps you limit your consumption of fat, particularly saturated fat, cholesterol and sodium while increasing your intake of fiber and complex carbohydrates. 2 disks.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$4 per disk.

HealthCommand

CONTACT:

Cheryl Theall
Marketing Directory
StrateCision Inc
47 River Street
Wellesley MA 02181

617/235-0233
617/235-4733 (fax)

SUBJECT:

Health Promotion, Home Health Records.

AUDIENCE:

General Public.

DESCRIPTION:

A health promotion software package designed for home use. Users can maintain a complete health record on each member of the family and can print reports, graph changes over time, or analyze their risks. HealthCommand even reminds users when family members need vaccinations, tests, or exams that prevent disease or give early warnings.

HARDWARE:

Windows PC.

AVAILABILITY:

\$59.95.

HealthDesk 1.1

CONTACT:

Jim Williams
Customer Service

HealthDesk

1521-B Fifth Street 2nd Floor
Berkeley CA 94710

800/578-5767
510/559-1700
510/524-4321 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

HealthDesk is a program designed to help users track their personal medical history, expenses, medication, exercise program, nutrition, and more. HealthDesk also contains a complete electronic version of the Healthwise Handbook, a leading self-care guide. Access to third-party software programs is integrated into the HealthDesk main screen. These include DynaPulse for blood pressure monitoring and Micro Cookbook.

HARDWARE:

PC w/Windows.

AVAILABILITY:

\$59.95.

Healthier People 4.0

CONTACT:

Customer Service

Risk Assessment

5846 Distribution Drive
Memphis TN 38141

800/256-1953
(fax)

SUBJECT:

Health Risk Appraisal, Health Promotion.

AUDIENCE:

Patients, General Public.

DESCRIPTION:

Healthier People is a health risk appraisal program designed for use by individuals who do not have a serious illness. The program consists of 43 questions to gather key facts allowing computation of an individual's risk of death from a heart attack, injury and several other diseases. Questions review areas such as age, gender, ethnicity, tobacco use, blood pressure, history of diabetes mellitus, cholesterol level, weight, driving safety, alcohol use, use of screening tests for cancer, exercise and life stress. Answers are entered by a staff member from a paper questionnaire filled out by the patient. The printout received by individuals reviews their positive and negative risk factors and lists routine preventive services advised for their age and gender. Some routine recommendations for health are included, such as information about regular exercise, a healthy diet and protection against the human immunodeficiency virus (HIV).

HARDWARE:

PC.

AVAILABILITY:

\$295; Each upgrade \$150.

Healthlogic

CONTACT:

Molly Meyers
VP Health Fitness Services

PKI Software

14800 Conference Ctr Drive #202
Chantilly VA 22021

800/PK1-1432
703/222-2556
703/631-5291 (fax)

SUBJECT:

Health Promotion, Health Risk Appraisal.

AUDIENCE:

General Public.

DESCRIPTION:

Features: Health risk appraisal and lifestyle analysis. Graphically illustrated report covers heart disease, cancer, diabetes, auto-home safety, back care, preventive exams, nutrition, exercise, and well-being. Action messages are provided for each section focusing on the need and benefit of making lifestyle changes. Standard group reports provide aggregate data summaries and distribution histograms. Custom report writer, form letter generator, label-making features.

HARDWARE:

PC for DOS/Windows.

AVAILABILITY:

\$4,750 DOS; \$5,750 Windows.

Healthquest

CONTACT:

Lisa Gottschalk
Special Sales Coordinator
Brown & Benchmark Publishers
2460 Kerper Blvd/POB 539
Dubuque IA 52001

800/338-5578
319/589-2832
800/346-2377 (fax)

SUBJECT:

Health Promotion; Wellness.

AUDIENCE:

General Public, Health Professionals,
Instructors, Students, Insurance &
HMO Companies, Hospitals, Clinics.

DESCRIPTION:

This is an interactive CD-ROM designed to address the behavioral aspects of personal health and wellness. Although it shadows Connections for Health, 4E by Mullen, McDermott, Gold and Belcastro it can easily be used by itself or in conjunction with any personal health or wellness text. It provides students with an interactive medium for study, practice application and reference of personal health and wellness concepts. Using basic health and wellness concepts applied through Healthy People 2000 Objectives, Activities for Wellness, Assessments, and applications of the Prochaska Stages of Change model students will be able to assess their current health status, determine their health risks and relative life expectancy, explore options and make decisions to improve health behaviors.

HARDWARE:

Windows PC; Macintosh w/CD-ROM.

AVAILABILITY:

Lists for \$3,265.

HealthRx

CONTACT:

Pat Vandersluis
Customer Service
Source Data Corporation
11320 Random Hills Road #590
Fairfax VA 22030

703/273-9700
703/274-4850 (fax)

SUBJECT:

Health Assessment, Health Risk
Appraisal, Nutrition, Exercise, Health
Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

HealthRX is a series of integrated programs for physiological and nutritional assessment, health risk appraisal, exercise prescription, and exercise logging. The software and accompanying materials were designed to provide a medically-sound foundation for cardiac rehabilitation or wellness programs. The seven components are: Assessment, Health Risk Appraisal, Nutrition, Exercise Prescription, Exercise Logging, Facility management, and System Security.

HARDWARE:

PC; DOS and Windows versions
available.

AVAILABILITY:

\$2,495.

Healthy 2000: AIDS/HIV and STDs

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education, AIDS, STDs, Sex
Education.

AUDIENCE:

Grades 5-7.

DESCRIPTION:

This video-disc based health curriculum module takes an interactive, multimedia approach to health education. Utilizes a variety of resources that address all students learning styles, including thousands of live action, animated and still images, easy-to-use barcoded teacher's guide, teachers resource book, barcoded index, student readings, student workbooks, and textbook correlations. Communicable diseases, sexually transmitted diseases and AIDS/HIV are addressed here. Correlated with major health frameworks, lessons cover pathogens, disease symptoms, transmission, medical treatment, effects on health and relationships, and epidemics in history. Stresses the importance of taking responsibility for one's own health, reinforces decision-making skills, and emphasizes abstinence as the only sure protection against STDs and HIV.

HARDWARE:

Any videodisc player; Barcode reader.

AVAILABILITY:

\$295; \$775 for set of three Health 2000
programs.

Healthy 2000: Growth and Development

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education, Guidance.

AUDIENCE:

Grades 5-7.

DESCRIPTION:

This video-disc based health curriculum module takes an interactive, multimedia approach to health education. Utilizes a wide variety of resources that address all students learning styles, including thousands of live action, animated and still images, easy-to-use barcoded teacher's guide, teachers resource book, barcoded index, student readings, student workbooks, and textbook correlations. Explores the physical, emotional and interpersonal changes of different life stages. Shows how health choices at one stage affect health status at later ages. Focuses on adolescent, peer and family relationships in communication, self-awareness, and coping with change. Supplementary lesson describes the five body systems, while sidecars and activities highlight related topics such as heredity, self-image, peer pressure and community action.

HARDWARE:

Any videodisc player; Barcode reader.

AVAILABILITY:

\$295; \$775 for set of three Healthy 2000 programs.

Healthy 2000: Human Reproduction

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Health Education, Sex Education, Guidance.

AUDIENCE:

Grades 5-7.

DESCRIPTION:

This video-disc based health curriculum module takes an interactive, multimedia approach to health education. Utilizes a variety of resources that address all students learning styles, including thousands of live action, animated and still images, easy-to-use barcoded teacher's guide, teachers resource book, barcoded index, student readings, student workbooks, and textbook correlations. This program covers all required teaching concepts. Topics include: the physical and emotional changes of puberty; male and female reproductive systems; fetal development; teenage sexuality; the influence of peers and media; the importance of abstinence; and ways of preventing sexual abuse. Changing relationships, responsibilities, and the need for decision-making and refusal skills during adolescence are stressed.

HARDWARE:

Any videodisc player; Barcode reader.

AVAILABILITY:

\$295; \$775 for set of three Healthy 2000 programs.

Healthy Heart Cookbook

CONTACT:

Sales/Marketing
Lifestyle Software Group
63 Orange Street
St Augustine FL 32084
904/825-0220
(fax)

SUBJECT:

Nutrition, Weight Control, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Description:

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$24.95 from retail stores.

Healthy Living with Sunshine

CONTACT:

Keith Gilchrist
Asst Manager-Tech Transfer
University Technologies Int'l
3330 Hospital Drive NW - HM382
Calgary ALB T2N 4N1 CANADA
403/220-8305
403/2703236 (fax)
gilchrik@cadvision.com

SUBJECT:

Health Promotion, Skin Cancer.

AUDIENCE:

General Public.

DESCRIPTION:

Healthy Living With Sunshine teaches about ozone layer depletion, the effect of increased UV radiation on health and the environment, plus the positive actions we can all take. After an introductory "primer" that briefly explains UV rays, there are nine subject areas to answer the following questions: The Sun... friend or foe?; Protection...What are my choices?; I never burn. Why bother?; Could my spot be skin cancer?; What about children?; What's happening to the ozone layer?; Are UV rays hurting our world?; What's being done to protect the ozone layer?; How does Environment Canada's UV Index work? Learning is enhanced by the use of "what if" scenarios, demonstrations (eg., viewers see what happens to crop production with greater ozone depletion), comparisons (differences in the UV Index rating a different location), "test yourself" quizzes, and personalized feedback.

HARDWARE:

PC.

AVAILABILITY:

\$79 Canadian single user; \$790
Canadian site license.

Healthy Touch: Feeding Your Infant, The

CONTACT:

Island Products: Multimedia
University of Texas Medical Branch
301 University Blvd - POB 35094
Galveston TX 77555
800/424-2575
409/747-7800
409/747-7813 (fax)
kellogg@beach.utmb.edu
http://www.mmlab.utmb.edu/mmlab

SUBJECT:

Maternal Health.

AUDIENCE:

Nurses and Other Healthcare
Professionals, Patients and Families of
Childbearing Ages.

DESCRIPTION:

Part of The Healthy Touch Series on maternal-infant health, this program provides new parents with the opportunity to learn essential information about the nutritional health of their newborns throughout the first year of life. Learners go to various interactive locations such as a restaurant or grocery store to discover information and to demonstrate the knowledge and skills they have acquired. There are three modules: Feeding Choices, Impact on Health, and an interactive Quiz. The disc was primarily developed as an educational program for patients and their families but advanced level information was incorporated in hypertext style to make it useful for students and practicing healthcare professionals as well. Available in English and Spanish.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$69.95. Available April 1996.

Healthy Touch: Having A Health Pregnancy, The

CONTACT:

Island Products: Multimedia
University of Texas Medical Branch
301 University Blvd - POB 35094
Galveston TX 77555
800/424-2575
409/747-7800
409/747-7813 (fax)
kellogg@beach.utmb.edu
http://www.mmlab.utmb.edu/mmlab

SUBJECT:

Maternal-Infant Health.

AUDIENCE:

Nurses and Other Healthcare
Professionals, Patients and Families of
Childbearing Ages.

DESCRIPTION:

Part of The Health Touch Series on maternal-infant health, this program provides a comprehensive resource on pregnancy and prenatal development of the newborn. Learners enter an interactive community clinic to gather information about pregnancy and health-related topics such as the impact of alcohol, drugs, and nutrition on the developing infant. This disc was primarily developed as an educational program for patients and their families but advanced level information was incorporated in hypertext style to make it useful for students and practicing healthcare professionals. Available in English and Spanish.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$69.95. Available April 1996.

Healthy Touch: Home "Safe" Home, The

CONTACT:

Island Products: Multimedia
University of Texas Medical Branch
301 University Blvd - POB 35094
Galveston TX 77555

800/424-2575

409/747-7800

409/747-7813 (fax)

kellogg@beach.utmb.edu

http://www.mmlab.utmb.edu/mmlab

SUBJECT:

Maternal-Infant Health.

AUDIENCE:

Nurses and Other Healthcare Professionals.

DESCRIPTION:

Part of The Healthy Touch Series on maternal-infant health, this title provides learners with information about safety-proofing their homes and preventing injuries in children ranging in age from newborn to adolescent.

The "open House" invites users to explore the seven rooms, garage, yard and all of the contents. The TV can be tuned to safety shows, the faucets work and the cabinets, closets, and drawers can be opened to uncover strategies for making the home a safer place. This disc was primarily developed as an educational program for patients and their families but advanced level information was incorporated in hypertext style to make the program useful for students and practicing healthcare professionals. Available in English or Spanish.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$69.95. Available April 1996.

Healthy Touch: Immunizations on Parade, The

CONTACT:

Island Products: Multimedia
University of Texas Medical Branch
301 University Blvd - POB 35094
Galveston TX 77555

800/424-2575

409/747-7800

409/747-7813 (fax)

kellogg@beach.utmb.edu

http://www.mmlab.utmb.edu/mmlab

SUBJECT:

Maternal-Infant Health.

AUDIENCE:

Nurses and Other Healthcare Professionals, Patients.

DESCRIPTION:

Part of The Healthy Touch Series on maternal-infant health, this program provides information on childhood and adult immunizations in a format that revolves around a circus theme. There are three modules: Immunizations and Records, Protection From Diseases, and a Quiz. A copy of a standard immunization form can be printed.

This disc was primarily developed as an educational program for patients and their families but advanced level information was incorporated in hypertext style to make the program useful for students and practicing healthcare professionals. Available in English and Spanish.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$69.95. Available April 1996.

Heart Chec Interactive 1.0

CONTACT:

Lori Kolander

Marketing Coordinator

Wellsource Inc

15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355

503/656-7446

503/650-0880 (fax)

SUBJECT:

Health Promotion, Risk Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This is a full-color program, much like a video game, that was designed to be visually attractive and encourage lifestyle changes. Quick and easy to operate, the program can be used with a minimum of supervision. Ideal for use at health fairs, waiting rooms, shopping malls and health/fitness facilities. The questions appearing on the screen take about 5 minutes to complete. The tabulated results are presented with sound and colorful graphics.

HARDWARE:

PC.

AVAILABILITY:

\$245 plus \$35 annual maintenance fee.

Heart, The Engine of Life

CONTACT:

Herb Sclar
CEO

UpData Publications

1736 Westwood Blvd
Los Angeles CA 90024

310/474-5900

310/474-0802 (fax)

SUBJECT:

Health Promotion, Human Anatomy.

AUDIENCE:

General Public.

DESCRIPTION:

Written by physicians for lay people, students and teachers, Heart, the Engine of Life is an animated color tutorial that interacts with the user while teaching, questioning, and testing. Children twelve or older can enjoy the cartoon character responses while adults gain enhanced knowledge of their body and the preventive steps necessary to keep them and their heart healthy. The colorful animation allows users to see the working parts and to almost feel the blood pulsing and the heart beating. A twenty-two page manual accompanies the disc. The product has very simple loading instructions and help menus, making it easy to use.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$99.

Heimlich Maneuver: How to Save a Choking/Drowning Victim

CONTACT:

Customer Service

AIMS Media

9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467

818/773-4300

818/341-6700 (fax)

SUBJECT:

Heimlich Maneuver.

AUDIENCE:

General Public.

DESCRIPTION:

This disc features Dr. Henry Heimlich himself and teaches how and when to use the maneuver, now the only recommended treatment for choking victims. It shows that children as young as five or six can learn to use the basic lifesaving technique. Dr. Heimlich explains what causes choking, gives six signs by which to recognize a victim of choking, and offers tips on how to avoid choking. Most near-drowning victims have substantial amounts of water in the lungs. Mouth-to-mouth resuscitation is ineffective when the airway is blocked. In this situation, the American Red Cross recommends use of the Heimlich Maneuver. Dr. Heimlich gives instruction in his simply-learned and simply-applied rescue technique. How and why to perform the maneuver are explained, and applications for a variety of rescue situations are demonstrated. Spanish and captioned editions also available.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Helper and Feeling Good with Herbs (1868)

CONTACT:

Customer Service

Software Labs

8700 148th Avenue NE
Redmond WA 98052

800/569-7900

206/869-6729

206/869-1503 (fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Helper is a self-hypnosis program that uses a combination of repetitive patterns, sounds and words (screen text) to help you reach a hypnotic state. Into the process, phrases from a suggestion template begin to appear and are implanted in your subconscious mind. You can create suggestion templates and save them for later use and set time limits. Feeling Good with Herbs provides an herbal help guide for 69 health conditions. Select conditions from a menu and any of 67 helpful herbs and vegetables are identified. When an herb is selected, conditions that may be helped are shown with guidelines for use.

HARDWARE:

PC w/CGA/EGA/VGA graphics.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Herbalist Multimedia CD-ROM, The

CONTACT:

Carol Dunn
Director of Marketing
Hopkins Technology
421 Hazel Lane
Hopkins MN 55343
800/397-9211
612/931-9376
612/931-9377 (fax)
pdunn@hopstechno.com
http://www.hopstechno.com

SUBJECT:

Herbal Medicines, Natural Medicine.

AUDIENCE:

Medicine, Nursing.

DESCRIPTION:

Introduces the skilled use of herbal medicines within a holistic perspective. Designed for all involved in health care, whether practitioner or patient. David L. Hoffman, author of the Holistic Herbal, brings his hands-on experience and wealth of detailed knowledge of holistic herbalism to the CD-ROM. David narrates a "Walk Through the Herb Garden" talking about each herb and its medicinal use. Also included are detailed information on Basic Principles of Herbalism, Human Systems, Herbal Actions and their Activity, and Materia Medica covering over 180 herbs. Beautiful color photos of herbs, medical and scientific citations, and herbal music are included. Full-text search.

HARDWARE:

Multimedia PC; Macintosh w/CD-ROM drive.

AVAILABILITY:

\$49.95.

Heroin and Human Physiology

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Over five million Americans have tried heroin at least once; a million and a half are regular users. Within five years of becoming addicted, one in six is dead. A physician-narrator describes the devastating effects of heroin on the body. These include infections and chronic abscesses, inflammation of the lymph glands, swelling of the hands, and tetanus. The film graphically illustrates how the drug inflicts its greatest damage on the brain, lungs, and heart. The effect of heroin on a pregnant woman's unborn child is also discussed. A major health concern today is the transmission of AIDS among intravenous heroin users. The film warns against the sharing of drug needles and shows some of the diseases contracted by people with AIDS. Depictions of heroin's effects on the body are interspersed with testimonials of recovering addicts who tell of their personal experiences with this deadly drug. Also available in Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Heroin: The Addict's Madness

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327

800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Heroin use is linked to 20 percent of our prison population. The addictive and deadly nature of heroin is described in this program. The manufacture of heroin from poppy plants to the streets is traced as well as the powerful effects the body suffers. The many risks of heroin use including overdose, addiction, death, infection, and transmitted diseases including HIV/AIDS are covered.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Home Medical Advisor Pro V5.0 for CD-ROM

CONTACT:

Stephen J. Schueler MD
President

Dr. Schueler's Health Informatics, I
1779 South Patrick Drive
Indian Harbor Bch FL 32937

800/788-2099

407/779-0310

407/777-0323 (fax)

esellers@iu.net

<http://www.w2com/pixelhomepage.ht>

SUBJECT:

Medical Reference, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

The Home Medical Advisor Pro contains symptom analysis, medical record keeping, drug interactions, and much more. Included is a library of more than 70 full motion videos demonstrating everything from brain surgery to infant CPR. Analyze your symptoms or access information on diseases, injuries, household poisons, medical tests, drugs, nutrition, and diets. Home Medical Advisor Pro includes Your Medical Records, which allows every family member to record 14 different types of medical histories that can be stored, updated, and printed in either a physician-style format or as a wallet-sized report for travel. HMA Pro features InteRact a new drug and food interaction analyzer. Enter in a customized list of medications, nicotine, caffeine, alcohol, or foods to produce a drug interaction report that can be exported to your printer. Reports up to 500,000 interactions. Creates custom Medical-Legal documents like "Living Will" and "Durable Power of Attorney."

HARDWARE:

Windows PC w/2x CD-ROM drive.

AVAILABILITY:

\$99.95 list.

Home Medical Advisor V4.0 for Windows (3.5" diskettes)

CONTACT:

Stephen J. Schueler MD
President

Dr. Schueler's Health Informatics, I
1779 South Patrick Drive
Indian Harbor Bch FL 32937

800/788-2099

407/779-0310

407/777-0323 (fax)

esellers@iu.net

<http://www.w2com/pixelhomepage.ht>

SUBJECT:

Medical Reference, Medical Records.

AUDIENCE:

General Public; Health Professionals;
Patient Education.

DESCRIPTION:

Doctor Schueler's Home Medical Advisor V 4.0 is an medical expert system which allows nonprofessionals to analyze symptoms, make diagnoses, and access updated medical information. Browse through the Home Medical Advisor's seven data modules containing the latest information on diseases, injuries, poisonings, medical diagnostic tests, drug information (side effects and drug interactions), nutrition information, vitamins, fitness, and special diets. Over 20,000 hypertext links allow the user to rapidly access related medical information and make important connections between symptoms, diseases, and their treatments. The 3,000 term on-line medical glossary gives instant definitions for over 20,000 color-coded words embedded in the data files.

HARDWARE:

PC w/VGA 640K RAM, 6MB hard disk space.

AVAILABILITY:

\$87.50 suggested retail; \$39.95 estimated street price for DOS or Windows version.

How Your Body Works

CONTACT:

Customer Service
Mindscape

60 Leveroni Court
Novato CA 94949

800/234-3088

415/883-3000

415/883-0293 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

General Public.

DESCRIPTION:

This program is an interactive encyclopedia of the human body. It provides a 3D journey through anatomical and physiological systems and is focused on the body's processes, not just the organs. This adventure in anatomy provides a detailed, animated 3D tour, complete with narration, music, audio, and text. Features include Fly-Throughs, full-motion video of leading medical experts, and straight-forward information on such topics as first aid, medications, and disorders.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

Lists for 69.95. \$47.95 street price.

**Human Anatomy: Rarey's
Interactive Manual of Human
Dissection**

CONTACT:

Ian Frank
Product Manager
Gold Standard Multimedia
235 South Main Street #206
Gainesville FL 32601
352/373-1100
352/373-7124 (fax)
sales@gsm.com
http://www.gsm.com

SUBJECT:

Human Anatomy, Dissection.

AUDIENCE:

Medical Students.

DESCRIPTION:

Human Anatomy is an interactive program designed to aid in the study of gross anatomy. The program comprises over 6,000 images of the human body in various stages of dissection, which students can view on a video monitor as they are led through a description of the procedure on a computer monitor. This courseware simulates traditional dissection by providing video images similar to the perspective seen when performing a cadaveric dissection in the laboratory. By enabling students to study dissection outside the lab, the program gives them the flexibility and the opportunity to study at their own pace.

HARDWARE:

Windows PC; Macintosh w/CD-ROM.
Videodisc version available.

AVAILABILITY:

\$99 for individual CD-ROM versions;
\$1,500 for interactive videodisc
versions (Mac/PC).

Human Body CD-ROM

CONTACT:

Laura Gassler
Educational Services
National Geographic Society
Box 98017
Washington DC 20090
800/368-2728
301/921-1330
301/921-1575 (fax)

SUBJECT:

Human Body, Reading Aid.

AUDIENCE:

Grades K-2.

DESCRIPTION:

Part of the Wonders of Learning CD-ROM Library. An interactive primary-level content reading program presents several books on CD-ROM. Narrators (many of them children themselves) read the words accompanied by background music and amusing sound effects. The books contain stunning color photographs and drawings...word and syllable pronunciations and explanations... and hundreds of interactive picture buttons that invite exploration. Covers Your Brain, The Senses, Your Bones and Muscles, Your Teeth, and Food for Your Body. Bilingual: English and Spanish.

HARDWARE:

Macintosh w/CD-ROM drive.

AVAILABILITY:

\$69.95.

**Human Body Series: Systems
Working Together**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

Students Grades 7-Adult, General
Public.

DESCRIPTION:

The trillions of cells that make up the human body depend for their well-being on complex interactions among the body's systems. This overview uses graphically designed animated diagrams to dramatically explain (with the help of microphotography and X-ray motion pictures) these marvelous, vital interactions. Dual soundtrack: English and Spanish. (15 minutes) 1980.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$145.

Human Body, The

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121
800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

General Public.

DESCRIPTION:

Explore the innermost parts of the human body and discover the secrets of human machinery. This multimedia encyclopedia provides detailed information about all parts of the body and their essential functions. The body can be explored by its organs and systems. Each section is illustrated with drawings, animations, photos, films, text, and narration. Includes search features, a glossary, anatomical drawings by Leonardo da Vinci, and more. Published by E.M.M.E. Interactive.

HARDWARE:

Windows PC; MPC w/CD-ROM.

AVAILABILITY:

\$34.99.

Human Body, The: Structure and Function

CONTACT:

Customer Service
Intellimation Library for Macintosh
PO Box 1922
Santa Barbara CA 93116
800/346-8355
805/968-2291
805/968-8899 (fax)

SUBJECT:

Human Anatomy.

AUDIENCE:

Grades 6-12 and College.

DESCRIPTION:

With this extensive visual tutorial, students can explore nine systems of the human body. A helpful study and self-testing tool, the student can access more and more specific information starting from the detailed, unlabeled illustrations of each system. Students will learn the names, structures, functions, and meanings of various parts of the human body. It's great supplement for basic biology, as well as for the studies of health and disease. Author: Jonathan Masters.

HARDWARE:

Macintosh w/1MB RAM and HyperCard 2.0.

AVAILABILITY:

\$39; \$169 for site license.

Human Brain, The (2nd Edition)/Nervous System, The (3rd Edition)

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604
800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Life Sciences, Human Body.

AUDIENCE:

Students grades 7 to College.

DESCRIPTION:

The first program (24 minutes) on this disc demonstrates the ways in which the brain functions, examining the findings that have emerged from studies of specific brain disorders. The second program (17 minutes) uses vivid color animation and rare micrographs of actual nerve cells to help viewers visualize how the nervous system controls and integrates specific bodily activities. The effects of alcohol, drugs, and caffeine on the nervous system are described.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

Human Circulatory System

CONTACT:

Ruth Haines
Customer Service
EME Corporation
PO Box 2805
Danbury CT 06813

800/848-2050
203/798-2050
203/798-9930 (fax)

SUBJECT:

Circulatory System.

AUDIENCE:

Junior and High School Students.

DESCRIPTION:

Color simulation traces the blood's path through the chambers of the heart, the lungs, and other parts of the body. Students follow and are quizzed on the entire circulation process. Clarifies functions of the arteries, capillaries, and veins. Includes quiz and worksheets.

HARDWARE:

PC; Macintosh.

AVAILABILITY:

\$49 PC; \$50 Macintosh.

Human Digestive System, The

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Human Digestive System.

AUDIENCE:

Students Grades 7-12.

DESCRIPTION:

All humans need energy to live and grow, and that energy comes from food. But food must be digested by the body so that all useful nutrients can be absorbed. With endoscopic pictures, diagrams, photomicrographs, and laboratory experiments, this program shows how the human digestive system works. It carefully documents the process from the time food passes down the esophagus to the stomach, concluding with the processing of undigested residue in the large intestine. 18 minutes.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$199.95

Human Sexuality Videodisc, The

CONTACT:

Customer Service
HRM Video
175 Tompkins Avenue
Pleasantville NY 10570

800/431-2050
914/769-6900
914/747-1744 (fax)

SUBJECT:

Health Promotion, Human Sexuality, Contraception, STDs, AIDS.

AUDIENCE:

Grades 7-College.

DESCRIPTION:

This disc organizes material into five Learning Units: Entering Adolescence; Relationships; Pressure; Pregnancy, Parenthood, and Contraception; and STDs and AIDS. Includes more than 250 choices of vignettes, animated graphics, fact frames, experts, interviews, and teen discussions. Detailed lesson plans provide a comprehensive sex education curriculum.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$389. Reference product number 952-LD.

I Am Joe's Heart

CONTACT:

Pyramid Film & Video

PO Box 1048
Santa Monica CA 90406

800/421-2304
310/828-7577
310/453-9083 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

Grades 4-Adult.

DESCRIPTION:

This videodisc contains the updated version of the original film "I Am Joe's Heart." Animation complements gripping dramatic sequences to teach students and adults alike how to care for their hearts and strengthen their cardiovascular systems. Narrated by Lloyd Bridges. By Randolph Wright. Bilingual: English and Spanish. 25 minutes. Comes with HyperCard Companion software that takes viewers on a guided, self-paced tutorial of Joe's Heart.

HARDWARE:

Any videodisc player. Macintosh required for accompanying software.

AVAILABILITY:

\$325.

I'm No Fool Series: I'm No Fool As A Pedestrian

CONTACT:

**Customer Service/Sales
Coronet/MTI Film & Video**

108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Safety.

AUDIENCE:

Grades K-6.

DESCRIPTION:

Jiminy Cricket delights young viewers with his introductory song. Live-action characters Gepetto and Pinocchio illustrate important techniques in becoming an "expert pedestrian," including stopping at the curb, looking both ways, responding to traffic signals, and being visible to drivers. 24 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

I'm No Fool Series: I'm No Fool on Wheels

CONTACT:

**Customer Service/Sales
Coronet/MTI Film & Video**

108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Health Promotion, Safety.

AUDIENCE:

Grades K-6.

DESCRIPTION:

An informative and interesting way to make safety on wheels fun for children. Using an effective mixture of live action and classic Disney animation, youngsters learn that having safe, colorful equipment and following the rules can make bicycling, skateboarding and roller skating more enjoyable. 13 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

I'm No Fool Series: I'm No Fool With A Bicycle

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:
Personal Safety.

AUDIENCE:
Grades K-6.

DESCRIPTION:
In the live-action portion of this popular safety program, Gepetto ensures that Pinocchio will ride his new bicycle safely. "The bicycle is a wonderful invention," chirps Jiminy Cricket in his inimitable style, "and it's even more wonderful if we know the right things to do with it." He enlists two young friends to illustrate safety pointers. 22 minutes.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$185.

I'm No Fool Series: In Unsafe Places

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:
Health Promotion, Safety.

AUDIENCE:
Grades K-6.

DESCRIPTION:
Join Jiminy Cricket, Pinocchio and Eliot, the Safety Elf, as they explore how to stay safe around crosswalks and near water. This fun-filled, humorous program helps young children recognize and avoid unsafe places. Live action, special effects and delightful classic Disney animation combine to deliver essential safety information about swimming pools, street corners and railroad crossings. Children will learn to think about safety first and become more aware of dangerous places, specific safety rules, how to make smart decisions and become responsible for their own safety. Children will also learn about other types of places which are not safe. Produced by Disney Educational Productions. 15 minutes.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$185.

IBIS: Interactive BodyMind Information System

CONTACT:

Customer Service
GAIA Multimedia Inc
POB 14641
Portland OR 97214

800/627-6851
503/228-6851
503/228-6904 (fax)
ibis@teleport.com
<http://www.amrta.org>

SUBJECT:
Complementary Medicine.

AUDIENCE:
Health Professionals.

DESCRIPTION:
IBIS is a medical database which reference 282 common medical conditions and offers treatments from more than twelve systems of conventional and natural therapies. Includes the following systems: endocrine, mental, immune, nervous, respiratory, cardiovascular, digestive, urinary, reproductive, musculoskeletal, and cutaneous. Therapy modalities include nutrition, botanical medicine, chinese medicine, acupuncture, homeopathy, physical medicine, vibrational therapy, and psychospiritual approaches.

HARDWARE:
PC; Macintosh.

AVAILABILITY:
\$895; \$695 student price.

**If I'm Lyin', I'm Dyin': A Story
About Smoking**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Health Promotion, Smoking.

AUDIENCE:

Grades 4-8.

DESCRIPTION:

When Danny tries to convince his friends that smoking is cool, he teaches young viewers that just the opposite is true. This program identifies and counters pro-smoking messages still common in the media, and offers teens a lesson in health and self-image. Throughout this engaging dramatization, teens learn myths about smoking, develop resistance skills, and discover the effects of smoking on the body.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

**Immune System: Your Magic Doctor,
The**

CONTACT:

Customer Service
Barr Media Group
12801 Schabarum Avenue/POB 7878
Irwindale CA 91706

800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

Physiology, Immune System.

AUDIENCE:

Grades 4-9.

DESCRIPTION:

This animated video illustrates how the immune system helps your body stay well, fight off diseases and heal from injuries. It discusses the different types of white blood cells and their functions. Shows that as a built-in "magic doctor," the immune system can take care of most things that go wrong with the body. But sometimes, even though the immune system is working properly, invading bacteria or viruses are just too strong and antibiotics or immunization are needed. Explains how the disease AIDS cripples part of the immune system. 20 1/2 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$90.

Immunization: You Call the Shots

CONTACT:

Mary Alice Willis
President
HealthSoft Inc
136 Park Lake Street
Orlando FL 32803

800/235-0882
407/648-4857
407/426-7440 (fax)

SUBJECT:

Tutorial, Simulation, Basic Principles of Immunization, Vaccines and Vaccine Preventable Diseases, Immunization Practice.

AUDIENCE:

Nursing Students, New Graduates, RNs in Practice, Anyone Who Administers Immunizations.

DESCRIPTION:

This comprehensive immunization education software was developed in cooperation with the Association of Teachers of Preventive Medicine and the American Nurses Association, with technical assistance and funding from the Centers for Disease Control and Prevention. Disk one includes a complete tutorial on immunization recommendations, vaccine-specific tutorials that include interactive scenarios to enhance immunization administration decision-making, a resource library, and the immunization schedule. Disk two is a simulation that allows the learner to make decisions for patient/client encounters that improve opportunities, demonstrate appropriate vaccine storage techniques, interpret and apply current immunization recommendations, practice using age-appropriate communication to decrease children's (and adults') distress during vaccination, observe for adverse events and intervene appropriately, and select and print immunization instructions for staff and clients.

HARDWARE:

DOS compatible PC (386 or above) with VGA color monitor; mouse optional.

AVAILABILITY:

Two-disk set: \$295.

Impotent Patient, The

CONTACT:

Tom Tumbry

Case Western Reserve University

10900 Euclid Avenue

Cleveland OH 44106

216/368-2168

216/368-3863 (fax)

SUBJECT:

Impotence, Human Sexuality.

AUDIENCE:

Medical Students and other Healthcare Professionals.

DESCRIPTION:

Since much can be learned from interviewing the impotent patient, the module centers upon sexual history taking. This skill is essential to all physicians, but is often not well taught during medical training. In addition, the module explores the normal anatomy, physiology, and psychology of male sexual arousal along with the various forms of impotence, the physical assessment of the impotent patient, and the modalities of treatment.

HARDWARE:

InfoWindow and compatible systems.

AVAILABILITY:

\$500 from CWRU.

Incredible Human Machine, The

CONTACT:

Laura Gassler

Educational Services

National Geographic Society

Box 98017

Washington DC 20090

800/368-2728

301/921-1330

301/921-1575 (fax)

SUBJECT:

Life Sciences, Human Body.

AUDIENCE:

General Public Grades 7-12.

DESCRIPTION:

This program explores how and why the human body works. Originally filmed in 1975 and shown on television. 52 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$24.20.

Infotouch Health Kiosk

CONTACT:

Marshall Weinreb

Sales/Marketing

Novare International

2808 McKinney Avenue #111

Dallas TX 75204

214/720-0700

214/788-2909 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-i program consists of 20 video and slide shows which educate the public about various ailments and advises how to treat simple problems of when to consult a physician. Currently installed in Kroger Drug Stores in Texas.

HARDWARE:

CD-i player.

AVAILABILITY:

Contact publisher.

Interact-Cases

CONTACT:

Ed Battle
Sales/Marketing
SimStar Inc.
13625 N. 90th Pl
Scottsdale AZ 85260

800/374-6008

800/374-6008

(fax)

simstar@aol.com

SUBJECT:

Orthodontic Patient Education.

AUDIENCE:

Orthodontic Patients.

DESCRIPTION:

Interact-Cases is a patient consultation product designed to demonstrate treatment results for a variety of orthodontic problems. Interact-Cases contains 150 real-life patients and their key orthodontic records, including facial photographs, intra-oral photographs, and X-rays, to demonstrate typical changes resulting from orthodontic treatment. In addition to the photographs, Interact-Cases uses the computer technique of "morphing" to generate movies showing the change from the Before condition to the After result.

HARDWARE:

CD-i player; Macintosh or PC w/CD-ROM drive.

AVAILABILITY:

Call for pricing.

Interact-Consult

CONTACT:

Ed Battle
Sales/Marketing
SimStar Inc.
13625 N. 90th Pl
Scottsdale AZ 85260

800/374-6008

800/374-6008

(fax)

simstar@aol.com

SUBJECT:

Orthodontic Patient Education.

AUDIENCE:

Orthodontic Patients.

DESCRIPTION:

This CD-i program is designed to be used by doctors and staff members to help explain proposed treatment modes for orthodontic patients. The disc contains 100 different treatment modules, including non-extraction, extraction, early treatment procedures, and surgery. Each module offers several choices of treatment techniques and appliances to help the patients understand the treatment plan they choose. Screens that deal with surgery use 'morphing' to gradually blend a pre-treatment picture of a patient into a post-treatment picture of the same patient, dramatically illustrating changes that occur in jaw and facial structure. Treatment modules consist of photographs, X-rays, illustrations, and 2D and 3D animation. Interact-Consult also allows doctors and their staff members to build their own patient presentations and save them for later use. Developed with Ormco corporation of Glendora, California.

HARDWARE:

CD-i player; Macintosh or PC w/CD-ROM player.

AVAILABILITY:

Call for pricing.

Interact-Intro

CONTACT:

Ed Battle
Sales/Marketing
SimStar Inc.
13625 N. 90th Pl
Scottsdale AZ 85260

800/374-6008

800/374-6008

(fax)

simstar@aol.com

SUBJECT:

Orthodontic Patient Education.

AUDIENCE:

Orthodontic Patients.

DESCRIPTION:

Interact-Intro is a patient education product designed to be used by pre-teen and teenage patients. Interact-Intro is designed to be used by patients without a staff member's assistance and includes several modules that cover basic orthodontic procedures. Interact-Intro informs and educates patients and prospective patients on general topics such as orthodontic for young adults, why people need braces, getting braces, and oral hygiene for people who wear braces.

HARDWARE:

CD-i player.

AVAILABILITY:

Call for pricing.

Interact-Surgery

CONTACT:

Ed Battle
Sales/Marketing
SimStar Inc.
13625 N. 90th Pl
Scottsdale AZ 85260

800/374-6008

800/374-6008

(fax)

simstar@aol.com

SUBJECT:

Orthodontic Patient Education,
Dentistry.

AUDIENCE:

Orthodontic Patients.

DESCRIPTION:

Interact-Surgery is a patient consultation product designed to educate patients about maxio-facial surgery and its benefits. By using the anatomically accurate 3D animations that are contained on the disc, the doctor can walk a patient through any of the 35 surgeries that are commonly performed by oral surgeons. In addition, the product contains educational segments on treatment options, such as surgery vs. non-surgery, and post-operative care. Interact-Surgery has a special emphasis on TMJ disorders and their treatment.

HARDWARE:

CD-i player. Macintosh or PC w/CD-ROM drive.

AVAILABILITY:

Call for pricing.

Interactive Atlas of Human Anatomy

CONTACT:

Debra Marchese
Product Specialist
CIBA Medical Education
556 Morris Avenue
Summit NJ 07901

800/631-1181

908/277-4571

(fax)

www.meded-ciba.com/Netter

SUBJECT:

Anatomy.

AUDIENCE:

Healthcare Students, Patients.

DESCRIPTION:

This program is based on Dr. Netter's Atlas of Human Anatomy. It allows users to search for plates by body region, organ system, and key word as well as create personal study guides and use built-in tests. Plates also may be printed for use in patient education.

HARDWARE:

PC; Windows PC; Macintosh w/CD-ROM.

AVAILABILITY:

\$99.95. Call for institutional price.

Introduction to Psychoactive Drugs

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607

913/441-1868

913/441-2119 (fax)

SUBJECT:

Health Promotion, Substance Abuse,
Psychoactive Drugs.

AUDIENCE:

Grades 5-12.

DESCRIPTION:

Explains the physiology of drug actions and promotes protective factors such as self-esteem, using positive alternatives, respect for the law, and avoiding risky situations.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Jane Fonda Workout

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

There are three videodiscs in the Fonda series: the Jane Fonda Workout, Jane Fonda Prime Time Workout, and Jane Fonda Challenge. Each is a two-sided, Level I videodisc geared for home audiences that lead the viewer through various aerobic exercise programs to the beat of popular music.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Jazzercise

CONTACT:

Optical Programming Associates
70 Universal City Plaza
Universal City CA 91608
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This two-sided, Level I videodisc is geared for home audiences. Instructor Judi Sheppard Missett guides the viewer through an aerobic fitness routine that's tailored to individual needs. The exercise routines are set to popular music.

HARDWARE:

Any videodisc player.

AVAILABILITY:

May be purchased for \$24.95 from many consumer videodisc vendors or from LaserDisc Corporation of America.

Jim Fixx on Running

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This one-sided, Level I videodisc is geared for home audiences. Runner Jim Fixx explains how to run, how fast to run, what to wear when running, and many other special tips from his best selling book.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Joy of Relaxation

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810

800/322-2285
(fax)

SUBJECT:

Health Promotion, Stress Management.

AUDIENCE:

General Public.

DESCRIPTION:

Two relaxation routines are offered by Dr. Art Ulene. One is practiced indoors, the other is done outdoors in any relaxing environment. Both combine meditation, autogenics, visualizations, simple yoga exercises, and breathing. The videodisc is accompanied by questionnaires which can be used as pre-test and post-tests. One audio track provides detailed instructions, while the second audio track gives simplified instructions for repeated viewing.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc vendors or from Pioneer LDCA.

Joy of Sex, The

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121

800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

Adult Sexuality.

AUDIENCE:

General Public.

DESCRIPTION:

A wise, entertaining and uninhibited guide to lovemaking. Contains a combination of video, illustrations, commentary, and music to provide a balance between the need for responsible attitudes and healthy sexuality. Published by Philips Media.

HARDWARE:

Macintosh, Windows PC w/CD-ROM.

AVAILABILITY:

\$49.95.

Kathy Smith's Fat Burning System

CONTACT:

Customer Service
Compton's NewMedia
2320 Camino Vida Roble
Carlsbad CA 92009

617/494-1200
(fax)

SUBJECT:

Physical Fitness, Exercise, Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

Based on Kathy Smith's books, audio, and video tapes, this multimedia title provides a breakdown of the material that enables quick access to specific information on nutrition and exercise.

HARDWARE:

Macintosh w/CD-ROM drive or PC w/CD-ROM, Windows.

AVAILABILITY:

Lists for 69.95. Available in Retail Stores.x

Kathy Smith's Personal Trainer

CONTACT:

Customer Service
Philips Media Electronic Publishing
10960 WILSHIRE BLVD #700
Los Angeles CA 90024

310/444-6600
310/479-5937 (fax)

SUBJECT:

Exercise, Fitness, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

A work-out disc with Kathy Smith. The program begins with a fitness assessment where users input specific information about their personal fitness levels and identify their fitness goals. The trainer then provides a customized workout for the individual on that day.

HARDWARE:

CD-i.

AVAILABILITY:

Contact Publisher for availability.

Key Healthy Indulgences

CONTACT:

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142

800/227-5609
770/420-1150 (fax)

SUBJECT:

Nutrition, Weight Control.

AUDIENCE:

General Public.

DESCRIPTION:

Learn to prepare the elegant, lowfat dishes featured on the Public Broadcasting television series, Lynn Fischer's Healthy Indulgences. Key Health Indulgences includes 260 lowfat recipes and video instruction on lowfat cooking techniques. Enjoy culinary delights like Pecan-Crusted Turkey Fillets, Cheddar Scalloped Potatoes and Chocolate Cookie Open-Faced Ice Cream Sandwiches.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$29.95 from retail outlets.

Kidney Functions

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Human Circulatory System, Kidney.

AUDIENCE:

Students Grades 7-12.

DESCRIPTION:

The body is able to remove useless or potentially harmful waste materials by filtering blood through the kidneys. This program explains the process showing how the network of blood vessels in a frog's kidneys works to extract waste material. Microphotography traces the progress of harmless blue pigment as it is filtered through the kidney's blood vessels, then carried away by the ureter to the bladder. 5 minutes.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$199.95, includes program "Circulation of the Blood" on same disc.

**Kids on the Block: Stephen's Secret
(A Program About Child Physical
Abuse)**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Child Abuse, Mental Health,
Counseling.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

This program uses puppet characters to relate the story of a boy who overcame his reluctance to tell about his abuse and finds help for his family. Viewers will begin to understand why children afraid to tell, discover that children often blame themselves for the abuse, and that children commonly confuse abuse with normal parental discipline. Based on the Kids On The Block Puppet Program created by Barbara Aiello. (25 minutes) 1990.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

**Kids on the Block: Turning Over a
New Leaf**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Drug Abuse, Health Promotion.

AUDIENCE:

Students Grades 4-6, General Public.

DESCRIPTION:

This program demonstrates both the consequences of drug abuse and the decision-making process by which young people make informed choices. Puppet characters relate the story of a boy's return to his old neighborhood after his release from a drug rehabilitation program. Viewers will relate to the emotions of a teenager faced with pressure to return to drugs. They see the games and strategies used by dealers, and learn how friends and parents can act as "enablers" by ignoring or denying the problem. (23 minutes) 1990.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Knowledge Disc

CONTACT:

Ed Battle
Sales/Marketing
SimStar Inc.
13625 N. 90th Pl
Scottsdale AZ 85260
800/374-6008
800/374-6008
(fax)
simstar@aol.com

SUBJECT:

Dental Implant Patient Education.

AUDIENCE:

Dental Patients.

DESCRIPTION:

Knowledge Disc provides educational information to patients considering the dental implant procedure. The program reviews the common reasons for getting dental implants, how the procedure is done, and the available alternative treatments. By using this disc, the patient will be able to knowledgeably make a decision about entering into dental implant treatment. The narration for Knowledge Disc can be selected by the user to be in either English or Spanish.

HARDWARE:

CD-i player.

AVAILABILITY:

Call for pricing.

**Lamaze Method: Techniques for
Childbirth Preparation**

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:
Childbirth.

AUDIENCE:
General Public.

DESCRIPTION:

This two-sided, Level I videodisc is geared for home audiences. The program introduces the viewer to the childbirth technique introduced in 1951 by Fernand Lamaze. Hosted by Patty Duke Astin, the program presents the concept of mind over pain and relaxation, breathing, and expulsion techniques.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Leaner (9122)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:
Health Promotion, Weight Control.

AUDIENCE:
General Public.

DESCRIPTION:

Tired of living life in the fat lane? Leaner is a collection of behavioral modification strategies that turn your PC into a motivational tool for weight control. Leaner calculates exactly your lean body mass, percentage of body fat, and from these results, a healthy target weight. This multi-featured program will monitor and help you change your food behavior, generate a cardiovascular risk profile based on habits and lifestyle, and assess the levels of depression and anxiety in your life. Everyone knows that good health intentions can burn out all too soon, but Leaner keeps the fire going by graphing, reporting, charting, and reviewing your progress. New version adds: more exercises and can define your own aerobic activity. Requires a 720 or larger high-density floppy drive or a hard disk.

HARDWARE:
PC.

AVAILABILITY:
Shareware available for \$3.79 per disk.

Learning All About Dissection

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:
Dissection, Anatomy.

AUDIENCE:
Grades 7-12.

DESCRIPTION:

This multimedia program provides an introduction to animal dissection procedures and an overview of dissection as a scientific tool. Color photographs of dissections are presented of the earthworm, crayfish, fish, frog, and fetal pig. Includes habitat, skeleton, sense organs, brain, appendages, means of locomotion, digestion, circulation, and reproduction.

HARDWARE:
Macintosh w/CD-ROM or Multimedia PC.

AVAILABILITY:
\$95.

Learning to Be Assertive: Advanced Skills

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:
Mental Health.

AUDIENCE:
Grades 7-Adult.

DESCRIPTION:
Based on Dr. Manuel J. Smith's book Yes I Can Say No, this program shows young people how to turn difficult situations into positive experiences. First, basic assertive skills are reviewed. Through dramatizations, teenagers are shown how to handle important issues. Each scenario is played through twice, demonstrating first negative, then positive outcomes. Teenagers are also shown how to handle people who try to manipulate them through embarrassment or flattery. A Pan-Imago Production. 21 minutes. Bilingual: English/Spanish.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$299.95.

Learning to be Assertive: The Basic Skills

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:
Health Promotion, Mental Health.

AUDIENCE:
Middle, High School, and College Students.

DESCRIPTION:
Based on the book "Yes I Can Say No," by Manuel J. Smith PhD, this program dramatizes a number of situations typical of problems adolescents and teenagers face with peers, siblings, and parents. A new assertive skill is taught, and each situation is then reenacted showing how to apply the skill effectively. The assertive skills taught in this program will help young people develop self-confidence and build self-esteem. The skills will give them the ability to remain calm and in control during difficult situations, and prepare them for accepting responsibility for their actions so they can't be manipulated by others.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$299.95.

Less Stress (Second Edition)

CONTACT:
Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:
Stress Reduction.

AUDIENCE:
Students Grades 4-7.

DESCRIPTION:
This disc presents dramatic stressful episodes common to many young people, including: the girl who is paralyzed by the feared exam; the young boy who can't study in the noisy home environment; the brother and sister angry about conflicting wants; the boy who is badgered by friends to do something he believes is wrong; the boy with an alcoholic parent. Barcodes let teachers illustrate stressful situations most applicable to their audience's needs. (14 minutes)

HARDWARE:
Any videodisc player; Barcode reader optional.

AVAILABILITY:
\$99.95.

Life & Death

CONTACT:

Customer Service
Mindscape
60 Leveroni Court
Novato CA 94949

800/234-3088
415/883-3000
415/883-0293 (fax)

SUBJECT:

Surgical Simulation Game.

AUDIENCE:

General Public.

DESCRIPTION:

In this re-creation of the tension-filled atmosphere of a bustling medical center, the student will become a powerful surgeon. Users will talk with the patient, read charts, order x-rays, ultrasound, blood tests and other lab work, because when the time comes they will have to pick up the knife. In the operating room, students' skill with the scalpel while monitoring on-screen EKG, pulse, blood pressure and other vital signs will determine whether the patient goes to recovery or the morgue.

HARDWARE:

PC; Macintosh.

AVAILABILITY:

\$24.95 from The Software Toolworks or computer software distributors. Discounts available.

Life & Death II: The Brain

CONTACT:

Customer Service
Mindscape
60 Leveroni Court
Novato CA 94949

800/234-3088
415/883-3000
415/883-0293 (fax)

SUBJECT:

Neurosurgery Simulation Game.

AUDIENCE:

General Public.

DESCRIPTION:

Equipped with the latest in high-tech equipment, including Magnetic Resonance Imaging, CAT scanner and Ultrasound, the student must diagnose and treat extraordinary cases of neurological dysfunction. And when the time comes to operate, students must pick up the knife, the drill and the bone saw and delve into the mysterious depths of the human brain. In Life & Death II, students enter a new, larger medical center with more rooms and more characters enhance this already unique experience. Expanded classroom features allow users to learn the intricacies of neurosurgery before operating on patients. Stunning, full-color graphics and digitized sound technology bring Toolworks General to life on the computer screen.

HARDWARE:

PC.

AVAILABILITY:

\$24.95 from The Software Toolworks or a computer software distributor. Discounts available.

Life Challenge

CONTACT:

Rosalind Thomas
Bureau of Community Relations
New York State Dept of Health
Rm 1084 Corning Tower - ESP
Albany NY 12237

518/474-5370
518/486-2361 (fax)
rpt01@health.state.ny.us

SUBJECT:

HIV/AIDS Risk Reduction, Decision-Making.

AUDIENCE:

High-Risk Adolescents, Primarily in Out-Of-School Settings.

DESCRIPTION:

Life Challenge borrows the theme of time travel from the popular television and cinema shows such as Quantum Leap and Back to the Future. The user is dropped into various sexual risk situations in such places as a medieval castle, a planet in the future and a Tarzan and Jane-like jungle. A unique feature is its ability to use the player's voice and play it back again (voice capture and playback) in other parts of the program. Using this feature, players respond to partners as they would in real-life situations. The user must turn down sex, ask a partner to use a condom or protective latex barrier and negotiate with a resistant partner. They hear their lines played back and can try again if their first response is not convincing. In addition to sexual negotiation skills, Life Challenge also contains tutorials on condoms and condom use, other latex barriers, HIV counseling and testing and resources for individuals who are infected with HIV.

HARDWARE:

Macintosh w/55MB free disk space and CD-ROM drive, Internal microphone or macrecorder, Audio mixer.

AVAILABILITY:

This game is housed in kiosks which are delivered in New York to sites serving high-risk youth. For more information, contact Ms. Thomas.

Life Form: Personal Health Management

CONTACT:

Sam Peterson
Customer Service
Fitnessoft Inc
11 East 200 North #204
Orem UT 84057

801/221-7777
801/221-7707 (fax)

SUBJECT:

Health Management, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Life Form turns your computer into a form for tracking anything having to do with your health and fitness. It helps you watch your weight and nutrition, get into shape, keep family medical history, chart your progress, and more.

HARDWARE:

Windows PC.

AVAILABILITY:

\$49.95 from retail stores.

Life of a Red Blood Cell (Revised), The

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Biology, Blood Cells.

AUDIENCE:

Grades 3-8.

DESCRIPTION:

This humorous animated program introduces children to the circulatory system as a new red blood cell is made in the bone marrow and joins others in a vein. The red blood cell makes its first passage through the heart to the lungs where it takes up oxygen to be delivered to the body. As it travels through an artery, it narrowly misses being taken with other cells for a blood donation to the Red Cross, and is later rescued by white blood cells from an attack by invading germs. Finally, the red blood cell realizes that everything it has gone through has to be experienced again and again because of the cyclic nature of the blood system. Authors: Bruno and Tony Annetta. 10 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Life Science Sides 1-4: Molecular, Cell, Human, Plant and Animal Biology.

CONTACT:

Customer Service
Optical Data Corporation
30 Technology Drive - Box 4919
Warren NJ 07059

800/524-2481
908/668-0022
908/668-1322 (fax)

SUBJECT:

Life Sciences.

AUDIENCE:

Secondary and College-Level Students.

DESCRIPTION:

This two-disc set offers a complete survey of Life Science/Biology for secondary and college level. Contains more than 2,700 slides, including 1,000 of Oxford Scientific's best photographs, a 650-term glossary, 150 diagrams and 164 movie clips, narrated in both English and Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$1,243.75 list; \$995 to schools.

Life Science Sides 9-13: The Human Body

CONTACT:

Customer Service
Optical Data Corporation
30 Technology Drive - Box 4919
Warren NJ 07059
800/524-2481
908/668-0022
908/668-1322 (fax)

SUBJECT:

Anatomy & Physiology.

AUDIENCE:

High School and College-Level Students.

DESCRIPTION:

Three videodisc (five videodisc sides) contain more than 1,000 still images and 140 minutes of moving video, including 3-D animations, to allow students to examine the human body as a whole and in minute detail. Photographs of dissected organs and body systems are complemented by artistic renderings that add clarity and detail. Images include micrographs, MRI, CT, endoscopy, and films of medical procedures such as knee-replacement and cataract removal surgery. Barcoded lesson plans are organized around the fundamental human body systems, including the muscular, digestive, skeletal and reproductive systems. Macintosh and Apple IIGS software allows educators to create custom presentations and lessons.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$1,243.75 list; \$995 to schools.

Life's Greatest Mysteries

CONTACT:

Patty Crawford
Education Marketing Div
A.D.A.M. Software
1600 RiverEdge Pkwy #800
Atlanta GA 30328
800/755-ADAM
770/980-0888
770/955-3088 (fax)
www.adam.com

SUBJECT:

Health Education.

AUDIENCE:

General public.

DESCRIPTION:

Ever wonder why you can remember some things longer than others, or why you get goose bumps, or why your hair turns gray when you get older? These and other mysteries of the human body are all revealed to you in this educational and entertaining program for the whole family. Answers some of life's most intriguing questions-- everything from "What makes our heartbeat?" and "Is there a cure for hiccups?" to more serious issues like "What is cancer?" and "What causes Alzheimer's?"

HARDWARE:

PC Windows/Macintosh w/CD-ROM.

AVAILABILITY:

\$39.95 street price.

LifeGuard 3.1

CONTACT:

Jim McCreight
Customer Service
Graphic Media
411 SW 2nd Avenue
Portland OR 97204
800/845-2439 x338
503/223-2262
503/242-3587 (fax)
jmccreight@graphicmedia.com
http://www.graphicmedia.com

SUBJECT:

Health Promotion, Ergonomic Training.

AUDIENCE:

Computer Workers.

DESCRIPTION:

This program provides instruction on ergonomic issues as well as signals when an employee has been at a computer-related task too long. LifeGuard contains ergonomic diagrams to help keep chairs and workstations properly adjusted, in addition to illustrated stretches and simple exercises based on research by major corporations and health experts. An audible signal or dialog box reminds users when to rotate to another task or to monitor their posture and perform an exercise.

HARDWARE:

PC, Windows PC, Macintosh.

AVAILABILITY:

\$79.95 single user sold on site license basis.

LifeMoves: The Process of Recovery

CONTACT:

Kerri Howell
Multimedia Studio
American Inst for Learning
422 Congress Avenue
Austin TX 78701

512/472-3238
512/472-1189 (fax)

SUBJECT:

Recovery Process from Chemical
Dependency; Drug and Alcohol Abuse.

AUDIENCE:

Students Grades 6-12.

DESCRIPTION:

This program assists learners in understanding the process of recovery from chemical dependency. Viewers will see dramatic video vignettes following three characters' lives and their steps toward recovery. A better understanding of recovery is achieved by answering questions about the stories, viewing the outlined steps of recovery, and looking at real life experiences. By using this program learners will come away with a better understanding of the steps involved in the recovery process.

HARDWARE:

Mac II/PC w/VideoLogic DVA-4000 board, Sony videodisc player; Two-screen Mac. Any Mac or PC w/CD-ROM drive.

AVAILABILITY:

\$595 for both LifeMoves and Adiction and Its Processes, Laserdisc version.
\$199 for both, CD-ROM version.

LifeSaver

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121

800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

First Aid, Emergency Medicine.

AUDIENCE:

General Public.

DESCRIPTION:

A complete First Aid Course on CD-ROM. The material is presented in multimedia format with video clips, narration, color pictures, and "hot text" with links to different areas of the course. LifeSaver has been prepared by a team of physicians working in US hospitals, and much of the video material was obtained during real-life emergencies. Published by Media Design Interactive, Hampshire, UK.

HARDWARE:

Macintosh or PC w/4MB RAM and CD-ROM drive.

AVAILABILITY:

\$79.95

Living Body, The: A New Life

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543

800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program looks at the events that lead from the fertilized cell to a human baby. Using film of living fetuses in the womb, it explains how the familiar human shape is "sculpted" out of the basic cell mass, what controls the timing of the various stages of fetal development, and what life is like for a fetus. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Accident

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

The body is like a self-supporting hospital, able to deal on its own with wounds, bacterial invasions, fractures, and obstructions to its various passages. This program follows the sequence of events over seconds or weeks when skin or bone is damaged, and shows the defensive reactions of blood clotting, fever, and mending bone fracture. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Aging

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program covers the physical process of aging, examining the various body systems to see how and why they change as they age. It also shows that not all the changes in older people are inevitable and that some changes in the aging body can be slowed down or reversed. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Breakdown

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

A family sits down to lunch. As the first morsel is put into the mouth, the camera watches from inside as the molars clamp down and the process of breakdown and transformation occurs. It follows the food through the entire alimentary tract, showing how it is dissolved in acid, how the liver and gall bladder work, and how digestion and absorption work. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Breath of Life

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543

800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program explains why the body needs regular supplies of air and how it gets them. The camera follows the process of breathing through the ultra-thin membrane of the lungs into the blood, showing how the varying demand for oxygen is met by the exchange of information between the brain and the chest muscles and how the body rids itself of carbon dioxide. 27 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Coming Together

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543

800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Attraction, desire, and sexual coupling lead to conception. This program covers the physiological events that underlie the process of reproduction. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Decision

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543

800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program shows how the brain organizes input and output to make a simple but life saving decision--how the cortex assesses incoming information, sends outgoing messages to the muscles and stores maps of the world and the body; how circuits of nerve cells operate in the brain, how individual nerve cells function. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Design for Living

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

The final program recapitulates and reviews the principal messages of the curriculum as it summarizes the functions and designs of the body's major systems and organs and the methods by which they interact. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Dream Voyage

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

What happens to the body during sleep? This program explores the mystery of REM sleep, shows a computer display of the waves that sweep across the brain during sleep, and presents extraordinary footage of a cat "acting out" its dreams. The analogy of sleep to a ship on an automatic pilot graphically illustrates how some functions must, and do, continue while the conscious brain is asleep. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Eating to Live

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program looks at appetite and hunger, and, in some of the most dramatic interior film of the series, shows the actions of a salivary gland, the swallowing reflex, and the powerful churning of the stomach as food is broken down and processed. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Eyes and Ears

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program is devoted to the senses that bring information of more distant events. The camera shows a reckless driver careening down a road--and then takes the viewer inside his eye, where the image of the potential crash sight is pictured. The camera enters the ear, showing how the linked bones vibrate in response to a sound, and a computer graphic sequence shows how the eye focuses on an image. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Growth and Change

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program uses the fascinating setting of a circus to provide the analogy for growth. A magician creating the illusion of multiplying balls introduces microphotography showing how cells divide and multiply. The program shows how bones are continually being built and destroyed, and, in a spectacular sequence of time-lapse photography, actually captures a tooth growing--from the moment it first peeps out of the gum until it falls out. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Hot and Cold

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Using the extremes of temperature that occur in a day's skiing, this program shows the range of mechanisms through which the human body maintains a steady internal temperature and protects its vital organs: shivering, hair erection, and rerouting of blood supplies to conserve heat; increased blood flow to the body surface, sweating, and panting to lose heat. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Internal Defenses

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program deals with events when the entire body is under attack--when bacteria or viruses invade the whole system. It shows the roles of the spleen, the lymphatic system and the white blood cells, and explains the body's production of antibodies. With the common cold as the main example, it demonstrates the sequence from viral attack to recovery. 28 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Into the World

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program covers the tumultuous events of birth, using fetoscopy and specially constructed models to show what happens from the baby's viewpoint. It also shows the physiological events immediately following the birth: the almost instantaneous transformation of the heart from one pump to two, and the baby's first sucking movement, and the establishment of the mother-child relationship. 28 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Landscapes and Interiors

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students, Medical Professionals.

DESCRIPTION:

An introduction to human biology--the subject of that most fascinating human study, ourselves. The program shows a wide range of human activities, and how the body enables us to live in diverse climates and perform diverse activities. Extraordinary close-up filming over the body's exterior and in its interior causes surface differences to fade away and enables viewers to see the immensely complex and interactive systems that constitute the living body. 27 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Life Under Pressure

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program follows the journey of a red blood cell around the circulatory system to demonstrate the efficiency and elegance of the design that delivers oxygen and food to all parts of the body and removes wastes before they can do harm. It shows how the veins and arteries are structured to perform their tasks: muscular arteries to transmit the force of the heart beat, veins with valves to ensure the blood's return to the heart. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Messengers

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

The delicate interplay of hormones is responsible for all the events of reproduction. How many other body processes are controlled and coordinated by these chemical messengers becomes apparent in this program, which follows the role hormones play in response to a sudden emergency: the "fight or flight" reaction. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Moving Parts

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program shows how the cerebellum coordinates muscle activity and how position sensors in the muscles and joints and the balancing mechanism of the inner ear function. The motions of a waterskier show how muscles, joints, and organs link up. The role of joints is explained, and film of the interior of a human knee shows clearly how lubricating fluid is produced. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Muscle Power

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program demonstrates, on a microscopic level, what happens when a kung fu master is at work; how muscles work, how two types of muscle cells telescoping against each other produce enormous strength as they work in large numbers, and how muscles of the heart and digestive tract move without conscious direction. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Nerves at Work

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program looks at nerve signals and how they are transmitted--at the part played by nerve messages in reflex activities and at the chemical and electrical activities of networks of nerve cells in contact. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Our Talented Brain

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program explores the neural structure of the human brain, our physiological brain capacity and our use of memory and symbols. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Shares in the Future

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This, the first of four programs on reproduction and birth, looks at how the male and female bodies are prepared for their task of increasing the human population. The program shows the characteristics of sperm and ova and how each sex cell contains a partial blueprint for future offspring. The mechanism of cell division is shown through exceptional microphotography; and the mechanisms of heredity are carefully described. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Skin Deep

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This, the first of two programs on the senses, looks at the sense receptors that depend on contact with the immediate world: taste buds, touch sensors, and olfactory cells. These receptors also sense heat, pain, and pressure. The complex world just beneath the skin is recreated with realistic models, showing events like the pulling of a hair from the viewpoint of the root. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Two Hearts That Beat as One

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program describes the structure and functioning of the heart. It analyzes the three basic components of the heart--muscle, valves, and pacemaker--and shows how each one contributes to the demands of daily life. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living Body, The: Water!

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program shows the crucial part water plays in the body's functioning and the system for keeping it in balance. Drinking, sweating, and breathing are covered. The urinary tract is analyzed in detail, with particular attention to the functioning of the kidneys. 26 minutes, color.

HARDWARE:

Any videodisc player. Barcode reader optional.

AVAILABILITY:

\$129; \$2,995 for set of 26 programs.

Living HeartSmart Will Do It

CONTACT:

Joan Carol
Customer Service
Right On Programs
755 New York Avenue
Huntington NY 11743
516/424-7777
516/424-7207 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

Grades 1-9.

DESCRIPTION:

We all know people who really seem to have it "all together." What they really have developed is a sense of self worth and self determination. They know that they really are what they eat as well as how they act, speak and think. They have learned that everything counts... everything they eat and do is reflected in how they feel and what they accomplish and become. We hear story after story about adults who have literally turned their lives around with a change in mental outlook, diet, and exercise. This program introduces the concept that they are the key to their own futures and can make choices from the very beginning that will move them toward whatever goals they choose.

HARDWARE:

PC.

AVAILABILITY:

\$39.

Look Before You Eat (Second Edition)

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Nutrition.

AUDIENCE:

Children Grades 7-12.

DESCRIPTION:

A humorous but practical look at our eating habits and current dietary guidelines, emphasizing the need to consume less salt, sugar and fat, and more calcium. April and her high school friends evaluate their own dietary choices, and then try to navigate a healthier course through a sea of advertising, prepared foods and fast food restaurants. Additionally, the disc: 1) explores the role that advertising and brand names play in determining what foods are available, 2) shows how to calculate the percentage of calories from fat in a food and gives the disc user several examples to solve, and 3) motivates viewers to access their eating habits and to make informed choices for better nutrition. 24 minutes.

HARDWARE:

Any videodisc player; barcode reader optional.

AVAILABILITY:

\$99.95.

Loving For A Lifetime

CONTACT:

Anne van Ogtrop
International Marketing
Valkieser Group BV
's-Gravelandseweg 80a
1217 EW Hilversum THE NETHER
+31 35 714444
31 35 714445 (fax)

SUBJECT:

Sex Education and Guidance.

AUDIENCE:

Adults.

DESCRIPTION:

This CD-i title provides sex education for adults. Featuring full-motion digital video, this disc helps people with sexual problems. Two experts guide the users through the program.

HARDWARE:

CD-i player.

AVAILABILITY:

\$60.

Lung Function 2.0

CONTACT:

Lori Kolander
Marketing Cordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015
800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Pulmonary
Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This is a pulmonary function testing program for use in medical clinics, industry, fitness assessment programs, and smoking cessation clinics. It computes lung values for comparison with norms, and teaches how to keep one's lungs in good health. A spirometer is required. Test results are entered; measurements taken include vital capacity, time volume (FEV 1), and mid flow (FEF 25-75). Predicted values and percent of predicted values are calculated. Explanations of tests and norms are followed by recommendations for maintaining lung health.

HARDWARE:

PC.

AVAILABILITY:

\$150 plus \$35 annual maintenance fee.

Lyme Disease

CONTACT:

Rosalind Thomas
Bureau of Community Relations
New York State Dept of Health
Rm 1084 Corning Tower - ESP
Albany NY 12237
518/474-5370
518/486-2361 (fax)
rpt01@health.state.ny.us

SUBJECT:

Health Promotion, Lyme Disease.

AUDIENCE:

General Public.

DESCRIPTION:

This interactive computer kiosk about Lyme disease brings information to the public in community settings like libraries and museums. Some of the topics and concerns users may investigate are: 1) the life cycle of the deer tick that transmits Lyme disease, 2) how humans and animals are affected, 3) preventing infection, and 4) removing deer ticks. The display also contains statewide and regionally tailored information on Lyme disease in New York. Using the trackball to navigate through all the information is as easy as playing a video game--users don't need any computer skills, and they're never more than two button pushes away from any level of information. A casual browser can complete the entire program in approximately twenty minutes.

HARDWARE:

Macintosh LC or better w/5MB RAM.

AVAILABILITY:

Free to educational and human service agencies in NY state. Out-of-state may download from on-line services. For further information, write Dr. Dennis White, Tickborne Disease Institute, NYSDOH, Rm 672 Corning Tower, ESP, Albany NY 12237.

MacDiet Academic Version 4.2**CONTACT:**

Customer Service
Intellimation Library for Macintosh
PO Box 1922
Santa Barbara CA 93116

800/346-8355
805/968-2291
805/968-8899 (fax)

SUBJECT:

Nutrition.

AUDIENCE:

Students.

DESCRIPTION:

MacDiet allows students to discover for themselves how diet affects human energy levels. Personal data including age, height, weight, and more, is entered by the student, along with specific meal intakes and physical activities. MacDiet then allows the student to generate seven reports for analysis, including Nutrient Prescription Comparison, RDA Comparison, Food Group Totals, Dietary Goals, Nutrients by Meal, Nutrient Contribution by Food Group, and Energy and Weight Balance. With MacDiet, you can: teach dietary principles without the using food tables, allow students to easily compare actual results with target diet plans, enter food intake and specific physical activities, such as time spent swimming, jogging, walking, cycling, and more, store up to 7 days of menu data. In addition, MacDiet contains a database of over 2,500 foods and 24 nutrients, including fast food. Author: Shortie McKinney, Drexel University.

HARDWARE:

Macintosh w/7MB RAM.

AVAILABILITY:

\$99, \$519 site license, \$23 student version. A School version for grades 7-12 also is available for \$89; \$419 site license.

MacExercise**CONTACT:**

Customer Service
Intellimation Library for Macintosh
PO Box 1922
Santa Barbara CA 93116

800/346-8355
805/968-2291
805/968-8899 (fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

Grades 7-College.

DESCRIPTION:

Would you like to know how many calories you use for each of your daily physical activities such as sleeping, walking, running, cycling, and swimming? Enter the time spent on each activity, as well as your age, height, weight, and gender, and MacExercise will calculate the calories burned. The program also determines the impact exercise will have on you weight. Will adding 30 minutes of brisk walking daily result in the loss of 10 pounds? MacExercise shows you graphically. An excellent program for students in health-related courses interested in tracking the benefits of exercise or determining how specific exercises can impact weight control.

HARDWARE:

Macintosh.

AVAILABILITY:

\$29; \$119 site license.

Macintosh DINE Healthy**CONTACT:**

Tim Sobolewski
Dir Sales & Marketing
DINE Systems Inc
586 North French Road #2
Amherst NY 14228

716/688-2400
716/688-2505 (fax)

SUBJECT:

Nutrition, Fitness.

AUDIENCE:

General Public.

DESCRIPTION:

Contains weight control program; analyzes single foods, diets, menus, and recipes; contains database of more than 7,000 foods; tracks food changes; and monitors exercise level.

HARDWARE:

Macintosh.

AVAILABILITY:

\$129.

Making Stress Work for You

CONTACT:

The School Company
Career Development Software Inc.
PO Box 5379
Vancouver WA 98668

800/518-0998
800/518-2514 (fax)

SUBJECT:

Health Promotion, Stress.

AUDIENCE:

Grades 4-Adult.

DESCRIPTION:

Is stress good or bad?: What are the causes of stress? What are the signs of stress? Is controlling stress possible? These and other questions are explored in this interactive software program. A Definition of Stress by Example, one of many learning games, presents flashing letters on the screen for the student to memorize, plus questions about stress to answer, and it all has to be mastered in a matter of seconds. Students will soon learn they can master overload. Also featured is a fill-in-the-blank crossword puzzle that teaches vocabulary skills and a fun game, "Stress From Us To You"

HARDWARE:

Macintosh and PC.

AVAILABILITY:

\$79.

Making the Right Decision

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Substance Abuse.

AUDIENCE:

Grades 4-9.

DESCRIPTION:

A group of junior high school students discuss with Martin Kove how important it is to be prepared to make decisions. Being prepared includes knowing what makes you feel good about yourself and what makes you feel bad. Three dramatizations give students the opportunity to put themselves in situations where difficult choices must be made. 18 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Mammalian Heart, The/Lungs (Revised)

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Physiology.

AUDIENCE:

Grades 9-Adult.

DESCRIPTION:

The structure and functioning of the mammalian heart is explained by using the heart of a sheep and dog as examples. A dissection of a sheep's heart is used to show external features and internal structure. Then the appearance of a living heart is shown during routine chest surgery on a dog at a veterinary clinic. Author: Dr. Mary Schwanke. 15 minutes. Using typical land mammals as examples--the horse, sheep, and dog--this program focuses on the lung and air passages of mammals. It demonstrates that the respiratory system of mammals has a structure that enables exchange of gases between the blood and external environment. By Educational Media in association with the Australian Academy of Science School Biology Project. 10 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Manage Stress

CONTACT:

Laura Ames
Customer Service
Midisoft
POB 1000
Bellevue WA 98009
800/776-6434
206/391-3610
206/391-3422 (fax)
salesinfo@midisoft.com

SUBJECT:

Health Promotion, Stress Management.

AUDIENCE:

General Public.

DESCRIPTION:

Manage Stress teaches important stress management skills and techniques to increase your productivity and maintain a positive attitude. With dozens of handy tips and techniques, Manage Stress will help you better understand yourself and others and get more out of life.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$29.95 from retail stores.

Marijuana and Human Physiology

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Even though marijuana is the second most widely abused drug after alcohol, many people believe it offers harmless recreation. This film dispels that belief with hard facts about the drug and its effects on the body. A physician-narrator clearly describes the chemical's damaging effects on the sinuses, pharynx, uvula, lungs, heart, brain, reproductive system, and immune system. The psychological development of the "pot personality," the hazards of driving while under the influence, and the dangers of mixing marijuana with alcohol are also discussed. Also available in Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Marijuana and the Mind: Addiction and Intoxication

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

Grades 9-Adult.

DESCRIPTION:

Current research into the effects of marijuana on the brain are reported in this program. Mental changes sustained by users are revealed through laboratory demonstrations and interviews with physicians and medical researchers. It is now proven that the drug concentrates in the two areas of the brain that affect memory, learning, thinking, and movement. It also changes perception. Testimonials by recovering addicts are also included. 22 minutes. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Marijuana: Keep Off the Grass

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Substance Abuse, Health Promotion.

AUDIENCE:

Grades 8-12.

DESCRIPTION:

Provides a list of objectives, tutorial lessons, on-line glossary, self-test, game, and a special interest file for confidential questions or concerns. The tutorial uses, text, graphics, and multiple choice questions to explain marijuana's effects on the lungs, brain, circulatory and immune systems. From Substance Abuse Education, Inc.

HARDWARE:

Macintosh; PC.

AVAILABILITY:

\$44.95.

Marijuana: The Gateway Drug

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327

800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Most drug addicts used marijuana before becoming addicted to other drugs. The concept of marijuana being a gateway to other drug use is explored in this program. Also covered is the misconception that marijuana is a "harmless recreational drug of the 60's" and how much more dangerous it is known to be today.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

\$169 DOS; \$209 Windows.

Mastercook: Cooking Light

CONTACT:

Customer Service
Sierra On-Line

(fax)

SUBJECT:

Nutrition, Weight Control.

AUDIENCE:

General Public.

DESCRIPTION:

Description:

HARDWARE:

Windows PC; Macintosh.

AVAILABILITY:

\$39.95 from retail stores.

**Mayo Clinic Family Health 1996
Edition**

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Health Reference.

AUDIENCE:

General Public.

DESCRIPTION:

Vital health information is provided on hundreds of topics on this CD-ROM. Top quality animated illustrations, photographs and video footage depict actual medical conditions and procedures. The 1996 edition includes new customer-requested features such as a poison reference, Common Symptoms search, Personal Profile for recording family health records, and one click Internet access to a unique Online Health Network for additional information.

HARDWARE:

Macintosh or Windows PC w/CD-ROM drive.

AVAILABILITY:

\$59.95 list.

**Mayo Clinic Family Pharmacist 1996
Edition**

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Drug & Prescription Reference.

AUDIENCE:

General Public.

DESCRIPTION:

Provides information on more than 8,100 medications, first aid treatments and early disease detection. The 1996 edition includes updated drug information, enhanced drug interaction and precaution information, new drug administration videos, a Personal Profile section for recording family health records and one click Internet access to a unique Online Health Network for additional information.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$59.95 list.

**Mayo Clinic Sports Health and
Fitness**

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Health Promotion, Fitness.

AUDIENCE:

General Public.

DESCRIPTION:

Developed in collaboration with ESPN, this title gives users the information they need to reach their fitness goals safely and effectively. Exciting video and animation illustrate topics such as safe workout methods, sports psychology, and sports injury prevention and treatment. The 1996 edition includes one click Internet access to a unique Online Health Network for additional information.

HARDWARE:

Windows PC w/CD-ROM drive.

AVAILABILITY:

\$29.95 list; \$19.95 from retail stores.

Mayo Clinic: The Total Heart

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Anatomy, Physiology, Health
Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM includes explanations of the cardiovascular system, practical strategies to help reduce your risk of heart disease, and treatment options. Features the contributions of more than 130 Mayo Clinic experts. The 1996 edition includes a Personal Profile section for recording family health records and one click Internet access to a unique Online Health Network for additional information.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$29.95 list.

McGruff's Drug Alert

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Substance Abuse.

AUDIENCE:

Elementary School Students.

DESCRIPTION:

McGruff warns children about drugs--both legal and illegal drugs. He explains that even medicines can be dangerous if they have been prescribed for someone else. McGruff makes it clear that drugs are like poison, but unlike poison, they have no warning labels. He teaches children how to stand up to peer pressure and protect themselves from people who try to persuade them to take drugs.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

MDX Health Digest on CD-ROM

CONTACT:

Medical Marketing Manager
SilverPlatter Information
100 River Ridge Drive
Norwood MA 02062

800/343-0064
617/769-2599
617/769-8763 (fax)
info@silverplatter.com
http://www.silverplatter.com

SUBJECT:

Medical and Health Literature.

AUDIENCE:

Medicine, Nursing.

DESCRIPTION:

MDX Health Digest is a consumer health database with summaries of current articles on health issues. Drawn from magazines, newsletters, newspapers, and medical journals, every record includes a substantial summary written in layman's terms. These detailed abstracts, written by MDX's experienced staff or healthcare experts, including physicians, nurses, and information professionals, are easy to understand and contain enough substance that reference to the original source is often not necessary. Coverage from 1988 to present with quarterly updates.

HARDWARE:

PC, Windows PC, or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$1,900; \$2,850 multi-user fee.

Mechanisms of Stability and Change

CONTACT:

Customer Service
Optical Data Corporation
30 Technology Drive - Box 4919
Warren NJ 07059

800/524-2481
908/668-0022
908/668-1322 (fax)

SUBJECT:

Biology, Physiology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Contains 2,000 still images and 55 minutes of motion segments ranging from scanning tunnelling microscopy photos of DNA to detailed restorations of prehistoric animals. Motion clips provide diverse examples of change and stability. Also included is an award-winning physiology animation entitled "Would Healing" which presents a computer-graphic rendering of the fascinating process by which the human body repairs itself. Bilingual: English and Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$868.75 list; \$695 to schools.

MedCoach

CONTACT:

Jennifer Glenn
Associate Product Manager
US Pharmacopeial Convention
12601 Twinbrook Parkway
Rockville MD 20852

800/877-6733
802/862-0095
802/864-7626 (fax)

SUBJECT:

Drug Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

This program custom-tailors patient drug education leaflets based on a patient's age, gender, indication (if known) and exact drug prescribed. Provides unbiased information on more than 7,500 brand and generic drug products. Includes name and description of medication, route of administration, precautions for preparation, administration and use, common or severe side/adverse effects, common drug-drug and drug-food interactions, action to take in the event of a missed dose, therapeutic contraindications, and proper storage guidelines. Updated quarterly. Contains both English and Spanish language leaflets.

HARDWARE:

PC; Windows and DOS versions available.

AVAILABILITY:

\$395 single user, one-year subscription including quarterly updates. Available January 1996.

Medical Consultant for Windows (9909 9910)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052

800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

Invaluable advice from a board-certified MD regarding your personal well being. Medical Consultant helps you put together a detailed personal medical history. Saved for future reference and updated regularly, a small fact that may seem unimportant to you now could save your life in an emergency. You can also generate a Living Will and a Durable Power of Attorney for Health Care. Together they let you state your preferences for the kind of medical care you prefer, designate an "agent" who will make medical decisions for you when you cannot. Helps you make your wishes clear and saves time and money for you and your family. Requires Windows 3.x.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Medical Drug Reference

CONTACT:

Customer Service
Parsons Technology
One Parsons Drive/POB 100
Hiawatha IA 52233
800/223-6925
319/395-9626
319/393-1002 (fax)
<http://www.parsonstech.com>

SUBJECT:

Drugs, Pharmacology.

AUDIENCE:

Patients.

DESCRIPTION:

Description:

HARDWARE:

Windows PC.

AVAILABILITY:

\$19.95 from retail stores.

Medical HouseCall

CONTACT:

Jeanette Holmes
Marketing
Applied Informatics
2681 Parleys Way #101
Salt Lake City UT 84109
800/863-4666
801/464-6200
801/464-6201 (fax)
<http://www.ami-med.com>

SUBJECT:

Health Promotion, Medical Diagnosis,
Reference.

AUDIENCE:

General Public.

DESCRIPTION:

Medical HouseCall family medical software is the home version of the software doctors and hospitals use. It combines the features of four programs into one integrated and easy-to-use program including symptom analysis, medical encyclopedia, drug and medicine guide, and medical record organizer. Medical HouseCall is broad in scope, providing information for single symptom management such as fever, as well as multi-symptom analysis. This analysis allows users to enter their symptoms, and by answering probing questions, generate a list of possible causes. Medical HouseCall also includes information on many drug side effects and interactions, medical tests, surgeries, nutrition, first aid techniques, poison guidelines, and disease prevention. It even allows you to build and maintain personal and family medical records.

HARDWARE:

PC w/Windows; Macintosh w/CD-ROM.

AVAILABILITY:

27.95 from retail outlets.

Medication Advisor Version 6.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111
800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Prescriptions, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

The Medication Advisor generates handouts on over 5000 trade and generic drug products. Each handout has a second page listing drug interactions. Helps pharmacists fulfill OBRA 90 requirements for maintaining patient records, for prospective drug use review/procedure, and for counseling patients and their caregivers.

HARDWARE:

PC.

AVAILABILITY:

\$395 single user; multi-user and site license pricing available.

Medicinal Plants

CONTACT:

Adrian Campbell
Sales/Marketing
New Mexico Ambisonics
PO Box 40316
Albuquerque NM 87196
505/265-0008
(fax)

SUBJECT:

Medicinal Plants, Natural Medicine.

AUDIENCE:

General Public.

DESCRIPTION:

Produced for the Albuquerque Biological Park, this program evaluates the incorporation of medicinal plants in the Southwest and includes a plant and herbal identification game as well as other informational pathways.

HARDWARE:

CD-i player.

AVAILABILITY:

For in-house use only.

MEDPAS (7251+)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Health Promotion, Home Medical Care.

AUDIENCE:

General Public.

DESCRIPTION:

Know what your doctor is talking about. This interactive medical encyclopedia will help you be a more informed patient. Symptom Analysis covers 31 major categories of symptoms that are part of the over 400 most common diseases and provides you with a full description and recommended treatment. MEDPAS shows you over 40 individual at-home tests with the results of each comprehensively cross-referenced with any associated diseases through an extensive glossary. There are descriptions of over 30 genetically determined conditions, as well as an expanded section on AIDS and other contagious afflictions. Additional topics include child development, nutrition, and obesity. You also get Medical Shorthand, which provides definitions and derivations of over 400 medical acronyms and jargon your doctor uses in recording patient treatment regimes. Also included is a section for your family's complete medical profile. Requires color graphics and 2 floppy drives or a hard disk.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

MedTeach for Windows

CONTACT:

Customer Service Department
American Society of Hlth-Sys Phar
7272 Wisconsin Avenue
Bethesda MD 20814
301/657-4383
800/665-ASHP (fax)

SUBJECT:

Patient Education, Pharmaceutical Information.

AUDIENCE:

Nurses, Pharmacists Responsible for Patient Education, Discharge Counseling.

DESCRIPTION:

Based on the Medication Teaching Manual: The Guide to Patient Drug Information, MedTeach allows flexibility in custom-tailoring patient medication instructions. Edit onscreen or delete existing program monographs, create and add your own monographs, print out all or select portions of each monograph based on patient requirements, and maintain both a standardized database and a customized database of monographs. Also, receive a free one-year subscription to MedTeach Update Service (new software purchasers only). The MedTeach Spanish add-on database module will be available mid-1996.

HARDWARE:

Windows PC.

AVAILABILITY:

\$438 Nonmembers, \$350 ASHP members

MedWorks: Anatomy & Physiology

CONTACT:

Robert Mason
Marketing - Prof Learning Sys
Williams & Wilkins
351 West Camden Street
Baltimore MD 21201

800/527-5597
410/528-4000
410/528-4422 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

Nursing Students, Allied Health
Students, Other Healthcare Professionals.

DESCRIPTION:

Based on college-level Human
Anatomy and Physiology courses, this
program is an interactive, multi-media
training course in human anatomy and
physiology. For each system of the
body, this 50-hour course presents color
3D illustrations accompanied by
descriptive text. Produced by Victory
Technology, Inc.

HARDWARE:

Windows PC with CD-ROM drive.

AVAILABILITY:

\$99 personal copy from retail
distributors; \$795 educational, \$1,495
commercial. Student workbooks
\$29.95. Additional CD's \$29.

**Memory Works--For Names and
Faces, The**

CONTACT:

Dana Plude PhD
VP Dir Psychological Research
Compact Disc Incorporated
1908 Rainbow Drive
Silver Spring MD 20905
301/384-0012
301/384-5566 (fax)

SUBJECT:

Memory Enhancement, Assessment, and
Training.

AUDIENCE:

General Public.

DESCRIPTION:

The first in a series of specially
designed, strategy-based CD-i titles
developed in conjunction with National
Institutes of Health funding. Through
practice, this title helps individuals
learn the latest practical memory
techniques for remembering names and
faces in daily life.

HARDWARE:

CD-i player.

AVAILABILITY:

Available summer 1995.

Mickey Mouse: Safety Belt Expert

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Health Promotion, Automobile Safety
Belts.

AUDIENCE:

Grades K-6.

DESCRIPTION:

Give your students the facts about
safety belts by allowing them to witness
the case of Mrs. Horn, on trial for not
wearing a safety belt! Mickey acts as
the judge, and his safety clubhouse is
the courtroom where children present
evidence in favor of safety belts.
Mickey demonstrates the proper way to
wear a safety belt and a variety of
people are shown buckling up.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

Million Teenagers (Fifth Edition), A

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Sexually Transmitted Disease.

AUDIENCE:

Children Grades 8-12.

DESCRIPTION:

Two peer counselors, with the help of some notable animation, discuss gonorrhea, chlamydia, genital herpes, syphilis and AIDS. The disc explains the physiology of the diseases, their transmission, symptoms and treatment. There are words of caution about protecting oneself, and an appeal to good sense. This program uses a common sense approach to promote understanding with a minimum of embarrassment. Additional material includes information on genital warts and other forms of human papillomavirus, genital crabs and trichomoniasis. A section emphasizes the need for getting tested and for telling one's partner in case of infection. The instructor, of course, may access only those sections of the material that are desired. Dual soundtrack--Spanish and English. 25 minutes.

HARDWARE:

Any videodisc player; barcode reader optional.

AVAILABILITY:

\$99.95.

Miracle of Birth (2nd Edition)

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Prenatal Education.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

Three babies are born during the course of this program. Each birth shows a different birthing procedure, giving parents-to-be accurate information and realistic expectations with which to make informed decisions. The first delivery takes place in a hospital "birthing room" and documents the use of forceps and an epidural anesthetic to block pain. A second baby is delivered by Caesarian section because she is breech--feet first, instead of head. The third delivery is a "natural childbirth"--without anesthetics or medication--in a traditional hospital delivery room. Each labor and delivery is accompanied by the thoughts and feelings of the parents and by explanations of the procedures from members of the medical teams. By the Brigham Young University College of Nursing. 30 minutes. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Miracle of Life, The

CONTACT:

Customer Service
Scholastic Software
555 Boradway
New York NY 10012

800/724-6527
(fax)

SUBJECT:

Life Science, Human Reproduction, Fetal Development, Sex Education.

AUDIENCE:

General public, especially teenagers.

DESCRIPTION:

Based on NOVA's most popular television show, The Miracle of Life can be used in Health, Biology, Life Science, or Home Economics classes to explore a wide variety of topics in human reproduction, including female and male reproductive systems, egg and sperm development, fertilization, fetal development, and birth. The sensitive issues of reproductive technologies, birth control, and STDs are on an extra disc included in the package. Students can explore these sensitive topics at their own pace and in a non-threatening environment. Includes an activity on prenatal care. Comes with User's Guide, Teaching Guide, icon reference chart, and information sheet.

HARDWARE:

Two-screen Macintosh.

AVAILABILITY:

\$395 from Scholastic Software at 800/541-5513. (Product Code DAN85028).

Morris Has A Cold

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830

818/778-1978

818/778-1994 (fax)

SUBJECT:

Health Education, Infection.

AUDIENCE:

Grades 4-8.

DESCRIPTION:

Poor Morris has a cold, and his friend, Boris the Bear, is helping him get better. But what are all those things Boris talks about - like a bed, hot tea, and foreheads? With lively songs, Morris and young viewers have fun while learning about catching and taking care of a cold.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$95.95.

Mosby's Medical Encyclopedia for the Health Consumer

CONTACT:

Customer Service
Mosby
11830 Westline Industrial Drive
St Louis MO 63146

800/426-4545

314/872-8370

800/535-9935 (fax)

customer.support@mosby.com

http://www.mosby.com

SUBJECT:

Medical Terminology, Medical Reference.

AUDIENCE:

General Public.

DESCRIPTION:

Designed specifically for the health care consumer, this CD-ROM contains definitions of terms encountered in the clinical setting--omitting complex and unnecessary technical jargon. Pronunciations, illustrations, animations and video clips clarify the definition. In addition, all of the rapid access and cross-referencing features of Mosby's Multimedia Medical Encyclopedia for Health Professionals are included.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$39.95.

Mouserise

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810

800/322-2285

(fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

An exercise video for children.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Multimedia Workout

CONTACT:

Sales/Marketing
Lifestyle Software Group
63 Orange Street
St Augustine FL 32084
904/825-0220
(fax)

SUBJECT:

Health Promotion, Fitness, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

Build a diet and exercise program, create and print meal plans, monitor your caloric expenditure and browse databases of vitamin supplements. Original medical text quality illustrations serve as a menu to exercise options, which include preplanned aerobic and free-weight programs for every level of fitness.

HARDWARE:

Multimedia PC w/CD-ROM.

AVAILABILITY:

\$49.95 list; \$29.95 in retail stores.

National Geographic Kids Network-- What Are We Eating?

CONTACT:

Laura Gassler
Educational Services
National Geographic Society
Box 98017
Washington DC 20090
800/368-2728
301/921-1330
301/921-1575 (fax)

SUBJECT:

Nutrition.

AUDIENCE:

Students Grades 4-6.

DESCRIPTION:

In this unit on nutrition, students test a variety of foods for nutrients, analyze their own lunches for nutrient content, and share their data over the network. With the help of the unit scientist, they compare the nutrient content of their lunches with the findings of other students around the world. Youngsters also learn how diets may vary geographically, how the same nutrients can be present in many different types of foods, and how diet and culture are interconnected.

HARDWARE:

Macintosh/PC

AVAILABILITY:

\$375; includes box of nutrient-testing materials for 30 students. Also \$115 for eight-week Tuition and Telecommunications Subscription.

NCADI Prevention Materials Data Base

CONTACT:

Michael D. Thompson
Prevention Materials Database Coord.
NCAD
PO Box 2345
Rockville MD 20847
800/729-6686
301/468-2600
301/468-6433 (fax)
thompson@prevline.health.org
ncadi.health.org

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

General Public, Health Educators.

DESCRIPTION:

This disk contains the National Clearinghouse for Alcohol and Drug Information's (NCADI) unique Prevention Materials Data Base (PMD), the Nation's only comprehensive, central point of access to the thousands of prevention materials developed across the country. Currently, the PMD contains information on about 9,000 products--curricula, computer software, posters, brochures, videotapes, T-shirts, buttons, and much more. The PMD is also accessible through NCADI's World Wide Web page.

HARDWARE:

PC.

AVAILABILITY:

\$12. Updates available for \$5.

NESP (Nursing Exam Success Program)

CONTACT:

Marketing
Review for Nurses Tapes Co
PO Box 16347
San Francisco CA 94116
800/345-7277
415/731-1633
(fax)

SUBJECT:

NCLEX preparation.

AUDIENCE:

Nursing student, New graduate,
NCLEX-RN candidate.

DESCRIPTION:

This testing program helps prepare NCLEX-RN candidates by presenting 114 test questions in the NCLEX CAT format, and by providing an analysis of test performance to pinpoint problem areas.

HARDWARE:

DOS compatible PC.

AVAILABILITY:

\$39.00.

Never Fat Again

CONTACT:

Pax Nidorf
President
Psychological Psoftware
11127 Carlota Street
San Diego CA 92129
619/627-1631
(fax)

SUBJECT:

Weight Control.

AUDIENCE:

General Public.

DESCRIPTION:

This program provides a way of losing weight through behavior modification. The program directs and guides users. Even subliminal messages are given to program the subconscious mind for weight loss. This is not a calorie-counting, food-measuring diet program; it is a way to learn about eating habits and how to change them, not what is eaten, to be never fat again.

HARDWARE:

PC; Apple IIe.

AVAILABILITY:

\$49.50

New Father's Baby Guide

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121
800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:

Parenting, Childbirth, Lamaze.

AUDIENCE:

General Public.

DESCRIPTION:

A light, but serious and occasionally humorous multimedia guide to making the transition to new dad. Uncover the secrets of why a baby shower can be a dangerous place for the expecting dad to be. Through QuickTime video, the program unravels the myths of everything from Lamaze to basic baby care tips and techniques. Contains advice from practicing MDs. Published by Pacific Media WorX.

HARDWARE:

Macintosh; Windows; DOS PC w/CD-ROM.

AVAILABILITY:

\$17.99 street price.

Nutripak Professional Plus Menu Maker

CONTACT:

Naomi Guttman MS RD LD
Customer Service

Nutritional Data Resources

PO Box 994
Willoughby OH 44094

800/637-3438
216/951-6593
216/974-7125 (fax)

SUBJECT:

Diet, Nutrition, Health Promotion.

AUDIENCE:

Dietitians, Food Service Directors.

DESCRIPTION:

Nutripak Menumaker writes menus with extensions and analyzes for nutrient documentation and food costs. Writes and analyzes recipes and scales for various serving amounts. Programs may also be used for patient dietary intake analysis and education. Scaled down version, Nutripak Basic, also available. Menu and recipe analysis service without computer software available. Product line includes food service, inventory, traycard, dietary careplan, assessment, etc.

HARDWARE:

PC.

AVAILABILITY:

\$650; \$299 for Nutripak Professional Basic.

NutriStaR

CONTACT:

Carol Dunn
Director of Marketing

Hopkins Technology

421 Hazel Lane
Hopkins MN 55343

800/397-9211
612/931-9376
612/931-9377 (fax)
pdunn@hoptechno.com
<http://www.hoptechno.com>

SUBJECT:

Nutrition.

AUDIENCE:

Medicine, Nursing, Allied Health.

DESCRIPTION:

Indispensable food nutrient look-up reference. More than 40,000 foods and their nutritional values listing up to 100 nutrients each. See what you are eating...calories, fats, vitamins, minerals and much more. The latest USDA data from Handbook 8 Standard Reference, Survey Database, Canadian reference in French and English, and over 20,000 of your favorite fast food and manufacturer's brand name foods. Full-text search finds the foods you want fast and easy. Complete with help system, tracking capability, printing, copying, bookmarking and annotations.

HARDWARE:

Windows PC w/CD-ROM drive.

AVAILABILITY:

\$49.95.

Nutrition Expert

CONTACT:

Sales/Marketing

NIMCO

102 Highway 81 North
Calhoun KY 42327

800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

This program removes the guesswork of proper nutrition by utilizing a knowledge base of nutritional facts to perform dietary analysis and planning. It features graphic display of meals and foods, software customization to meet personal needs, food exchange menus, vitamin supplement reference, weight gain/loss analysis, and meal planning.

HARDWARE:

PC.

AVAILABILITY:

\$99.99.

Nutrition for Health: The Food Pyramid/Wellness: Moderation in Eating

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Students are assigned to do a report on the food pyramid. Through interviews, the program defines what the food pyramid is, what a portion is and the number of portions that should be consumed per day. It stresses that no food group is more important than any other and that food in one group cannot replace food in another. 15 minutes. The American diet is rich in protein, fat, and cholesterol; loaded with salt and sugar; and low in fiber, affecting the good health of many. A registered dietician shares her expertise on the problems these dietary trouble-makers can cause and gives specific life-saving advice. 11 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Nutrition for Living

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Nutrition, Fitness.

AUDIENCE:

Medical Students and Professionals.

DESCRIPTION:

This videodisc covers a wide range of topics in the area of nutrition, through the use of live action video sequences and over 50 color charts and medical illustrations. Topics covered include: how current society shapes our food habits; the food guide pyramid; the anatomy of the digestive tract; the movement of food through the stomach; the roles of the liver, pancreas, and gall bladder; blood salts, water volume, and thirst; childhood and adult obesity; and eating disorders. 59 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$159.

Nutrition Profile Plus 1.2

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015
800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Nutritional Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This program assesses a client's eating habits, nutrient and energy needs, and body composition to determine nutritional status. It has the same features as Nutrition Profile with added capability of evaluating dietary calcium, dietary fiber, use of foods believed to reduce cancer risk, and the option of utilizing body composition measurements to determine ideal weight and energy requirements. Recommendations for improvement are based on an individual's age, sex, and special needs.

HARDWARE:

PC.

AVAILABILITY:

\$395 plus \$45 annual maintenance fee.

Nutrition Software

CONTACT:

Customer Service
Ohio Distinctive Software, Inc.
4588 Kenny Road
Columbus OH 43220
614/459-0453
614/457-2488 (fax)

SUBJECT:

Nutrition, Dieting, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This is a 3-program/3-disk set of the nutrition software (Executive Diet Helper, Menu Planner, Weight Loss Planner) displayed at the 1995 American Dietetic Association Annual Meeting/Exhibition, with over 3 million copies sold, including dietitians. It computes the ideal weight, recommends a daily calorie level, and tells how long it will take to reach an ideal weight. It creates daily menu plans for any calorie level and for special needs (e.g., diabetes, hypertension, pregnancy). It contains an exercise program which calculates calories expended and weight loss from exercise. Also, it monitors calories, protein, carbohydrates, fat and cholesterol, and recommends less caloric substitute foods (from a database of 5,000 foods including fast foods and frozen dinners).

HARDWARE:

PC.

AVAILABILITY:

\$12, CD-ROM version \$18, including shipping and handling.

Nutrition: Eating for Your Health

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Nutrition.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program emphasizes the importance of making balanced choices in nutritional selections for a healthy lifestyle. The key nutrients, proteins, carbohydrates, and fats, are discussed including vitamins and minerals. The foods that provide these elements are defined and the functions they provide. The four basic food groups are detailed as well as food additives, health foods and nutrition-related diseases.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Nutritionist IV Diet Analysis

CONTACT:

First DataBank
Hearst Corp, The
1111 Bayhill Drive
San Bruno CA 94066
800/633-3453
415/588-5454
415/588-6867 (fax)
<http://www.firstdatabank.com>

SUBJECT:

Nutrition.

AUDIENCE:

Dietitians, Physicians, Nurses.

DESCRIPTION:

Nutritionist IV includes a database of 13,000+ foods and 76 nutrients. It offers: diet, recipe, and menu analysis; exercise analysis and weight tracking.

HARDWARE:

PC; Windows and DOS versions available.

AVAILABILITY:

\$495 each, includes one-year subscription. Renewals are discounted.

Nutritionist, The (1833 1834)

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052
800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Nutrition, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

From a large database of natural foods, easily create recipes, meals, and daily regimens. Perform a complete and informative analysis for nutritional content. An exercise function lets you know how many calories you expend during your daily activities. The program is menu driven, very easy to use, and well designed.

HARDWARE:

PC w/color graphics.

AVAILABILITY:

Shareware available for \$3.79 per disk.

OB/GYN General Information

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Obstetrics, Gynecology.

AUDIENCE:

OB/GYN Patients.

DESCRIPTION:

This disc contains 27 short videos providing general information on obstetrics and gynecology for patient education. Topics cover Amniocentesis/CVS, Antenatal Testing, Cesarean Delivery, Complaints of Pregnancy, Prenatal Care Orientation, Breast Self-Examination, Chlamydia, Colposcopy, Condyloma, Dilation & Curettage, Dysmenorrhea, Endometriosis, Fibroids, Herpes, Hysterectomy, Hysteroscopy, Infertility Overview, Laparoscopy, Mammography, Menopause and Osteoporosis, Oral Contraceptives, Pap-Abnormal, PMS, Preparing for Surgery, Ultrasound, Urinary Tract Infections, and Vaginitis. In English and Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$1,295.

OB/GYN Informed Consent Programs

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Obstetrics, Gynecology.

AUDIENCE:

OB/GYN Patients.

DESCRIPTION:

This disc contains 13 short video segments providing information on OB/GYN risk management for patient education. Topics cover Cesarean Birth, Vaginal Birth, Diagnostic Laparoscopy, Dilation & Curettage, Abdominal Hysterectomy, Vaginal Hysterectomy, Hysteroscopy, Myomectomy, Sterilization, AVBAC, LEEP, and Urethropexy. Overview programs include Contraceptives Overview, Endometriosis, Sexually Transmitted Diseases Overview, Vaginitis, Hysterectomy Overview, Dysmenorrhea, and Sterilization Overview.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$1,295.

On The Menu

CONTACT:

Customer Service
Pinpoint Publishing
POB 7329
Santa Rosa CA 95407

(fax)
245-8579@mci.com

SUBJECT:

Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

Description:

HARDWARE:

Windows PC; Macintosh.

AVAILABILITY:

\$47.95 from retail stores.

One for My Baby

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Prenatal Education.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

This program builds an unambiguous case against the consumption of alcohol by pregnant women. Alcohol-related damage to the fetus is permanent, and if the damage is to brain cells, the child will be impaired for life. Fetal Alcohol Syndrome (FAS) is recognized as the third most common cause of mental retardation. Parents of children with FAS are interviewed. They share their feelings of sadness, anger, shock, blame, and hopelessness. Also interviewed are physicians who specialize in FAS research. They confirm that alcohol is dangerous to the baby and that there is no safe amount to drink during pregnancy. 28 minutes. Bilingual: English/Spanish.

HARDWARE:

Any videocdisc player.

AVAILABILITY:

\$129.95.

Ophthalmology Advisor

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032

800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Patient Education, Ophthalmology.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

This is a patient education software program for the office computer that allows you to present customized patient education handouts to your patients. Contains information on more than 150 ophthalmic procedures, conditions, and medications which can be accessed, customized, and printed in a matter of seconds. Produced jointly by Infotronics and Clinical Reference Systems.

HARDWARE:

PC.

AVAILABILITY:

\$595.

Orthodontics

CONTACT:

Jim O'Halloran
Marketing Director

Videodiscovery

1700 Westlake Ave North #600
Seattle WA 98109

800/548-3472

206/285-5400

206/285-9245 (fax)

SUBJECT:

Dentistry, Patient Education.

AUDIENCE:

Dental Patients.

DESCRIPTION:

One of a series of five programs designed for use in a dentist's office or clinic. This disc explains orthodontic treatment for both adults and children. The principle of tooth movement is presented so that patients can better understand the need for cooperation for successful treatment. All kinds of orthodontic appliances are clearly explained.

HARDWARE:

Pioneer Level II videodisc player.

AVAILABILITY:

For \$1,000 with a 50% discount to educational institutions.

Our Wonderful Body Series: Eat Well, Grow Well/How It Reacts to Stress/How We Keep Fit

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video

108 Wilmot Road
Deerfield IL 60015

800/777-8100

708/940-1260

708/940-3640 (fax)

SUBJECT:

Health Promotion, Nutrition, Stress Management, Exercise.

AUDIENCE:

Grades K-3.

DESCRIPTION:

As he searches for answers, Zork helps young viewers identify the six kinds of nutrients needed for health and understand why the body needs each kind of nutrient. Children also learn the relationship between good health and water, proteins, carbohydrates, fats, vitamins and minerals. Zork reviews several examples of problems that cause stress for both children and adults, then examines how stress causes changes inside the body. By following along with Zork, young viewers discover several ways in which they can get rid of their own stress. As space explorer Zork discovers after watching some tired and out-of-shape youngsters playing, for human bodies to work most efficiently they need regular exercise. Exercise includes many of the things we do for fun, and it helps improve posture and make the heart and lungs work better. 33 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$215.

Our Wonderful Body Series: Germs and What They Do/How It Heals Itself

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video

108 Wilmot Road
Deerfield IL 60015

800/777-8100

708/940-1260

708/940-3640 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

Grades K-3.

DESCRIPTION:

When space explorer Zork becomes curious about why earth people get sick, he learns it's because of germs--very, very tiny creatures that can get inside the human body. Along with Zork, young viewers learn about contagious diseases and immunization shots, as well as about good health habits that help to prevent germs from infecting the body. 11 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$215.

**Our Wonderful Body Series: Heart
and How it Works, The/How We
Breathe**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

The Heart and How it Works: When Zork, a dashing space creature, zooms to earth, he's curious about the strange thumping noises he hears emanating from the inhabitants. Thanks to his see-through-anything Zorkvision and a helpful narrator, Zork learns all about the amazing human heart. 10 minutes. **How We Breathe:** Space explorer Zork wonders why earthlings huff and puff so much when they exercise. On a very informative earth visit, he discovers it's because people need oxygen from the air to survive. He also discovers that breathing is a process composed of inhalation and exhalation. 10 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Both programs on one videodisc for \$215.

**Our Wonderful Body Series: How It
Moves/How Its Parts Work Together**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

How It Moves: When Zork, a charming space creature, lands his rocketship on earth, it's because he wants to know how human beings move as they do. Through his fun-filled antics, young viewers learn how joints, ligaments, tendons, bones and muscles enable human beings to move in so many ways. 10 minutes. **How Its Parts Work Together:** At the same time that people breathe, they also digest food, circulate blood, move, think and do so much more. But how? As space explorer Zork discovers, one system directs all the parts of the human body--the nervous system, which consists of the brain, spinal cord and a vast network of nerves and sensory receptors. Though composed of cells like everything else in the body, the nervous system allows humans to perform uncountable conscious and unconscious acts at the same time. 10 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Both programs on one videodisc for \$215.

**Our Wonderful Body Series: How It
Uses Food/How It Grows**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

How It Uses Food: On space explorer Zork's home planet, the inhabitants do not eat. He wonders then, why humans put objects into their mouths. On his latest visit to planet earth, he learns there are many reasons for this "odd" behavior. In addition to tasting good, food provides nutrition for health, energy and growth. Young viewers discover the digestive process and see how food is moved throughout the system. 10 minutes. **How It Grows:** Space explorer Zork would like to know how people grow. Since everyone on his planet stays one size throughout life, he visits earth to observe humans. He learns that nutrition, exercise and parent size help determine one's final stature. In addition, he learns information about internal growth and the growth of such things as fingernails and hair. 10 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Both programs on one videodisc for \$215.

**Our Wonderful Body Series: People
Who Help Us Stay Healthy**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:
Health Promotion.

AUDIENCE:
Grades K-3.

DESCRIPTION:
Many people contribute to making us healthy, including our family, physicians and nurses. Regular medical checkups can often prevent future health-related problems. Produced by Christianson Productions, Inc.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$250.

Outdoor Athlete

CONTACT:

Customer Service
Educorp Computer Services
7434 Trade Street
San Diego CA 92121
800/843-9497
619/536-9999
619/536-2345 (fax)

SUBJECT:
Fitness.

AUDIENCE:
General Public.

DESCRIPTION:
Includes text, narrated QuickTime videos, and interactive files for journal-keeping to provide a personal training program tailored to individual sport and ability levels. System 7 operating system only.

HARDWARE:
Macintosh w/System 7 and CD-ROM.

AVAILABILITY:
\$34.95.

Pacific Fitness' Home Trainer

CONTACT:

Customer Service
ABACO Software Inc
6 Trafalgar Square
Nashua NH 03063
603/883-1818
(fax)

SUBJECT:
Fitness, Exercise.

AUDIENCE:
General Public.

DESCRIPTION:
Home Trainer designs dynamic weight training and CV workouts that relate to the user's fitness goals and equipment. Suited for persons new to working out or the experienced fitness enthusiast. Accommodates six users.

HARDWARE:
Windows; DOS.

AVAILABILITY:
\$49.95 from fitness equipment stores. To locate one near you, call Pacific Equipment (Cypress CA) at 800/722-3482.

Pacific Fitness' Trainer's Assistant

CONTACT:

Customer Service
ASDG/Advanced Software Design G
365 Dorest Street
South Burlington VT 05403
800/859-1969
(fax)

SUBJECT:

Fitness; Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

Trainer's Assistant is built for fitness clubs, corporate facilities, colleges, military bases, etc. Trainer's Assistant designs dynamic weight training and CV workouts that relate to the members' fitness goals and the facility's equipment. The program also provides several reports for the members, the trainer, and the facility. Enrollment accommodation is limited only by the available hard disk space.

HARDWARE:

Windows.

AVAILABILITY:

\$795.

Parenting: Prenatal to Preschool

CONTACT:

Customer Service
Creative Multimedia
225 SW Broadway 600
Portland OR 97205
503/241-4351
(fax)

SUBJECT:

Parenting, Child Development.

AUDIENCE:

Parents, Potential Parents, Educators.

DESCRIPTION:

Covers such issues as adoption, fertility, problem pregnancies and childbirth as well as the milestones of child development from birth through age five. It presents information on home and hospital birth, fetal development and the development of children's social and motor skills. Contains several reference works including The Couple's Guide to Fertility, Making Sense of Adoption, The Complete Pregnancy and Baby Book, The Miracle of Birth, The Ultimate Baby Name Book, The New Parents' Question & Answer Book, and Your Child: A Medical Guide.

HARDWARE:

Windows PC/Macintosh w/CD-ROM.

AVAILABILITY:

\$19.95 from retail outlets.

Patient Consent for Colonoscopy and Polypectomy

CONTACT:

Jack C. Adcox
Director of Sales
Health Sciences Consortium
201 Silver Cedar Court
Chapel Hill NC 27514
919/942-8731
919/942-3689 (fax)

SUBJECT:

Informed Consent, Upper Endoscopy, Colonoscopy, Polypectomy, Esophagogastroduodenoscopy, Patient Education.

AUDIENCE:

Patients about to undergo upper or lower endoscopy.

DESCRIPTION:

These modules are designed to provide education involving informed consent for a patient about to undergo upper or lower endoscopy. The program describes the procedures, expected results, and possible problems. The patient interacts with the program using a touchscreen. After each section in the program, the patient is asked if they understand the explanation. When the program is finished, a copy of the patient's responses is printed. The program will alert the physician whenever the patient does not understand some aspect of the procedure. This module has been designed so that patients who read at a 3rd-4th grade level should be able to understand and complete the program. The module will be easy to use by those patients who are minimally literate. Produced by the Department of Academic Computing and Department of Medical Communications at Louisiana State University Medical Center at Shreveport.

HARDWARE:

InfoWindow and compatible systems.

AVAILABILITY:

\$1,300; \$910 to HSC members; special membership available to FITNE members.

Patient Consent for Endoscopy

CONTACT:

Jack C. Adcox
Director of Sales

Health Sciences Consortium

201 Silver Cedar Court
Chapel Hill NC 27514

919/942-8731

919/942-3689 (fax)

SUBJECT:

Patient Education, Informed Consent,
Endoscopy.

AUDIENCE:

Endoscopy Patients.

DESCRIPTION:

This program was designed to serve four basic functions: 1) to fully inform patients about the procedure so they can grant informed consent; 2) to ensure that all candidates for the procedure receive a consistent presentation of the facts; 3) to provide the doctor with a means of quickly pinpointing those areas the patient does not fully comprehend or has questions about; and 4) to provide a printout of the patient's responses for the patient file and, if desired, a consent form for the patient's signature. The program describes in detail the diagnostic procedure the patient is about to undergo with both graphic and live action sequences. Both the benefits and possible risks are listed and described and patients are asked to respond as to whether or not they understood the procedure and/or would like to discuss the procedure in greater detail with the physician. Produced by the Department of Academic Computing and Department of Medical Communications at Louisiana State University Medical Center at Shreveport.

HARDWARE:

InfoWindow and compatible systems.

AVAILABILITY:

\$1,300; \$910 to HSC members; special membership available to FITNE members.

Patient Education Program on CD-ROM

CONTACT:

John O'Donnell
President

Communicare

30-70 33rd Street
Long Island City NY 11102

800/213-5713

718/932-4662

718/204-8378 (fax)

SUBJECT:

Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

This CD-ROM contains a library of more than 3,000 fact sheets with pictures covering the entirety of general health-care. Software allows user to print customized patient information printouts. Included in subscription price is color printer.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

Call for pricing.

Patient Instruction Generator (PAIGE)

CONTACT:

Dominic Bria
Customer Service

Mad Scientist Software

115 E. 200 N. 2nd Floor
Alpine UT 84004

801/756-6027

801/756-6027 (fax)

SUBJECT:

Patient Education, Discharge
Instructions.

AUDIENCE:

Patients, Physicians, Nurses,
Emergency Dept, Clinics.

DESCRIPTION:

Features: Prints and edits patient discharge instructions, instruction "pieces" (such as treatments, drugs, etc.) are chosen by drop-down menus and submenus. Ready-made FP or emergency room instruction sets. Prints prescriptions and standard forms. Built-in text processor. Also available in Spanish version. (EM Database only)

HARDWARE:

PC; Windows PC.

AVAILABILITY:

\$289.95 English version or
Spanish/English version.

Pediatric Advisor Version 8.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Pediatrics, Patient Education.

AUDIENCE:

Parents.

DESCRIPTION:

This program provides advice for parents on over 800 infant, child, and adolescent health problems. In addition, it addresses such issues as child development, daycare, death, and divorce. Health care professionals can use the program editor to modify or create handouts. Author: Barton Schmitt, MD. Bilingual version (Spanish/English) also available.

HARDWARE:

PC.

AVAILABILITY:

\$395; Bilingual version is \$595. Multi-user and site license pricing available.

Pediatric HouseCall

CONTACT:

Jeanette Holmes
Marketing
Applied Informatics
2681 Parleys Way #101
Salt Lake City UT 84109

800/863-4666
801/464-6200
801/464-6201 (fax)
<http://www.ami-med.com>

SUBJECT:

Pediatric Health Promotion, Medical Diagnosis, Reference.

AUDIENCE:

Patients.

DESCRIPTION:

This program provides a guide to childhood and teenage physical growth and development, psycho-social development, childhood disease and symptom analysis, and preventive medicine. Includes: Well-Baby Care Guide; Guide to Normal Childhood and Teenage Development; Child's Symptom Analysis and Treatment; Immunization and Check-Up Reminder System; Developmental Milestone Tracking and Charting; 1,413 Diseases with Treatment and Outcomes; Family Medical Records; Drugs and Interactions; Medical Test and Surgeries; Poison Information; Injuries with First Aid Procedures, and Nutrition and Diet Information.

HARDWARE:

Macintosh, Windows PC w/CD-ROM.

AVAILABILITY:

\$27.95 from retail outlets.

Periodontal Health

CONTACT:

Jim O'Halloran
Marketing Director
Videodiscovery
1700 Westlake Ave North #600
Seattle WA 98109

800/548-3472
206/285-5400
206/285-9245 (fax)

SUBJECT:

Dentistry, Patient Education.

AUDIENCE:

Dental Patients.

DESCRIPTION:

One of a series of five programs designed for use in a dentist's office or clinic. This disc explores the causes and control measures for periodontal disease. Computer graphics and clear video images explain how the disease progresses and how careful cleaning helps remove plaque.

HARDWARE:

Pioneer Level II videodisc player.

AVAILABILITY:

For \$1,000 with a 50% discount to educational institutions

Personal Guide to Breast Cancer, The

CONTACT:

Laurie Schneider MPH
Health Education Specialist
AMC Cancer Research Center
1600 Pierce Street
Denver CO 80214

303/239-3405
303/233-1863 (fax)

SUBJECT:

Cancer Education.

AUDIENCE:

Cancer Patients and Families.

DESCRIPTION:

This interactive CD-ROM program uses still images and narrative discussion to provide general information about prevention, screening, treatment, survivorship, and referrals as well as specific information about breast cancer. The self-guided hypertext program allows users to choose topics of interest for individually relevant learning. The entire program contains approximately 3 hours of information with segments within each topic taking only a few minutes to use. The program is presented in English and Spanish with special attention given to creating a culturally sensitive program by including various ethnic groups in photographs, illustrations, language, and in voice intonation. Funding for this project was provided by the Warner Music Group, Inc. The program was co-developed with Warner Music Group/Time-Warner Interactive Group and the AMC Cancer Research Center. Two versions are being developed: a touch screen version for healthcare settings, and a consumer version for home use.

HARDWARE:

Macintosh/PC w/CD-ROM drive & sound card. Touchscreen required for touchscreen version.

AVAILABILITY:

Contact AMC Cancer Research Center.

Personal Medical Advisor CD-ROM

CONTACT:

Beth Howell
Marketing
EBSCO Publishing
PO Box 2250 - 83 Pine Street
Peabody MA 01960

800/653-2726
508/535-8500 x249
508/535-8545 (fax)
ep@epnet.com
<http://www.epnet.com>

SUBJECT:

Health Promotion, Consumer Healthcare.

AUDIENCE:

General Public.

DESCRIPTION:

Personal Medical Advisor is a one-stop reference for personal health care needs. It includes the full text of seven books: Complete Guide to Sports Injuries; Complete Guide to Symptoms, Illness and Surgery; Complete Guide to Prescription and Non-Prescription Drugs; Complete Guide to Pediatric Symptoms, Illness and Medications; Complete Guide to Medical Tests; Complete Guide to Vitamins, Minerals and Supplements (all by H. Winter Griffith, MD); and Drugs, Vitamins, Minerals in Pregnancy (by Ann Karen Henry, PharmD, and Jil Feldhausen, MS, RD). The database also includes 780 images, and hypertext links within documents to related information in other documents.

HARDWARE:

PC w/VGA graphics and CD-ROM drive.

AVAILABILITY:

\$299.

Personal Wellness Profile 50/100/200/300/400

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Health Assessment.

AUDIENCE:

General Public, Employees.

DESCRIPTION:

PWP provides an effective employee wellness assessment program, leading to personal health enhancement, increased productivity, and the prevention of major health problems. Employees fill out a simple questionnaire and basic health and fitness tests can be added. The data is then computer analyzed and each participant receives a personal report. There are four levels of the PWP, ranging from a relatively simple, non-clinical approach to a fairly comprehensive health and fitness assessment. Requires HP LaserJet printer and HP-downloadable soft fonts set.

HARDWARE:

PC.

AVAILABILITY:

\$2,995-\$6,095 include maintenance.

Personality Profile

CONTACT:

Pax Nidorf
President
Psychological Psoftware
11127 Carlota Street
San Diego CA 92129
619/627-1631
(fax)

SUBJECT:

Mental Health.

AUDIENCE:

General Public.

DESCRIPTION:

Personality Profile is based on the principles of Transactional Analysis: I'm OK, You're OK. Although put in the clearest possible terminology, the information given is sound and useful. This program can help users learn more about who they really are. It not only evaluates the personality, it also teaches the dynamics of human behavior. Users can learn the workings of ANGER; the important differences between RESCUING and HELPING, INDULGING and NURTURING, DISCOUNTING and STROKING. This program can provide a stepping stone for many group discussions.

HARDWARE:

PC.

AVAILABILITY:

\$49.50

PharmASSIST

CONTACT:

Sales/Marketing
Software Marketing Corp
9830 S 51st Street Bldg A-131
Phoenix AZ 85044
602/893-3377
602/893-2042 (fax)

SUBJECT:

Pharmacology, Drugs.

AUDIENCE:

General Public.

DESCRIPTION:

Provides a full dose of essential facts through up-to-date listings about prescription and non-prescription drugs. The advanced "speech back" feature gives the correct pronunciations of different medications. Phonetic "smart search" assists in locating medications, even if the specific spelling is not known, and the image database enables drug identification by size, shape and color. Includes information on first aid, vaccinations, health alerts and travelers' requirements. The special "abused drugs" section contains names of illicit drugs as well as signs of abuse, abuse hotline telephone numbers and more. Age 14 and up.

HARDWARE:

PC w/CD-ROM.

AVAILABILITY:

\$44.95 from retail outlets.

PharmAssist: The Family Guide to Health and Medicine

CONTACT:

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142
800/227-5609
770/420-1150 (fax)

SUBJECT:

Pharmacology, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

PharmAssist provides quick and simple answers to common questions related to medications; how they work, how many to take, what side effects they may have, and more.

HARDWARE:

PC.

AVAILABILITY:

\$44.95 from retail stores.

Physical Assessment of the Older Adult

CONTACT:

Island Products: Multimedia
University of Texas Medical Branch
301 University Blvd - POB 35094
Galveston TX 77555

800/424-2575

409/747-7800

409/747-7813 (fax)

kellogg@beach.utmb.edu

http://www.mmlab.utmb.edu/mmlab

SUBJECT:

Physical Assessment; Adult Health;
Geriatrics.

AUDIENCE:

Nurses; Other Healthcare Professionals.

DESCRIPTION:

A comprehensive assessment of patient Christine Larson is presented in four modules. The Physical Examination module is structured to give learners a choice of approaches to conducting the examination with an experienced nurse practitioner. The module entitled, Techniques for Collecting Data includes observation, interviewing, assessment scales, and a demonstration of direct assessment techniques with a variety of heart sounds and breath sounds. Preparation for the Exam module reviews such items as equipment, universal precautions, and specialized concerns with the elderly. The Evaluation of Clinical Data module covers reference values, documentation, decision-making, and referral. The media-based program places varied resources at the disposal of the learner such as: specific tips on evaluating elderly patients, anatomical illustrations, and commentary from a mentor. A self-assessment quiz allows learners to monitor their progress.

HARDWARE:

InfoWindow and compatible systems.

AVAILABILITY:

\$995.

Physical Exam 2.0

CONTACT:

Lori Kolander

Marketing Coordinator

Wellsource Inc

15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355

503/656-7446

503/650-0880 (fax)

SUBJECT:

Health Promotion, Fitness Reporting.

AUDIENCE:

Physicians and their Patients.

DESCRIPTION:

This program permits the physician to give the patient a complete written report on the results of a physical examination. Previously the physician has not had enough time to report the physical exam results; consequently, the patient left with lingering doubts about his or her actual condition. The Physical Exam report satisfies the subject of the testing. It reports on the following areas: general appearance, skin, head, eyes, ears, nose, mouth and throat, neck, nodes, breasts, chest lungs, vascular, heart, abdomen, rectal, stool, prostate, genitalia, musculoskeletal, neurological, vision, hearing, ECG, blood analysis, urinalysis, proctoscopy, chest x-ray, and pulmonary function.

HARDWARE:

PC.

AVAILABILITY:

\$395 plus \$55 annual maintenance fee.

Physics of Sports

CONTACT:

Jim O'Halloran

Marketing Director

Videodiscovery

1700 Westlake Ave North #600
Seattle WA 98109

800/548-3472

206/285-5400

206/285-9245 (fax)

SUBJECT:

Sports, Physics, Biomechanics.

AUDIENCE:

High School and College Students.

DESCRIPTION:

Uses human movement to illustrate various physics concepts. Includes slow motion observation of sporting events. Provides a detailed visual record of more than 20 athletic events, filmed expressly for scientific analysis. The disc is used to step through actions in 1/30-second intervals. Using a sheet of clear acetate over the image on the monitor, students can study each position and collect data on such physical principles as linear motion, projectiles, energy transformation, momentum, impulse, and time. Includes a student handbook and teacher's guide detailing how the disc may be used in a typical physics curriculum. Optional HyperCard stacks provide easy access to all images on the videodisc, six prepared lessons, and a computerized journal for recording data.

HARDWARE:

Any videodisc player. Macintosh required to HyperCard software.

AVAILABILITY:

\$249 for videodisc; \$49 for HyperCard stack.

Physiologic

CONTACT:

Molly Meyers
VP Health Fitness Services
PKI Software
14800 Conference Ctr Drive #202
Chantilly VA 22021

800/PKI-1432
703/222-2556
703/631-5291 (fax)

SUBJECT:

Health Promotion, Fitness Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

Features: Fitness assessment: aerobic capacity, body composition, muscular strength and endurance, flexibility, coronary risk factors, and pulmonary functions. User-definable exercise prescription: walking, jogging, treadmill, bicycle, swimming, rowing, stair-climbing, and weight training. The stored exercise programs can be edited to tailor initial level, intensity, frequency, duration, and progression to the goals and capacity of the individual. A graphically illustrated printout projects the amount of improvement in aerobic capacity that should be produced by making specific life-style changes (weight loss, smoking cessation, exercise programs). A narrative summary provides an easy-to-understand explanation of results, including the recommended intensity, frequency, and duration of the exercise program. A fitness profile summarizes components of overall fitness, and a tracking feature permits serial comparisons of test results over time. Test data can be stored for serial comparisons and group reports. Group data summary and listing features.

HARDWARE:

PC for DOS or Windows.

AVAILABILITY:

\$2,750 DOS; \$3,250 Windows.

Physiology of Behavior, The

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543

800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Brain Physiology.

AUDIENCE:

Grades 9-Adult, Medical Professionals.

DESCRIPTION:

This program examines a range of the major subjects categorized under the rubric of Physiology of Behavior, with one- to five-minute segments per subject. Topics covered include Addiction, Development of the Human Brain, Dreams, Genetic Testing, Memory, The Nervous System, and Testosterone and Its Effects. 60 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$159.

PhysioTools

CONTACT:

Customer Service
PhysioTools
POB 175, Frances House, Sir William
St Peter Port/Grnsey GY1 4HQ UNIT
+44-1481-700 602
+44-1481-700 616 (fax)

SUBJECT:

Patient Education, Therapeutic Exercise.

AUDIENCE:

Patients.

DESCRIPTION:

Software to print professional and personalised exercise handouts for in- and out-patients with thousands of exercises to choose from. Each exercise includes a descriptive picture and a clear written instruction. The program is modular and forms a library of collections covering a wide range of topics from General Physiotherapy to more specific topics such as Hydrotherapy and Back Care. Besides English, PhysioTools is available in several other languages.

HARDWARE:

PC DOS and Windows versions available.

AVAILABILITY:

\$369.

Pill Book, The

CONTACT:

Customer Service
SoftKey International Inc.
One Athenaeum Street
Cambridge MA 02142
800/227-5609
770/420-1150 (fax)

SUBJECT:

Pharmaceutical/Drug Information,
Patient Education.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-ROM provides answers to questions on 1,500 of the most-prescribed drugs. Includes information about the drug, how it works, side effects, and reactions with food, alcohol, and other drugs.

HARDWARE:

PC or Macintosh w/CD-ROM drive.
Sony MMCD player.

AVAILABILITY:

Lists for \$21.97. Available in Retail Stores.

Playboy Playmate Workout

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

Workout with playboy playmates.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Playing Will Do It

CONTACT:

Joan Carol
Customer Service
Right On Programs
755 New York Avenue
Huntington NY 11743
516/424-7777
516/424-7207 (fax)

SUBJECT:

Exercise, Health Promotion.

AUDIENCE:

Grades 1-9.

DESCRIPTION:

This program, combining good sense with good humor, addresses exercise and physical activity as it relates to both a strong and healthy body AND mind. The program offers advice for youngsters and shows them what and how to choose. Tells them when, where, and how to get their exercise and shows clearly that a strong body is a key requirement if you want a strong mind. A game and a set of activity sheets completes the package and makes learning fun. Children enjoy using the program because it makes the point, but doesn't pound it home.

HARDWARE:

PC.

AVAILABILITY:

\$39.

Poisonous Plants/Poisoning By Accident

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Safety, Poisons.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

The dangers of a wide range of familiar plants are identified in this informative safety film. The hazards of touching or eating the leaves, fruit, seeds, or stalks of common houseplants, yard plants, wild plants, and even certain food plants is examined. 12 minutes. This program alerts the public to the causes of accidental poisoning and teaches essential lifesaving techniques that can be performed in an emergency. It points out potential killers found in the home, and steps to be taken for poisons taken internally, inhaled, or absorbed through the skin. By Ben Norman Productions. 15 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Portrait, The

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Mental Health, Suicide.

AUDIENCE:

General Public, High School to Adult.

DESCRIPTION:

Julie is a young, promising art student who feels so much pressure to be perfect, she can no longer draw. Finally, she has no other thought than suicide, but she fails in her attempt. While recovering in the hospital, she learns just how precious life can be with the help of her terminally ill roommate, Sarah. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Power of No: The Wizard Returns

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Alcohol Abuse, Health Promotion.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

In this awareness-building program, children of alcoholic parents are encouraged to tap their inner strength to resist the crutch of alcohol in their own lives. Live action and animation are employed to reveal alcohol as an equal opportunity destroyer that can be passed down from one generation to the next. (23 minutes) 1989.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Pregnancy Series

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432

800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Pregnancy, Prenatal Care.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Interactive and informative tutorials emphasize the importance of good, healthy prenatal care. *Pregnancy And You* includes *Pregnancy: What it Means To You*; *Prenatal Care*; *Your First Checkup*; *Diet*; *Necessary Daily Foods*; *Weight Gain*; and *Nursing Your Baby*. *Prenatal Baby Care* explains the effects of infectious diseases, smoking, alcohol, X-rays, caffeine, drugs, rest, sex, exercise, and partner support. Describes common pregnancy problems, warning signals, and special care for high-risk pregnancies; and childbirth classes, labor, anesthetics, after delivery, and family planning guidelines.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$59.95.

Preparing for Dental Extraction

CONTACT:

Jim O'Halloran
Marketing Director
Videodiscovery
1700 Westlake Ave North #600
Seattle WA 98109

800/548-3472
206/285-5400
206/285-9245 (fax)

SUBJECT:

Dentistry, Patient Education.

AUDIENCE:

Dental Patients.

DESCRIPTION:

One of a series of five programs designed for use in a dentist's office or clinic. This disc gives an explanation of the rationale for tooth extraction and the risks of both extracting teeth and leaving them in place. The actual procedure is shown with simple graphics and live footage selected to increase patient confidence before surgery. All aspects of recovery are explained and the viewer has the opportunity to ask questions of former patients in a simulated interview situation.

HARDWARE:

Pioneer Level II videodisc player.

AVAILABILITY:

For \$1,000 with a 50% discount to educational institutions.

Preparing for Dental Implants

CONTACT:

Jim O'Halloran
Marketing Director
Videodiscovery
1700 Westlake Ave North #600
Seattle WA 98109

800/548-3472
206/285-5400
206/285-9245 (fax)

SUBJECT:

Dentistry, Patient Education.

AUDIENCE:

Dental Patients.

DESCRIPTION:

One of a series of five programs designed for use in a dentist's office or clinic. This disc provides a background on the principles of two-phase osseointegrated implants in terms the patient can understand. Problems of edentulism are presented along with the advantages of treatment using implants. The surgery is explained with graphics and recovery information gives patients realistic expectations about the process.

HARDWARE:

Pioneer Level II videodisc player.

AVAILABILITY:

For \$1,000 with a 50% discount to educational institutions.

Preparing for Jaw Surgery

CONTACT:

Jim O'Halloran
Marketing Director
Videodiscovery
1700 Westlake Ave North #600
Seattle WA 98109
800/548-3472
206/285-5400
206/285-9245 (fax)

SUBJECT:

Dentistry, Patient Education.

AUDIENCE:

Dental Patients.

DESCRIPTION:

One of a series of five programs designed for use in a dentist's office or clinic. This disc provides a broad overview of the process of orthognathic surgery designed to prepare patietns and speed their recovery. Explanations are given for a variety of procedures including what to expect after surgery and what to eat and do to get the best possible results.

HARDWARE:

Pioneer Level II videodisc player.

AVAILABILITY:

For \$1,000 with a 50% discount to educational institutions.

Prescription Drugs - A Pharmacist's Guide.

CONTACT:

Mark Foster
Dir of Marketing
Quanta Press Inc
1313 Fifth Street #223A
Minneapolis MN 55414
612/379-3956
612/623-4570 (fax)

SUBJECT:

Pharmaceuticals, Pharmacology, Patient Education.

AUDIENCE:

General Public.

DESCRIPTION:

This disc contains descriptions of the 200 most widely-used prescription drugs, including manufacturer, dosage, side effects, use in pregnancy, overdose, prevalence, tolerance, generic equivalent, and more. Also include information on the diseases the drugs treat as well as fascinating trivia sections.

HARDWARE:

Macintosh w/CD-ROM; PC w/CD-ROM.

AVAILABILITY:

\$69.95.

Progression of Dependency: I Can't Believe It Happened To Me

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

"Drug addiction will never happen to me." This myth believed by most teens is explored in this program. The progression of dependency and the fact that anyone is at risk are defined. The four stages of chemical dependency are detailed including the signs and symptoms of each and the effects to users as well as their families and friends.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Psychology: Core Concepts on CD-ROM

CONTACT:

Customer Service
Films for the Humanities and Science
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Psychology.

AUDIENCE:

Grades 9-Adult, Medical Professionals, Psychologists, Psychiatrists.

DESCRIPTION:

This CD-ROM is designed to provide an alternative way to explore the ideas and concepts found in the study of psychology and includes three primary components: On-Line Text: the complete text and artwork from the textbook *Psychology, Second Edition* by Dr. Margaret W. Matlin with full-text search, hyperlinked glossary and index, bookmarking, and note-taking functions; a Conceptual Overview: over 100 multimedia lectures covering the core concepts of psychology, prepared by psychology professors from across the country, combining animation, full motion video, audio, demonstrations, experimnts, still images, and text; and Diagnostic Testing: 1,500 multiple-choice test questions covering core concepts allow users to test their mastery of the material. Each question is linked to a discussion in the text to provide immediate feedback.

HARDWARE:

PC/Macintosh w/CD-ROM.

AVAILABILITY:

\$149.

Pumping Iron Vol 2

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

How-to for would-be body builders.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$34.95 from many consumer videodisc dealers or from Pioneer LDCA.

Pyramid Challenge

CONTACT:

Tim Sobolewski
Dir Sales & Marketing
DINE Systems Inc
586 North French Road #2
Amherst NY 14228
716/688-2400
716/688-2505 (fax)

SUBJECT:

Nutrition.

AUDIENCE:

General Public.

DESCRIPTION:

This program combines eating choices with nutrition information to help you understand that eating well means feeling good. An exclusive food picture database shows which foods you have selected. With the ability to created your own Food Pyramid, you can learn to choose healthy foods in place of fatty foods and sweets. Colorful screens and sound effects provide everyone with the motivation to strive for the highest score.

HARDWARE:

Macintosh; Windows PC w/CD-ROM.

AVAILABILITY:

\$99. \$79 for floppy disk version.

Quitting On Your Own

CONTACT:

Roberta Rekdahl
Pacific Research Institute
1715 Franklin Blvd
Eugene OR 97403
503/484-0806
503/484-1108 (fax)

SUBJECT:

Health Promotion, Smoking Cessation.

AUDIENCE:

General Public.

DESCRIPTION:

This smoking cessation program is designed for use in physician offices. It is used by a smoker after receiving a brief physician-delivered recommendation that the patient quit smoking. It uses marketing-based motivational techniques as well as educational information to encourage quit attempts and reduce resistance to quitting. The program was developed as part of a behavioral research project funded by a National Cancer Institute Grant.

HARDWARE:

One-screen Macintosh with MicroTouch touchscreen monitor.

AVAILABILITY:

Contact Pacific Research Institute.

Radon and Your Home

CONTACT:

Rosalind Thomas
Bureau of Community Relations
New York State Dept of Health
Rm 1084 Corning Tower - ESP
Albany NY 12237
518/474-5370
518/486-2361 (fax)
rpt01@health.state.ny.us

SUBJECT:

Cancer Prevention, Environmental Health Education.

AUDIENCE:

Adults.

DESCRIPTION:

Radon is the second leading cause of lung cancer in the United States. Testing for radon is inexpensive and easy, and fixing a radon problem costs about the same as other home repairs. This educational program branches based on "stage of concern/action" related to radon knowledge/testing and on smoking status. Users see the modules most appropriate for their stage-risk. Modules include: Radon Inside Homes; Health Risks from Radon; Is Radon a Problem Where I Live? (includes testing data for NY counties and ZIP codes); Radon Testing and Services; Fixing a Radon Problem; and Radon Quiz Game. Kiosk version includes multimedia features such as audio narration, video clips and extensive computerized data collection. Disk version has same content, animated graphics but no audio/video.

HARDWARE:

Macintosh w/CD-ROM. Kiosk version needs 50 MB on hard drive. Disk version needs 4 MB. PC version is in development.

AVAILABILITY:

Available free in "dollhouse" kiosks for loan to libraries and community agencies in New York state, and on disk within New York. Disk version will be posted to on-line services for free downloading outside New York.

Ready Course, The

CONTACT:

Sam Hess
Customer Service
Interactive Knowledge Inc
PO Box 560865
Charlotte NC 28256
800/344-1502
704/344-0055
704/344-1505 (fax)

SUBJECT:

Health Promotion, Life Skills, Literacy Skills.

AUDIENCE:

General Public.

DESCRIPTION:

The Ready Course is designed to help adolescents and adults (reading level 5th-9th grade) improve their reading skills while learning about life skill topics. This disc contains a series of 10 multimedia reading modules with audio help. Each contains an article on a topic of interest to adults (health, consumer, citizenship issues). Activities based on each article help learners increase their reading comprehension, vocabulary, and critical thinking skills. Topics include: Eating Right to Avoid Health Problems; Saving Money with Generic Drugs; Buying Good Nutrition with Fewer Dollars; Heart Attacks; Tetanus; and other consumer and citizenship topics.

HARDWARE:

PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$595.

Regulating Body Temperature (2nd Edition)/The Digestive System (2nd Edition)

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604
800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Life Sciences, Human Body.

AUDIENCE:

Students grades 7 to College.

DESCRIPTION:

The first program (22 minutes) on this disc uses examples drawn from nature to demonstrate the wide variety of physiological and behavioral mechanisms animals use to adjust to heat or cold. The second program (19 minutes) uses precise animation and photography to show the mechanical and chemical processes of digestion, illustrating both mechanical and enzymatic action together with the regulation of the digestive process by hormones and nerves.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

Relax: With Dennis Weaver

CONTACT:

Lumivision
877 Federal Blvd
Denver CO 80204
800/776-5864
303/446-0400
303/446-0101 (fax)

SUBJECT:

Health Promotion, Relaxation.

AUDIENCE:

General Public.

DESCRIPTION:

A refreshing approach to stress management. This video will leave you feeling relaxed and refreshed. See an extraordinary flow of images, hear soothing music and be guided through a series of relaxation techniques that really work.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many commercial videodisc dealers or Lumivision.

Respiratory System (2nd Edition)/The Endocrine System (2nd Edition)

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604
800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Life Sciences, Human Body.

AUDIENCE:

Students grades 7 to College.

DESCRIPTION:

The first program (26 minutes) on this disc uses live action shots and animation to show how the body takes in oxygen and expels carbon dioxide. Structures and functions of the respiratory system are shown by following the path of a single oxygen molecule. The program also demonstrates how smoking devastates the respiratory system. The second program (20 minutes) uses detailed animation to provide viewers with the most recent data concerning the major endocrine glands and their hormones and clarifies their contribution to growth, reproduction, metabolism, and homeostasis.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

Retina

CONTACT:

KaiMay Yuen Terry MPH
VideoMed Inc.
5109 Ridge Road
Minneapolis MN 55436
800/332-0633
612/938-6994
612/933-9712 (fax)

SUBJECT:

Ophthalmology, Patient Education.

AUDIENCE:

Eyecare Patients, Healthcare Professionals.

DESCRIPTION:

Explains the seven most common retinal problems: flashes and floaters, diabetic retinopathy, macular degeneration, macular edema, retinal holes, tears and detachment, fluorescein angiography and vitrectomy, with detection and treatment options. For patients and training professionals, with easy to understand language, graphics, and animation.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$500.

Risk Management I

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology, Patient Education, Informed Consent.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

This disc contains 13 long topics including After Cataract Surgery, Blepharoplasty, Chronic Glaucoma, Diabetic Retinopathy, Macular Degeneration, Retinal Holes & Tears, Trabeculectomy, YAG Capsulotomy, and more. Bilingual: English and Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Disc is available for \$1,395. Disc with hardware systems range from \$2,695 to 4,395. Discount on multiple discs and future upgrades.

Risk Management II

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032
800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology, Patient Education, Informed Consent.

AUDIENCE:

Ophthalmology Patients.

DESCRIPTION:

The second risk management disc designed to assist in the informed consent process, it places special emphasis on small incision cataract surgery and refractive surgery. For the cataract surgeon, there are two new versions of our most popular cataract program, Small Incision Cataract Surgery, and After Cataract Surgery-- Small Incision. For the refractive surgeon, the disc includes RK: Consent with a True/False test and a new program Astigmatic Keratotomy. Additional programs on the disc include Blepharoplasty, Corneal Transplant, Fluorescein Angiography, Retinal Detachment, and Strabismus Surgery.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Disc is available for \$1,395. Disc with hardware systems range from \$2,695 to 4,395. Discount on multiple discs and future upgrades.

Risk-Taking and You

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Mental Health, Health Promotion, Sex Education, Substance Abuse, STDs, AIDS, Drugs, Alcohol.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

Interviews with teenagers and compelling dramatizations illustrate the differences between healthy and unhealthy risk-taking. Dr. Leonard Zegans, a psychiatrist who specializes in risk, explains that educated risk-taking is part of life. Among the issues he covers are how we evaluate risks and how risk-taking--relating to STDs, teen pregnancy, AIDS, driving while under the influence, smoking, and drug use--can be life-threatening. Patterns of excusing, or ignoring, dangerous behavior are explained. Strategies for minimizing dangerous behaviors and the importance of taking positive, life-enhancing risks--as opposed to destructive ones--is a recurring theme. By Human Relations Media. 23 minutes. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Risks of Nicotine: Smoking and Smokeless Tobacco

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse, Smoking.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

More than 3,000 teens start smoking every day, and smokeless tobacco rates are highest among males 12-17 years old. This program will provide the user with an awareness of the dangers of nicotine, the drug found in cigarettes and smokeless tobacco. The serious consequences to the body are explored, as well as the dangers of second-hand smoke. The effects to a fetus if the mother smokes are also covered.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Romance: Games of Choice About Sex

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113
800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Sex Education.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Presents basic sex education concepts on sexuality and contraception. Emphasis is placed on responsible sexual decision-making based on accurate knowledge. Simulation format.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Runner's Personal Coach

CONTACT:

Customer Service
Software Labs
8700 148th Avenue NE
Redmond WA 98052

800/569-7900
206/869-6729
206/869-1503 (fax)

SUBJECT:

Fitness and Exercise, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This program provides runners of all abilities an easy way to monitor their current training, compare current training to their past progress and plan their training to improve future fitness and race performance. Provides daily/monthly/annual calculations of training pace, elapsed time and distance. In addition, the program calculates and displays an optimum specific training schedule for next week's training, based on most recent 5K or 10K race elapsed time. The training schedule is based on calculated aerobic capacities and maximizes the training effect.

HARDWARE:

PC.

AVAILABILITY:

Shareware available for \$3.79 per disk.

Rx Works

CONTACT:

Customer Service
Nutridata Software Corp
POB 769
Wrappingers Falls NY 12590

800/922-2988
914/298-1308
914/298-1785 (fax)

SUBJECT:

Pharmaceuticals, Drugs.

AUDIENCE:

General Public.

DESCRIPTION:

Description:

HARDWARE:

Windows PC.

AVAILABILITY:

\$29.95 from retail stores.

Safety First: A Guide to Safe Child Care

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, First Aid.

AUDIENCE:

Grades 5-Adult.

DESCRIPTION:

Realistic situations allow learners to apply principles of first aid: Minor Burns, Poisonings, Choking, Cuts & Bruises and Nosebleed.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Safety for Children: Playground Safety

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Safety.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Focuses on bicycles and other wheel safety. Learn about protective gear, maintaining the equipment, rules of behavior and rules of the road, riding in single file and riding one to a bike. Includes further activities and assessments, vocabulary, cross-curricular suggestions, and alphabetical index. Stresses how to deal with traffic and traffic signals, using a crosswalk, obeying railroad crossing rules, talking to strangers and more. Includes vocabulary, additional activities, decision-making situations, discussion points and an index. Discusses safe play when playing team games and using swings, slides and climbing equipment. Also covers the importance of respecting others when playing together, and why it's important to respect your own limits and talents. Covers safety on both school and public playgrounds.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Safety Monkey

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Safety.

AUDIENCE:

Ages 3 to 8.

DESCRIPTION:

Safety is not something to monkey around with. That's what a clever character named Safety Monkey demonstrates in this entertaining title. With the help of Safety Monkey, kids can see and correct unsafe conditions, and learn how and when to get a grown-up to help. Features safety situations in 15 active environments including home, school, playground, pool, in the country, car, bike trips and walks. Three-dimensional animation and original music.

HARDWARE:

Windows PC w/CD-ROM drive.

AVAILABILITY:

\$19.95 list.

Sante CD-ROM

CONTACT:

Carol Dunn
Director of Marketing
Hopkins Technology
421 Hazel Lane
Hopkins MN 55343
800/397-9211
612/931-9376
612/931-9377 (fax)
pdunn@hopstechno.com
http://www.hoptechno.com

SUBJECT:

Nutritional analysis.

AUDIENCE:

Medicine, Nursing, Allied Health.

DESCRIPTION:

Nutritional analysis, cookbook, weight change and exercise software program that breaks down what you eat into specific nutrients such as calories, fat, protein, cholesterol, vitamins, and much more. Expansion of the floppy version, Sante CD-ROM includes 18,000 foods including food manufacturers and popular restaurant chains. Displays 30 nutrients. Track any number of meals, recipes and people. Produce RDA graphs, calorie pie charts, weight control graph and multiple reports. Add your own food and recipes and cost meals/recipes. Dietitian's advice covering over 75 nutrition categories in question/answer format. Includes 415 dietitian-tested recipes covering over 40 categories. Nutrient sorts display list of foods (high to low) containing each nutrient. Extensive help information is included on program operation, health guidelines and details on the benefits of specific food nutrients, as well as a comprehensive user manual.

HARDWARE:

PC w/CD-ROM drive.

AVAILABILITY:

\$59.95 list; \$19.95 street price.

Science in Motion

CONTACT:

Herb Sclar
CEO
UpData Publications
1736 Westwood Blvd
Los Angeles CA 90024
310/474-5900
310/474-0802 (fax)

SUBJECT:

Science, Medicine.

AUDIENCE:

General Public Age 12 to Adult.

DESCRIPTION:

Explore the mysteries of science and medicine. Using specialized film and video equipment, take a fantastic voyage into the human body, observe heart transplant surgery, animal research and acupuncture. Also includes musical orchestrations and educational footage.

HARDWARE:

Multimedia PC/Macintosh w/CD-ROM.

AVAILABILITY:

\$49.95.

Scientific Eye: Fitness and Sport

CONTACT:

Teaching/Journal/Perennial
Altschul Group Corporation
1560 Sherman Avenue Suite 100
Evanston IL 60201
800/323-9084
708/328-6700
708/328-6706 (fax)

SUBJECT:

Health Promotion, Fitness, Exercise.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Introduces the inter-relationship of exercise, fitness, and sport. Illustrates how to measure physiological changes during exercise. Discusses the importance of fitness to everyday life.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

Secondhand Smoke

CONTACT:

Pyramid Film & Video
PO Box 1048
Santa Monica CA 90406
800/421-2304
310/828-7577
310/453-9083 (fax)

SUBJECT:

Health Promotion. Smoking Cessation.

AUDIENCE:

Grades 4-Adult.

DESCRIPTION:

A funny, offbeat approach presents overwhelming evidence that tobacco smoke is a danger to non-smokers. Particularly timely in light of the Environmental Protection Agency's study declaring passive smoke a threat to the health and well-being of the non-smoker. By Randolph Wright. Bilingual: English and Spanish. 16 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$195.

Secret of the Sexes (NOVA)

CONTACT:

Image Entertainment

9333 Oso Avenue
Chatsworth CA 91311

818/407-9100
(fax)

SUBJECT:

Psychology, Sociology.

AUDIENCE:

High School and College Students.

DESCRIPTION:

This program takes a disarming look at how we type-cast young girls and boys--in the way we think of them, act toward them, and teach them. Psychologists, teachers, sociologists and families investigate how this happens, sometimes even without our knowledge. Find out why: parents still prefer boys over girls by more than a 2 to 1 margin; teachers still reinforce traditional sex roles taught at home, sex-typed toys influence a child's behavior; and much more.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95

Self Esteem Success

CONTACT:

Janelle Dayton
Marketing/Sales

TT2D Inc-Tomorrow's Technology

216 W Perkins St - POB 204
Ukiah CA 95482

800/900-8009
707/462-1919
707/462-2031 (fax)

SUBJECT:

Psychology, Social Services.

AUDIENCE:

General Public.

DESCRIPTION:

Relates personal development of eight at-risk individuals who succeeded in the mainstream of society. Each of these individuals had dropped out of high school and experienced other problems, including: drug dependency, teen pregnancy, learning disabilities, family crisis, and living on the street. Relates these individuals' background, growth, and success to their development of a positive self esteem. Designed for use in individual, small, or large group settings.

HARDWARE:

InfoWindow; Two-screen Macintosh;
Two-screen PC.

AVAILABILITY:

\$250.

Self Esteem: Feeling Good About Yourself

CONTACT:

Customer Service

AIMS Media

9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Mental Health.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

Here is a disc to help young people realize that low self-esteem is a common problem that can be solved. A series of case study vignettes depict students with self-esteem problems. Viewers learn solutions to these problems as the subjects discover for themselves concrete methods of improving their self-esteem and thereby taking steps toward more effective, successful, and satisfying lives. Spanish and captioned editions also available.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Self-Health

CONTACT:

Customer Service
Alpha Media
PO Box 1719
Maryland Heights MO 63043

800/832-1000
314/692-2031 (fax)

SUBJECT:

Health, Risk Factors.

AUDIENCE:

General Public.

DESCRIPTION:

Patients can access a variety of health-related informational programs through a single interface with this program. It includes a database of medical hotlines, a glossary of medical terms, a health cost analyzer, graphical charts for tracking cardiac fitness and other personal statistics, computerized interviews to assess risk factors for cancer and other diseases, plus complete medical recordkeeping and medical/legal documents such as Living Wills. Author: Stephen J. Schueler, MD.

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$49.95.

Seminar Reception Room

CONTACT:

Helen Fritsche
Sales/Marketing
Infotronics
15355 Vantage Parkway West #195
Houston TX 77032

800/992-2040
713/590-1385
713/590-4471 (fax)

SUBJECT:

Ophthalmology Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Contains a one-hour documentary-style program designed to play continuously in a reception room or access individually. Contains: Greeting; Professional Eye Care in the Nineties; RK: Treating Nearsightedness in the Nineties; Biopharoplasty; What's Your Eye Q?; Small Incision cataract Surgery; Lifestyle Dispensing (Selecting Eyeware).

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$900.

Senior Health Advisor 1.0

CONTACT:

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

Patient advice handouts for geriatric health topics, including biomedical, psychological, and social issues encountered in elder healthcare. Program contains resource lists in addition to topics such as choosing a nursing home, writing a living will, and Medicare requirements.

HARDWARE:

PC.

AVAILABILITY:

\$395 single-user; multi-user and site license pricing available.

Senior Health Advisor 1.0

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604
800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Geriatric Health.

AUDIENCE:

Patients.

DESCRIPTION:

Produces patient education handouts for geriatric health topics. Resource lists and illustrations also are featured.

HARDWARE:

PC.

AVAILABILITY:

\$395; multi-user and site license pricing available.

Senses and the World Around You

CONTACT:

Customer Service
Barr Media Group
12801 Schabaram Avenue/POB 7878
Irwindale CA 91706
800/234-7878
818/338-7878
818/814-2672 (fax)

SUBJECT:

Physiology.

AUDIENCE:

Grades 6-9.

DESCRIPTION:

Live action and animation illustrate how our five senses enable us to know our environment. Clear narration describes how each sense works physiologically, responding to various stimuli. The video offers details on how our sensory nerves function and how the brain interprets signals of sight, sound, smell, taste and touch. The relative importance of each sense is considered, especially as compared to other animals. The video introduces the concept of synesthesia in which one sense can be substituted for another sense. Offers youngsters an explanation of how they are able to perceive their surroundings. Bilingual: English and Spanish. Closed Captioned. 21 1/2 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$90.

Sex Education Series

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Health Promotion, Sex Education.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This series consists of two programs. Contraception describes how eight different contraceptive methods work, their effectiveness, safety, cost, and possible adverse reactions. Methods discussed include the rhythm method, diaphragm, condom, foams and jellies, birth control pill, IUD, sponge and sterilization. Veneral Disease describes diseases, effects, treatment, causes, transmission, and prevention, and provides a research outlook. Diseases include syphilis, gonorrhea, herpes, and AIDS.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$34.95 each. \$65 for set of two programs.

**Sexual Changes--Boys/Sexual
Changes--Girls**

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Sex Education.

AUDIENCE:

Grades 4-9.

DESCRIPTION:

Sexual Changes--Boys: This program describes the changes that occur in boys' reproductive organs during puberty. A group of preteen boys share their experiences and concerns. Dr. Long explains the sexual changes all boys experience. He describes the different parts of the male reproductive organs and their functions. Dr. Wyatt discusses how boys can best deal with the feelings of embarrassment or anxiety caused by sexual changes. A brief description of the sexual changes occurring in preteen girls is also provided. 19 minutes. Sexual Changes--Girls: The changes that occur in girls' reproductive organs during puberty are explained in this program. A group of preteen girls talk about their experiences and concerns. Dr. Long uses three-dimensional computer animation to describe the female reproductive organs, and he explains what happens during menstruation, conception, and pregnancy. Dr. Wyatt discusses the anxieties that accompany sexual maturation. 19 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Sexually Transmitted Diseases

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113
800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Sexually
Transmitted Diseases, STDs.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

Straight forward discussion of STD's in a format that appeals to young adults. Personal questions about the user's age, sex, and sexual history allow the computer to present information specifically for his/her own situation. The program covers information on the most common STDs; symptoms, health consequences, and treatment. It also covers ways to prevent STDs including the need for honest assessment of sexual activity so that responsible decisions can be made. A short test to assess the user's knowledge of STDs is included. Based on information entered into the computer, the user can get a personal STD risk assessment.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Shape Up

CONTACT:

Customer Service
DSR Software
5 Park Plaza #770
Irvine CA 92714
714/553-6574
(fax)

SUBJECT:

Fitness.

AUDIENCE:

General Public.

DESCRIPTION:

Description:

HARDWARE:

Windows PC w/CD-ROM.

AVAILABILITY:

\$24.95 from retail stores.

**Shared Decision-making Program:
Benign Prostatic Hyperplasia:
Choosing Surgical or Non-Surgical
Treatment**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Urology, Prostate, Patient Education.

AUDIENCE:

BPH Patients.

DESCRIPTION:

This interactive program was developed by the not-for-profit Foundation for Informed Medical Decision Making and is designed for use in the healthcare provider setting. It provides BPH patients with general information about their condition along with unbiased descriptions of the harms and benefits of the alternative surgical and non-surgical treatments. Patients are referred to the program by a physician. Then, using information input by the patient (age, symptom status, medical history), patient-specific probabilities of the outcomes of the treatment alternatives are presented. Video interviews with patients who have experienced the benefits and/or the harms are presented so that the patient facing a treatment decision can gain vicarious understanding of the possible outcomes in candid, human terms. An optional Learn More section is provided so that the patient can obtain greater insight about topics of interest such as prostate cancer, sexual dysfunction, acute retention, etc.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-
0895.

AVAILABILITY:

\$1,900.

**Shared Decision-making Program:
Hormone Replacement Therapy**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Hormone replacement therapy,
menopause, patient education.

AUDIENCE:

Women considering hormone
replacement therapy.

DESCRIPTION:

The goal for this program is to help women make an informed decision along with their physician about whether to take hormone replacement therapy. The program is tailored to a woman's personal circumstances by entering her age, race, whether or not a hysterectomy was performed and her personal and family history concerning heart disease, breast cancer, and osteoporosis. The program begins with a general introduction about menopause and hormones. Women hear about the expectant changes that occur during menopause. Background information is presented about the different ways, forms and durations that hormones can be taken. Women hear about the potential benefits associated with hormone replacement therapy, including the short-term relief of symptoms and the long-term prevention of heart disease and osteoporosis. The harms of therapy are presented including the possible risk of endometrial cancer for women with a uterus and the link between breast cancer and gallstones with hormone replacement therapy.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-
0895.

AVAILABILITY:

**Shared Decision-making Program:
Treating Your Breast Cancer:
Adjuvant Therapy**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Cancer, Chemotherapy, Hormonal
Therapy, Patient Education.

AUDIENCE:

Early-stage Breast Cancer Patients.

DESCRIPTION:

This interactive program was developed by the not-for-profit Foundation for Informed Medical Decision Making and is designed for use in the healthcare provided setting. It provides early-stage breast cancer patients with general information about their condition along with unbiased descriptions of the harms and benefits of the alternative treatments--chemotherapy, hormonal therapy, or careful follow-up. A patient is referred to the program by her physician. Then, using information input by the patient (age, node status, tumor size), patient-specific probabilities of the outcomes of the treatment alternatives are presented. Video interviews with patients who have experienced the benefits and/or the harms are presented so that the patient facing a treatment decision can gain vicarious understanding of the possible outcomes in candid, human terms.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-
0895.

AVAILABILITY:

\$1,500.

**Shared Decision-making Program:
Treating Your Breast Cancer: The
Surgery Decision**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Cancer, Surgery, Patient Education.

AUDIENCE:

Early-stage Breast Cancer Patients.

DESCRIPTION:

This interactive program was developed by the not-for-profit Foundation for Informed Medical Decision Making and is designed for use in the healthcare provided setting. It provides early-stage breast cancer patients with general information about their condition along with unbiased descriptions of the harms and benefits of the alternative treatments--mastectomy or breast-sparing surgery with radiation. A patient is referred to the program by her physician. Comparative probabilities of the outcomes of the surgical alternatives are presented. Video interviews with patients who made the different choices are presented so that the patient facing a treatment decision can gain vicarious understanding of the possible outcomes in candid, human terms. An optional Learn More section is provided so that the patient can gain greater insight about topics of interest such as breast reconstruction, prostheses and new diagnostic tests.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-0895.

AVAILABILITY:

\$1,500.

**Shared Decision-making Program:
Treatment Choices for Benign
Uterine Conditions**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Benign uterine conditons,
hysterectomy, fibroids, abnormal
uterine bleeding, pelvic pain, patient
education.

AUDIENCE:

Women with uterine fibroids, abnormal
uterine bleeding or pelvic pain.

DESCRIPTION:

The goal of this program is to help women make an informed decision along with their physician about the best treatment for their fibroids, abnormal bleeding or pelvic pain. Treatment options presented include watchful waiting, medical therapy, limited surgery and hysterectomy. The program presents information about each of the conditions, their causes, quality of life issues including fertility and the possible benefits and potential risks associated with each treatment.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-0895.

AVAILABILITY:

\$1,900.

**Shared Decision-making Program:
Treatment Choices for Ischemic
Heart Disease**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Heart disease, stable angina,
cardiology, cardiovascular surgery,
patient education.

AUDIENCE:

Stable angina patients.

DESCRIPTION:

This program is intended for men and women with ischemic heart disease, or "stable angina." The program offers background information on how this form of heart disease develops, and what its effects can be. There is detailed discussion of the major treatment options: medical therapy, coronary artery bypass graft surgery, and angioplasty. Patient-specific statistics are given on how each treatment might work for the individual viewer, based on age, sex and medical condition. Over 20 user-specific data points are entered to tailor the program to the individual. The information in the program is derived from studies directed by the federally-funded Patient Outcomes Research Team based at Duke University Medical Center.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-0895.

AVAILABILITY:

\$1,900

**Shared Decision-making Program:
Treatment Choices for Low Back
Pain**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Orthopedics, Neurosurgery, Patient
Education.

AUDIENCE:

Low Back Pain Patients.

DESCRIPTION:

This interactive program was developed by the not-for-profit Foundation for Informed Medical Decision Making and is designed for use in the healthcare provider setting. It provides low back pain patients with general information about their condition along with unbiased descriptions of the harms and benefits of the alternative surgical and non-surgical treatments. Patients are referred to the program by a physician. Then, using information input by the patient (age and medical history), patient-specific probabilities of the outcomes of the treatment alternatives are presented. Video interviews with patients who have experienced the benefits and/or the harms are presented so that the patient facing a treatment decision can gain vicarious understanding of the possible outcomes in candid, human terms.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-
0895.

AVAILABILITY:

\$1,900.

**Shared Decision-making Program:
Treatment Choices for Mild
Hypertension**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Mild Hypertension, Patient Education.

AUDIENCE:

Hypertensive Patients.

DESCRIPTION:

This interactive video program was developed by the not-for-profit Foundation for Informed Medical Decision Making and is designed for use in the healthcare provider setting. It provides mild hypertension patients with general information about their condition along with unbiased descriptions of the potential harms and benefits of the alternative surgical and non-surgical treatments -- watchful waiting, lifestyle changes, or medication. A patient is referred to the program by his or her physician. Then, using information input by the patient (age, gender, race, lifestyle, test results), patient-specific probabilities of the outcomes of the treatment alternatives are presented. Video interviews with patients who have experienced the benefits and/or harms are presented so that the patient facing a treatment decision can gain vicarious understanding of the possible outcomes in candid, human terms.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-
0895.

AVAILABILITY:

\$1,500.

**Shared Decision-making Program:
Treatment Choices for Prostate
Cancer**

CONTACT:

Janet Cheney
Customer Service
Foundation for Informed Med Dec
PO Box 5457
Hanover NH 03755
603/650-1180
603/650-1225 (fax)
2ShareDecisions@Dartmouth.edu
<http://www.dartmouth.edu/dms/cccs/fi>

SUBJECT:

Prostate cancer, patient education.

AUDIENCE:

Men with early-stage prostate cancer.

DESCRIPTION:

This program is intended for men ages 50-90 with a clinically-localized prostate cancer. It offers background information on early stage prostate cancers, emphasizing that prostate cancers are generally slow-growing. There is detailed discussion of the treatment options: radical prostatectomy, radiation therapy, and watchful waiting. The program explains that the treatment decision is complicated by the fact that there is no scientific proof that any form of treatment is better than watchful waiting. Men who have chosen each of the treatment options appear in the video, with each of these men stating his satisfaction with his choice.

HARDWARE:

Campus Desktop 80486 DX/33
Interactive Videodisc System. Contact
Campus Learning Systems at 703-779-
0895.

AVAILABILITY:

\$1,900.

Smoker's Profile 1.0

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015
800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Health Assessment,
Smoking Cessation.

AUDIENCE:

General Public that Smoke.

DESCRIPTION:

This program is designed to help smokers understand the serious consequences of their habit. It is an effective tool in any smoking-cessation setting, including clinics or health classes and fairs. Rapid data entry makes it useful for on-the-spot processing at fairs. The smoking history questionnaire can be filled out in 2-4 minutes. Filing routines are included to store data for future reference, updating and batch processing.

HARDWARE:

PC.

AVAILABILITY:

\$250 plus \$35 annual maintenance fee.

Snooper Puppy: Drink, Drank, Drunk/Flying High

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Substance Abuse.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Charming live-action puppets in combination with easy-to-follow animated segments clearly illustrate the effects of alcohol on the body and mind. Viewers learn the importance of saying "No" to alcohol, and of staying away from those who would encourage them to start. 16 minutes. Baxter wants to fly, but when he goes looking for his flying cape, he finds temptation instead. The bumbling and mischievous Grizzle and Stoops try to convince him that he can really fly "high" on drugs. Through the story of Mortimer, The Flying Turtle, Grandpaw teaches Baxter that there is a difference between real fun which contributes to growth and strength, and fake fun which is an illusion manufactured by drugs. 17 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Both programs on one videodisc for \$395.

Snooper Puppy: Snooper Puppy/Puff of Smoke, The

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015
800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Substance Abuse.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Put out of the house for chewing the rug, then in the doghouse again for letting two scruffy strays scatter his family's garbage, Baxter despondently runs away from home. Blatantly preaching against breaking rules, drinking liquor, and smoking cigarettes, this dramatically shot show effectively barks out valuable messages on self-esteem to young audiences. 19 minutes. This enlightening program gives children the information they need to say "No" to smoking. Young viewers learn the physical and mental effects of cigarette smoking in a way they can easily understand and are taught how to handle the pressures of advertisers and peers who attempt to make smoking appear attractive. 17 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

Both programs on one videodisc for \$395.

Social Drinker and the Anti-Social Driver (2nd Edition), The

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Substance Abuse.

AUDIENCE:

Grades 9-Adult.

DESCRIPTION:

Those who think of themselves as moderate drinkers and safe drivers need to see this program. Statistics show it's the social drinkers, not the problem drinkers, who are the ones most often responsible for traffic accidents and fatalities. This program is aimed at those drivers who think they understand alcohol and its effects on their bodies, and think their intoxicated driving is reasonable. The program includes a discussion of sensible preparations to make before drinking and prudent alternatives to driving after drinking. 21 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

Solid Gold 5 Day Workout

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion, Exercise.

AUDIENCE:

General Public.

DESCRIPTION:

Exercise with the Solid Gold Dancers.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Spine Sense

CONTACT:

Bret Wright
Director of Marketing
IEP
2124 Research Row
Dallas TX 75235
214/904-6988
214/904-6924 (fax)

SUBJECT:

Back Care, Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This CD-i program provides information on back care, including the anatomy of the spine, how bodily movements affect the spine, first aid for back pain, and effective back exercises. Contains full-motion video. English and Spanish.

HARDWARE:

CD-i player.

AVAILABILITY:

\$750.

Sportlogic

CONTACT:

Molly Meyers
VP Health Fitness Services
PKI Software
14800 Conference Ctr Drive #202
Chantilly VA 22021

800/PKI-1432
703/222-2556
703/631-5291 (fax)

SUBJECT:

Health Promotion, Patient Education,
Exercise Log.

AUDIENCE:

General Public, Cardiac Patients.

DESCRIPTION:

Features: Exercise-logging program; useful for cardiac rehabilitation. Provides immediate feedback and monthly reports to participants and managers of a fitness program. Following entry of body weight and exercise type, along with intensity, duration, and physiological responses (heart rate, symptoms), the computer will display fitness points earned, calories burned, estimated annual weight loss, aerobic efficiency, and risk of injury. Monthly reports list individual workout data, with total calories burned and fitness points earned. Rank and order listings of all members according to such variables as points earned, running mileage, and weight loss are produced monthly. Custom report generator, form letter writer, label-making functions.

HARDWARE:

PC for DOS or Windows.

AVAILABILITY:

\$3,250 DOS; \$3,750 Windows.

Stand Up for Yourself--Peer Pressure and Drugs

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Substance Abuse.

AUDIENCE:

Children grades 5-8.

DESCRIPTION:

Real life situations and a peer workshop group dramatize proven ways young people can say no to street drugs, cigarettes and alcohol. Because different viewers will relate to different situations, the disc is structured to let teachers select and access sections most pertinent to their audience. With the aid of the study guide, teachers can use barcoding to highlight and repeatedly demonstrate several useful techniques. Dual soundtrack: English and Spanish. (15.5 minutes)

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Step Test--GXT 2.0

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Fitness Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This multistage graded exercise test is a safe and useful tool for assessing current levels of fitness and for developing an exercise prescription. The program calculates maximum oxygen uptake, maximum MET levels reached, and energy expended; it records blood pressure and pulse recovery rates. The report assigns a fitness category, based on predicted norms of maximum oxygen consumption, that is age- and sex-specific. Developed by the Canadian Public Health Association as an alternative to treadmill testing in assessing cardiovascular fitness.

HARDWARE:

PC.

AVAILABILITY:

\$150 plus \$35 annual maintenance fee.

**Stephen's Secret (A Program About
child Physical Abuse)**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:
Child Abuse.

AUDIENCE:
Grades K-6.

DESCRIPTION:

Based on the Kids On The Block Puppet Program created by Barbara Aiello, children who have been physically abused long to be helped, but many are desperately afraid of the possible consequences if they seek help. This innovative program uses puppet characters to relate the story of a boy who overcomes his reluctance to tell and finds help for his family. Viewers will begin to understand why children are afraid to tell others about being abused, discover that children often blame themselves for abuse, and that children commonly confuse abuse with normal parental discipline. 25 minutes.

HARDWARE:
Any videodisc player.

AVAILABILITY:
\$295.

Steroids: Drug Use in Sports

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327

800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:
Health Promotion, Steroids, Drug Abuse.

AUDIENCE:
Grades 7-12.

DESCRIPTION:

This program begins with a look at drugs used by athletes including amphetamines, therapeutic drugs, and alcohol and their effects on performance. It then provides an in-depth look at anabolic steroids including what they do to the male and female bodies, what effect they have on behavior and what consequences are irreversible.

HARDWARE:
PC DOS/Windows.

AVAILABILITY:
From \$89 to \$209.

Street Drugs: Trip or Trap

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:
Health Promotion, Substance Abuse, Drugs.

AUDIENCE:
Grades 5-12.

DESCRIPTION:

Information on stimulants, depressants, narcotics, hallucinogens, inhalants, and designer drugs. It includes lessons on anticipating consequences and caring about others.

HARDWARE:
PC and Macintosh.

AVAILABILITY:
\$49.95; \$250 network; \$250 site license.

Stress Management

CONTACT:

Pax Nidorf
President
Psychological Psoftware
11127 Carlota Street
San Diego CA 92129
619/627-1631
(fax)

SUBJECT:

Stress Management.

AUDIENCE:

General Public.

DESCRIPTION:

Stress Management is a program that will help users control the stress they experience. They can learn exactly what stress is and what causes it, measure the stress in their lives, graph it, and most important, deal with its causes. We are living in a age where stress hits us from every facet of life. Dealing with this problem is of the utmost importance. Many of our physical ailments are simply a result of life stress.

HARDWARE:

PC.

AVAILABILITY:

\$49.50

Stress: Learning to Handle It

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Mental Health, Health Promotion,
Stress Management.

AUDIENCE:

Grades 7-Adult.

DESCRIPTION:

This program teaches teenagers what stress is, how its effects can be recognized in their own lives, and how they can manage it. In a high-school support group, teenagers discuss the pressures on them. The faculty leader defines stress in physiological and emotional terms and explains that its most basic cause is change. The students learn that while some stress is necessary for survival and achievement, there are negative effects that include sleeplessness, over- and under-eating, quick temper, stomach pains, and depression. The program covers major steps to stress reduction. 23 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.95.

STV: Human Body Series--Digestive System/Circulatory and Respiratory Systems

CONTACT:

Laura Gassler
Educational Services
National Geographic Society
Box 98017
Washington DC 20090
800/368-2728
301/921-1330
301/921-1575 (fax)

SUBJECT:

Human Anatomy.

AUDIENCE:

General Public, Grades 7-12.

DESCRIPTION:

Part of the STV series of interactive lessons built around existing National Geographic films. Each kit includes videodisc, computer software (Level III kit), and user's guide with barcode directory. Side One, the Digestive System, shows the process of digestion, from ingestion through digestion to absorption and elimination. Shows a morsel of food being chewed and swallowed, the inside of the esophagus, bile squirting from the gallbladder, and velvetlike cilia lining the walls of the stomach. Also covers the role of the digestive enzymes. Side Two, the Circulatory and Respiratory Systems, covers the heart and circulatory system, as well as the respiratory system. Shows red blood cells passing through a capillary single file and white blood cells destroying invading bacteria. Also travels the pulmonary circulation, the loop that takes blood from the heart to the lungs and back again.

HARDWARE:

Macintosh w/videodisc player. Barcode optional.

AVAILABILITY:

\$225 for Level I Kit; \$325 for Level III Kit; \$607.50 for Level I Series; 877.50 for Level III Series.

STV: Human Body Series--Muscular and Skeletal Systems/Nervous System

CONTACT:

Laura Gassler
Educational Services
National Geographic Society
Box 98017
Washington DC 20090

800/368-2728
301/921-1330
301/921-1575 (fax)

SUBJECT:

Human Anatomy.

AUDIENCE:

General Public, Grades 7-12.

DESCRIPTION:

Part of a new STV series of interactive lessons built around existing National Geographic films. Each kit includes videodisc, computer software (Level III kit), and user's guide with barcode directory. Side One, Muscular and Skeletal Systems, explores the architecture of the human body, including the bones of the skeleton. Composed of both organic and inorganic substances, the lightweight human skeleton is nevertheless capable of supporting the enormous stresses exerted upon it. Shows how skeletal muscles contract and relax, creating movement. Also teaches about the smooth muscles that help our inner organs work, and about the cardiac muscles. Side Two, Nervous System, explores the anatomy and physiology of the nervous system, including how the brain and spinal cord receive sensory information. The brain integrates sensory input with memory and reasoning and sends reaction impulses out to the body's organs, muscles, and glands.

HARDWARE:

Macintosh w/videodisc player. Barcode optional.

AVAILABILITY:

\$225 for Level I Kit; \$325 for Level III Kit; \$607.50 for Level I Series; 877.50 for Level III Series.

STV: Human Body Series--Reproductive System/Immune System

CONTACT:

Laura Gassler
Educational Services
National Geographic Society
Box 98017
Washington DC 20090

800/368-2728
301/921-1330
301/921-1575 (fax)

SUBJECT:

Human Anatomy.

AUDIENCE:

General Public, Grades 7-12.

DESCRIPTION:

Part of a new STV series of interactive lessons built around existing National Geographic films. Each kit includes videodisc, computer software (Level III kit), and user's guide with barcode directory. Side One, the Reproductive System, chronicles fertilization, the union of the sperm and egg, and, in miraculous detail, the development of a new human life. Side Two, the Immune System, examines the anatomy and physiology of the immune system to see how it recognizes and combats invaders.

HARDWARE:

Macintosh w/videodisc player. Barcode optional.

AVAILABILITY:

\$225 for Level I Kit; \$325 for Level III Kit; \$607.50 for Level I Series; 877.50 for Level III Series.

Substance Dependency: The Drugs That Make It Happen

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327

800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Drug Abuse.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

This program covers in-depth the biomedical aspect of drug use. Substance dependency is explored in depth including its progression and symptoms, withdrawal and tolerance. The many consequences of using the following drugs are detailed: alcohol, barbiturates, stimulants, amphetamines, hallucinogens, inhalants, crack/cocaine, heroin, PCP, and marijuana.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Suicide and Depression

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Suicide, Depression,
Mental Health.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Suicide is now the #2 cause of death for teenagers, after alcohol-related traffic accidents. This program will give the user a better understanding of why some adolescents become depressed and choose to commit suicide. The warning signs and symptoms of someone contemplating suicide are explored and the fact that these signs are distress signals for help. The impact of the family and one's self-esteem are discussed. Resources for help are included with the program.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Take Five

CONTACT:

Herb Sclar
CEO
UpData Publications
1736 Westwood Blvd
Los Angeles CA 90024
310/474-5900
310/474-0802 (fax)

SUBJECT:

Relaxation Techniques.

AUDIENCE:

General Public.

DESCRIPTION:

Relieve everyday stress without leaving your desk or switching off your computer. Refresh and relax aching muscles and frazzled nerves. Simple and effective stretching exercises.

HARDWARE:

Windows PC/Macintosh w/CD-ROM.

AVAILABILITY:

\$22.95

Talkin' About AIDS

CONTACT:

Teaching/Journal/Perennial
Altschul Group Corporation
1560 Sherman Avenue Suite 100
Evanston IL 60201
800/323-9084
708/328-6700
708/328-6706 (fax)

SUBJECT:

AIDS education.

AUDIENCE:

Teenaged students.

DESCRIPTION:

Through rap, drama, animation, and interviews, this program offers teens the latest information about AIDS. Three AIDS victims are in the program, and all make moving statements with the basic message that "it can happen to anyone." An animated character, Ed, the AIDS nerd, shows how stupid it is to believe the myths surrounding AIDS, such as transmission from restaurant utensils, telephones, even hugging. Teens will learn that it's cool to understand AIDS.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$295. VHS preview copies available, including barcoded guide.

Targets

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Substance Abuse, Health Promotion.

AUDIENCE:

Students Grades 7-College, General Public.

DESCRIPTION:

Five reckless teenagers emerge from an auto wreck to find themselves in "victim school," in which their ultimate fate will be decided. The program emphasizes that teenagers do not have to be alone when dealing with such personal problems as molestation, domestic violence, alcoholism or peer pressure. (19 minutes) 1985.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Teen Contraception

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, Sex Education.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

More than a million teen pregnancies now occur in the United States each year; 44 percent of those result in birth. With 57 percent of young men and women becoming sexually active before the age of seventeen and sexually transmitted diseases (STDs) approaching epidemic levels, it's essential that teens receive reliable, comprehensive information about contraception and reproductive health. This program offers adolescents a candid discussion of contraceptive methods. It presents the straight facts about how and when pregnancy occurs while dispelling myths widespread among teenagers. The truth about how AIDS and other STDs enter the human body is also made clear. The most common forms of birth control are explained in detail. The pros and cons of each method are covered, including the statistical likelihood of pregnancy and the possibility of physiological side effects.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$199.95.

Tell 'Em How You Feel

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Mental Health, Counseling.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

Six-year-old Adam is upset because his father has broken a promise to take him fishing. This sets off a chain of emotional and physical outbursts against his mother and best friend. While sulking alone by a pond, Adam meets the Grindlesnitch--a friendly bridge troll--and two bickering dragon pups. From them, Adam learns that telling others how you feel, calm discussion and good listening skills are the first steps to constructively resolving personal conflicts. (18 minutes) 1986.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Tell Me Why I & II

CONTACT:

Customer Service
Philips Media Electronic Publishing
10960 WILSHIRE BLVD #700
Los Angeles CA 90024

310/444-6600
310/479-5937 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

Grades K-6.

DESCRIPTION:

These two CD-i programs answer more than 175 questions each in five areas of interest: Our World, How Things Work, How Things Began, and The Human Body. For preschool and elementary school children.

HARDWARE:

CD-i.

AVAILABILITY:

\$34.98 each.

TestWell: Health Risk Appraisal

CONTACT:

Krista J. Wittkopf
Resource:Media Specialist
National Wellness Institute
1045 Clark St, Ste 210, PO Box 827
Stevens Point WI 54481

800/2-Get-NWI
715/342-2969
715/342-2979 (fax)
nwelli@uscyber.com
<http://wellness.uwsp.edu/wellness/nwa>

SUBJECT:

Health Promotion, Health Risk
Appraisal.

AUDIENCE:

Adults 18-65 years.

DESCRIPTION:

An assessment designed to provide an awareness of the impact current behaviors and physical health measurements have on health risks. By assessing nonmodifiable risks (age, height, family history), as well as modifiable risks (weight, serum cholesterol, blood pressure), this program is able to provide an appraisal of the top ten risks of death. Utilizing the latest statistics from the Centers for Disease Control, this program provides a cost-effective method of assessing an individual's health risks. Scanner support available for the Chatsworth OMR 1100 or OMR 2000.

HARDWARE:

PC.

AVAILABILITY:

Interactive version begins at \$129, \$449 for group/batch version.

Testwell: Lifestyle Assessment Questionnaire (LAQ) Version 5.5

CONTACT:

Krista J. Wittkopf
Resource:Media Specialist
National Wellness Institute
1045 Clark St, Ste 210, PO Box 827
Stevens Point WI 54481

800/2-Get-NWI
715/342-2969
715/342-2979 (fax)
nwelli@uscyber.com
<http://wellness.uwsp.edu/wellness/nwa>

SUBJECT:

Health Promotion, Health Risk
Assessment.

AUDIENCE:

Adults 18-65 years.

DESCRIPTION:

This report describes level of wellness within the six dimensions of wellness. It provides a health risk appraisal evaluating the top ten risks of death within the next ten years, potential consequences of present lifestyle, and suggestions for improvement. Information on topics for personal growth and a behavior change facilitation guide to support lifestyle changes are included. Group results provide a resource for the custom design of a wellness program, as well as a basis for objective analysis of its effectiveness. This questionnaire supports the use of the NCS Sentry 3000 and SCANTRON 2500 (compatible to the 8000 series) series scanners equipped with dual read heads, allowing for quick processing of questionnaire scan sheets.

HARDWARE:

PC.

AVAILABILITY:

Single Site License \$1,995; \$10 demo disk.

TestWell: Wellness Inventory

CONTACT:

Krista J. Wittkopf
Resource:Media Specialist
National Wellness Institute
1045 Clark St, Ste 210, PO Box 827
Stevens Point WI 54481

800/2-Get-NWI
715/342-2969
715/342-2979 (fax)
nwelli@uscyber.com
<http://wellness.uwsp.edu/wellness/nwa>

SUBJECT:

Health Promotion, Health Risk
Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

These programs are designed to appropriately address lifestyle choices facing specific populations. Available in both an interactive and group/batch formats, these educational assessment tools promote awareness for the six dimensions of wellness-physical, social, emotional, intellectual, occupational (career development), and spiritual. It analyzes responses and provides graphical representation of the balance and strengths of one's lifestyle. The program is available in Standard Adult, College, and High School editions. In addition, it is designed to allow for extensive customization (additional fee required). Scanner support for the Chatsworth OMR 1100 or OMR 2000 available in DOS format only.

HARDWARE:

PC DOS or Windows.

AVAILABILITY:

DOS interactive version begins at \$169.99, \$399 for group/batch version; Windows interactive version begins at \$399, \$695 for group/batch version. Demo \$10 + S/H.

Then One Year

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406

800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Sex Education.

AUDIENCE:

Grades 5-7.

DESCRIPTION:

This videodisc, an amalgam of information from Boy to Man and Girl to Woman, barcodes six units, vocabulary, still frames and re-groupings to present random-access, comprehensive information on puberty for boys and girls. Bilingual: English/Spanish.

HARDWARE:

Any videodisc player; barcode reader optional.

AVAILABILITY:

\$99.95.

This Is You: The Human Animal

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

This program transports viewers to a magical place where anything can happen--The Magical World of Books and Beyond. Pinocchio's questions mirror youngster's queries. Together they will learn about the important role that humans play as members of the animal kingdom.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

This Is You: The Living Machine

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Join Pinocchio, Jiminy Cricket and the Mad Professor, Peter Putterer, on an unforgettable adventure into the World of Machines and explore the perfect living machine--the human body. 20 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

This Is You: You & Your Ears

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Molly and Zach enter Jiminy Cricket's Magical World of Books and Beyond. There the children discover, via computer animation, live action and existing Jiminy Cricket animation, the different parts of the ear, how it works, why their sense of hearing is valuable, how it helps to keep us safe and what we can do to protect it. 28 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

This Is You: You & Your Eyes

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Through computer animation, live action and existing Jiminy Cricket animation, two children learn how the eye works, why their eyes are so important, how to keep their eyes safe and how their eyes protect them. 23 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

This Is You: You & Your Five Senses

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

This program transports viewers to a magical place where anything can happen--The Magical World of Books and Beyond. Now that Pinocchio is a real boy, he wants to learn everything and Jiminy Cricket is there to help him. By the program's end, Pinocchio and Captain Nonsense learn that there are five senses. They understand how they work and how to protect them. 22 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

This Is You: You & Your Food

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Join Pinocchio, Jiminy Cricket and "food expert" Samantha as they explore nutrition. Visit the four main food groups while selecting a well-balanced diet and see how good food provides fuel for the human body. Includes over 70 still images to classify, writing activities, a supplementary video segment about new ways to grow food, a dictionary section and a section of jokes and riddles. 26 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

This Is You: You & Your Sense of Touch

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

In Jiminy Cricket's Magical World of Books and Beyond, two children discover, via computer animation, live action and existing Jiminy Cricket animation, how our skin and sense of touch work, how the sense of touch helps keep us safe and what we can do to protect it. 21 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

**This Is You: You & Your Senses of
Smell and Taste**

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Anatomy and Physiology.

AUDIENCE:

Grades K-3.

DESCRIPTION:

Two children enter Jiminy Cricket's Magical World of Books and Beyond. There, they discover, via computer animation, live action and existing Jiminy Cricket animation, how our nose and tongue work, why they are important to us, how they keep us safe and what we can do to protect them. 22 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$185.

**Thumbs Up for Kids: AIDS
Education/Come Sit by Me: AIDS
Education**

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311

800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Promotion, AIDS Education.

AUDIENCE:

Grades K-6.

DESCRIPTION:

Ruby Petersen, a former "Romper Room" teacher, interacts with a small group of children about health, disease prevention and AIDS, following the guidelines of the Surgeon General and the American Academy of Pediatrics. The children learn about germs and the difference between the "AIDS germ" and a "cold germ." Produced by KTVU-TV Oakland/San Francisco and Media Express. 23 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Tim and Bear in Hospital

CONTACT:

Anne van Ogtrop
International Marketing
Valkieser Group BV
's-Gravelandseweg 80a
1217 EW Hilversum THE NETHER
+31 35 714444
31 35 714445 (fax)

SUBJECT:

Patient Education, Hospital Orientation.

AUDIENCE:

Children 3 years and up.

DESCRIPTION:

Designed for children three years old and up, Tim and Bear in Hospital is about a curious boy and his teddy bear friend and their visit to the hospital where they loose each other. They can visit one of the 16 rooms, play puzzles, play the X-ray game, and ask information about all the different departments in the hospital. The user can follow either Tim or Bear, who in the end find each other.

HARDWARE:

CD-i player.

AVAILABILITY:

\$40.

TIP-AAIDS

CONTACT:

Michael-John Morgan
Magnus Multimedia Worldwide Inc
Box 16356
Beverly Hills CA 90210
800/391-6699
310/657-1861
310/657-4916 (fax)

SUBJECT:

Health Promotion, AIDS Education,
Sex Education.

AUDIENCE:

Grades K-12.

DESCRIPTION:

TIP-AAIDS (The Interactive Professor--An AIDS Interactive Disc for Students) deals directly, factually and sensitively with HIV-related issues encountered by sexually aware teens. Interactive users make decisions for program characters in extremely realistic situations; users then vicariously experience both positive and negative consequences of their decisions. TIP-AAIDS' thought balloons, multi-instructional modes, teacher-controls, parent- and help-preview sections and more have earned multiple awards for this highly innovative and behaviorally-targeted program.

HARDWARE:

PC w/IBM M-Motion or CompuVid card; Two-screen PC, Macintosh w/CD-ROM.

AVAILABILITY:

\$1,995

TIP-DART

CONTACT:

Michael-John Morgan
Magnus Multimedia Worldwide Inc
Box 16356
Beverly Hills CA 90210
800/391-6699
310/657-1861
310/657-4916 (fax)

SUBJECT:

Alcohol & Drug Education; Health Promotion.

AUDIENCE:

Grades K-12.

DESCRIPTION:

TIP-DART (The Interactive Professor--Drug & Alcohol Responsibility for Teens) brings students face-to-face with real-life decision-making. Teens make decisions for program characters in extremely realistic situations; users then vicariously experience both positive and negative consequences of their decisions. TIP-DART focuses on identifying high-risk situations and how to handle them, on identifying both short- and long-term consequences of drug and alcohol use, and on sharing and showing concern for others. It does all this in a non-moralizing and non-judgmental fashion that is always clever and often amusing. This Level III videodisc program has won all the top multimedia awards and, more importantly, is highly respected by teens and teachers alike across the continent. Prime-time video production values complement intelligent and sophisticated interactive storylines that deliver on the promise of multimedia education for hours without exception.

HARDWARE:

PC w/IBM M-Motion or CompuVid card; Two-screen PC; Macintosh w/CD-ROM.

AVAILABILITY:

\$1,995.

Tobacco and Human Physiology

CONTACT:

Customer Service
AIMS Media
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

SUBJECT:

Health Education, Smoking.

AUDIENCE:

Middle School Students.

DESCRIPTION:

In a university laboratory, Dr. Mark Robinson explains the physiological effects of smoke on human bodies. He covers the effects of both smoked and smokeless tobacco. Dr. Robinson shows how the human respiratory system works and how it is damaged by the particulate matter in cigarette smoke. The severe problems caused by smoking are described including emphysema, cancer, and heart attacks. Effects of smoking on an unborn child are explained.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$299.95.

Tobacco: Smoking and Chewing

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113

800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, Substance Abuse,
Tobacco.

AUDIENCE:

Grades 5-12.

DESCRIPTION:

Explains tobacco's effects on the circulatory system, heart, and lungs. Presents the dangers of chewing tobacco and the effects of second-hand smoke. Addresses risk factors such as falling for advertising or peer pressure.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

TOM Health & Science

CONTACT:

Kathy Niemeier
Asst. Dir. of Product Management
Information Access Company
362 Lakeside Drive
Foster City CA 94404

800/227-8431
415/378-5200
415/378-5302 (fax)
kathy_niemeier@iacnet.com
iacnet.com/library/libhome.html

SUBJECT:

Health Literature.

AUDIENCE:

Patients.

DESCRIPTION:

Contains articles from more than 71 publications; and the full text from over 100 of the indexed titles, plus the full text of two reference books and more than 80 health pamphlets. The cumulative index, contained on the disc, integrates all references from January 1989 to the present.

HARDWARE:

PC/Macintosh w/CD-ROM drive.

AVAILABILITY:

\$875 index; \$450 CD full text.

Traditional Chinese Medicine and Pharmacology Multimedia

CONTACT:

Carol Dunn
Director of Marketing
Hopkins Technology
421 Hazel Lane
Hopkins MN 55343
800/397-9211
612/931-9376
612/931-9377 (fax)
pdunn@hoptechno.com
http://www.hoptechno.com

SUBJECT:

Chinese Medicine.

AUDIENCE:

Medicine, Nursing.

DESCRIPTION:

This comprehensive text looks at Chinese traditional medicine in terms of its holistic-philosophical outlook. It draws frequent comparisons between the methodology of modern Western medicine and science and that of traditional Chinese medicine. Text and diagrams on the interrelationship and clinical applications of the basic philosophical elements of traditional Chinese medicine such as yin and yang and the five elements are included. In addition, there are explanations of physiology, pathology, etiology, diagnostic methodology and syndrome differentiation as related to yang-fu (internal) organs and the channels and collaterals. It contains extensive clinical experience on internal medicine, gynecology and pediatrics. There are 322 herbs and 137 formulas covered; some herbs have color illustrations.

HARDWARE:

Windows PC/Macintosh w/CD-ROM drive.

AVAILABILITY:

\$49.95 list; \$34.95 street price.

Treadmill--GXT 1.0

CONTACT:

Lori Kolander
Marketing Coordinator
Wellsource Inc
15431 Southeast 82nd Drive-Suite D
Clackamas OR 97015

800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Coronary Risk
Assessment.

AUDIENCE:

General Public.

DESCRIPTION:

This program was developed for health professionals conducting graded exercise tests (GXTs) on the treadmill. The questionnaire gathers data necessary for GXTs, and stores this information with test results for reports. The three-page report includes life-style data and coronary risk indicators, and provides GXT test results (work load, heart rate, blood pressure, rate pressure product per minute or exercise stage), all in easily understood form. Heart rate during exercise and recovery is shown in graphics. Final test results are summarized. Maximum oxygen uptake is computed and compared to age and sex standards. Individualized exercise prescription. Coronary risk factors listed with recommended values.

HARDWARE:

PC.

AVAILABILITY:

\$245 plus \$35 annual maintenance fee.

Turning Over A New Leaf

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Personal Health, Health Promotion,
Substance Abuse.

AUDIENCE:

Grades 4-6.

DESCRIPTION:

Based on the Kids On The Block Puppet Program created by Barbara Aiello, this innovative and insightful program demonstrates both the consequences of drug abuse and the decision-making process by which young people make informed choices. Puppet characters relate the story of a boy's return to his old neighborhood after his release from a drug rehabilitation program. Viewers will relate to the emotions of a teenager faced with pressure to return to drugs. 23 minutes.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$295.

Type II Diabetes

CONTACT:

Renee B. Kirwan
Marketing Director
Computerized Educational Systems
307 Park Lake Circle
Orlando FL 32803

800/275-1474
407/841-6230
407/422-5948 (fax)

SUBJECT:

Diabetes, Patient Education.

AUDIENCE:

Diabetics, Health Professionals.

DESCRIPTION:

The objective of this program is to understand Type II diabetes mellitus-- its causes, symptoms and treatment. A friendly insulin molecule teaches the action of insulin, risk factors, normal blood sugar, symptoms, cornerstones of treatment, low blood sugar, and blood sugar monitoring. You'll learn to answer the simulated patient's questions during a patient teaching session.

HARDWARE:

PC.

AVAILABILITY:

\$250.

Ultimate Human Body

CONTACT:

Customer Service
DK Multimedia
95 Madison Ave
New York NY 10016
800/DK-MM-575
212/213-4800
(fax)

SUBJECT:

Anatomy and Physiology.

AUDIENCE:

General Public.

DESCRIPTION:

Take an interactive journey inside the human body to discover what every part of the body is called, see where it is situated, what it looks like, and how it functions. Explore the body through three intuitive search paths. Using interactive questions and answers, The Body Machine explains how the body carries out complex processes such as sight and hearing. The Body Organs focuses on the body's individual components, and The body Systems shows how organs work together to perform essential functions. Contains over 90 animations, 1,400 sounds and sound effects, and 1,000 illustrations.

HARDWARE:

PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$79.95 suggested retail price.
Available in retail stores for \$40 or call 800/225-3362 to order.

UltraCoach

CONTACT:

Customer Service
UltraCoach
9635 Monte Vista Ave #201
Montclair CA 91763
909/625-0463
909/625-4504 (fax)

SUBJECT:

Fitness, Exercise, Training,
Rehabilitation.

AUDIENCE:

General Public.

DESCRIPTION:

UltraCoach Multisport Athletic Training software features recommended workouts for run, bike, and swim using the user's level of fitness, data, and goals. Contains complete log and diary functions with 3D graphs and multimedia sound and animation. The HRM version also includes drivers and graphics program to download, display, and compare recorded heart rate monitor data. Special editions available for running, biking, and swimming, and rehabilitation.

HARDWARE:

DOS; Windows w/CD-ROM.

AVAILABILITY:

\$59.95 from retail stores.

Understanding AIDS

CONTACT:

Customer Service
Substance Abuse Education Inc
670 South 4th Street
Edwardsville KS 66113
800/530-5607
913/441-1868
913/441-2119 (fax)

SUBJECT:

Health Promotion, AIDS.

AUDIENCE:

Grades 6-12.

DESCRIPTION:

This is an interactive tutorial that presents factual, up-to-date information designed to teach about Acquired Immune Deficiency Syndrome (AIDS). The program is based on the Surgeon General's recommendations and Centers for Disease Control (CDC) guidelines. The learner can access a glossary of key terms and definitions any time during the tutorial. Program contents: History and General Review, How AIDS Spreads, Risk Factors - Who Gets AIDS, Current Treatment, How AIDS Affects the Body, and References/Resources.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$49.95; \$250 network; \$250 site license.

Understanding Breast Cancer

CONTACT:

Dennis Riley
Customer Service
ISM Inc
201 Padonia Road W. #200
Timonium MD 21093

800/354-3892
410/560-0973
410/560-1306 (fax)

SUBJECT:

Breast Cancer.

AUDIENCE:

General Public, Breast Cancer Patients.

DESCRIPTION:

The more a woman knows about early detection and treatment, the better her chances of beating breast cancer. Avoid confusion about prevention and treatment. Keep informed through video segments of diagnostic procedures, treatments, graphic animation of proper breast self-examination techniques and more.

HARDWARE:

Windows PC/Macintosh with CD-ROM.

AVAILABILITY:

\$44.95.

Understanding Ourselves: AIDS

CONTACT:

Customer Service
Glencoe Order Systems
POB 543
Blacklick OH 43004

800/334-7344
614/755-4151
614/860-1877 (fax)

SUBJECT:

AIDS, Health Promotion.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

Dr. C. Everett Koop addresses the facts and fictions of the virus. Topics include: Your Immune System and AIDS, How Can You Get AIDS?, and How Can You Protect Yourself? Program includes an examination of past epidemics, state and world statistics, portraits of four people infected with HIV, and teenagers talking about the impact of the AIDS epidemic on their dating habits. Ryan White discusses ignorance, prejudice, and fear with students, and Alison Gertz shares her advice about the risks of teenage sex. Includes a detailed guidebook with chapter guides and lesson plans with barcodes. Bilingual: English and Spanish. Closed-captioned for the hearing impaired. Produced by ABC News InterActive.

HARDWARE:

Any videodisc player; Barcode reader optional; Two-screen Macintosh/PC.

AVAILABILITY:

\$195 for videodisc; \$395 for videodisc and computer software.

Understanding Ourselves: Alcohol

CONTACT:

Customer Service
Glencoe Order Systems
POB 543
Blacklick OH 43004

800/334-7344
614/755-4151
614/860-1877 (fax)

SUBJECT:

Alcohol Use and Abuse, Health Promotion.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

A comprehensive overview of alcohol's physiological effects, plus the social and emotional consequences of drinking. The videodisc provides a strong no-use message. The program promotes self-responsibility, models healthy behaviors such as alcohol-free graduation celebrations, explores myths and historical perspectives on alcohol use, shows the impact advertising and the media have on attitudes toward alcohol use, helps students develop assertiveness skills so they can choose not to drink. Topics include: drinking and driving, alcohol and pregnancy, differences in how alcohol affects men and women, how alcohol affects organs, the nervous system, reaction time and coordination, alcoholism, its consequences and impact on the family, and treatments.

HARDWARE:

Any videodisc player; Barcode reader optional; Two-screen Macintosh/PC.

AVAILABILITY:

\$195 for videodisc; \$395 for videodisc and computer software.

Understanding Ourselves: Drugs and Substance Abuse

CONTACT:

Customer Service
Glencoe Order Systems
POB 543
Blacklick OH 43004
800/334-7344
614/755-4151
614/860-1877 (fax)

SUBJECT:

Substance Abuse, Health Promotion.

AUDIENCE:

Middle and High Schools Students.

DESCRIPTION:

Dr. C. Everett Koop explains the effects of using the following drugs: caffeine, nicotine, alcohol, marijuana, narcotics, cocaine and crack, steroids, inhalants, stimulants, depressants, designer drugs, and hallucinogens. Topics covered include the meaning of addiction, the cost of drugs to society, the impact of drugs on the family, ways to build self-esteem, and community involvement. Includes a detailed guidebook, including chapter guides and lesson plans with barcodes. Bilingual: English and Spanish. Closed captioning for hearing impaired. Produced by ABC News InterActive.

HARDWARE:

Any videodisc player; Barcode reader optional; Two-screen Macintosh/PC.

AVAILABILITY:

\$195 for videodisc; \$395 for videodisc and computer software.

Understanding Ourselves: Food and Nutrition

CONTACT:

Customer Service
Glencoe Order Systems
POB 543
Blacklick OH 43004
800/334-7344
614/755-4151
614/860-1877 (fax)

SUBJECT:

Food and Nutrition, Health Promotion.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

This look at how food and nutrition affect health helps students become more knowledgeable, develop healthier attitudes and adopt more positive behaviors. Students learn: alternatives to unhealthy snacking, how to make healthy choices at fast food restaurants, safe food handling and health food preparation techniques, what to look for in food labeling, weight management without harmful dieting. The program covers: risks of obesity, eating disorders such as anorexia, bulimia and bingeing, consequences of eating foods high in fat, sugar and salt and low in fiber, the impact of diet on energy levels and physical performance, how proper diet prevents major diseases later in life.

HARDWARE:

Any videodisc player; Barcode reader optional; Two-screen Macintosh/PC.

AVAILABILITY:

\$195 for videodisc; \$395 for videodisc and computer software.

Understanding Ourselves: Teenage Sexuality

CONTACT:

Customer Service
Glencoe Order Systems
POB 543
Blacklick OH 43004
800/334-7344
614/755-4151
614/860-1877 (fax)

SUBJECT:

Teenage Sexuality, Health Promotion.

AUDIENCE:

Middle and High School Students.

DESCRIPTION:

Dr. C. Everett Koop discusses changes that take place during puberty, reproductive systems, sexually transmitted diseases, and the risks and responsibility of teenage pregnancy. Other topics include self-esteem and sexuality, talking to parents about sex, peer pressure, deciding not to have sex, other ways to show love, and contraception. Includes a detailed guidebook, including chapter guides and lesson plans with barcodes. Bilingual: English and Spanish. Closed-captioned for the hearing impaired. Produced by ABC News InterActive.

HARDWARE:

Any videodisc player; Barcode reader optional; Two-screen Macintosh/PC.

AVAILABILITY:

\$195 for videodisc; \$395 for videodisc and computer software.

Understanding Ourselves: Tobacco

CONTACT:

Customer Service
Glencoe Order Systems
POB 543
Blacklick OH 43004
800/334-7344
614/755-4151
614/860-1877 (fax)

SUBJECT:

Health Promotion, Tobacco Use.

AUDIENCE:

Students Grades 7-12, General Public.

DESCRIPTION:

Dr. C. Everett Koop discusses the dangers associated with tobacco use. Chapters include information on the immediate effects of smoking, the negative impact of smoking on appearance and social life, profiles of oral and lung cancer victims, effects of passive smoking, and an examination of the legal rights of smokers and non-smokers. Comes with a detailed guidebook, including chapter guides and lesson plans with barcodes. Bilingual: English and Spanish. Closed-captioned for the hearing impaired. Produced by ABC News InterActive.

HARDWARE:

Any videodisc player; Barcode reader optional; Two-screen Macintosh/PC.

AVAILABILITY:

\$195 for videodisc; \$395 for videodisc and computer software.

Understanding Prostate Disorders

CONTACT:

Dennis Riley
Customer Service
ISM Inc
201 Padonia Road W. #200
Timonium MD 21093
800/354-3892
410/560-0973
410/560-1306 (fax)

SUBJECT:

Prostate.

AUDIENCE:

General Public, Prostate Cancer Patients.

DESCRIPTION:

This program is on all prostate diseases, including benign prostate hypertrophy (BPH), prostate cancer and others. The more a man knows about early detection, prevention and treatment, the better. Contains extensive graphic animation, live video segments and narration.

HARDWARE:

Windows PC/Macintosh with CD-ROM.

AVAILABILITY:

\$44.95.

Understanding Systems of the Human Body

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Biology, Life Sciences.

AUDIENCE:

Healthcare Students.

DESCRIPTION:

This program provides an introductory look at ingestion and digestion, the circulatory system, the respiratory system, the nervous system, the excretory systems, and the skeletal and muscular systems.

HARDWARE:

PC; Macintosh.

AVAILABILITY:

\$44.95.

Understanding the Body

CONTACT:

Peter Stibbons
Media Development
Anglia Television Ltd
Anglia House
Norwich NR1 3JG UK
+44 603 615151
+44 603 622191 (fax)

SUBJECT:

Human Anatomy & Physiology.

AUDIENCE:

Grades 5-8.

DESCRIPTION:

This CD-ROM provides information sufficient to meet the requirements of schools teaching human biology to 11- to 14-year-olds.

HARDWARE:

PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

Available on PC and Macintosh by the end of 1994. No US distributor as yet.

Understanding the Human Fight to Stay Healthy

CONTACT:

Deborah Becker
Sales/Marketing
HRM Software/Queue Inc.
338 Commerce Drive
Fairfield CT 06432
800/232-2224
203/335-0906
203/336-2481 (fax)

SUBJECT:

Biology, Life Sciences.

AUDIENCE:

Healthcare Students.

DESCRIPTION:

Students discover how disease and diet each have a part in the human fight to stay healthy. The program introduces such topics as infectious disease, germs, defense systems, antibodies, vaccination, sanitation, and nutrition and diet.

HARDWARE:

PC; Macintosh.

AVAILABILITY:

\$44.95.

University of Minnesota Health Risk Appraisal (Ver 3.0)

CONTACT:

Sheri Carlson
Media Distribution
University of Minnesota Box 734 M
420 Delaware St SE
Minneapolis MN 55455
612/624-7906
(fax)

SUBJECT:

Health Promotion, Health Risk Appraisal.

AUDIENCE:

General Public.

DESCRIPTION:

The newly revised University of Minnesota Health Risk Appraisal calculates individual health risk based on a person's age, sex, family history, and personal habits. This simple, conversational computer program gives immediate feedback to users on their risks of dying. More importantly, it explains how they may extend their lives. Individuals answer simple questions at a personal computer. The computer displays ten leading causes of death for the user's age and gender and shows the risks from each disorder on a numerical table and a bar graph. Based on the user's history and lifestyle, the computer calculates the individual risk level and compares it to the average.

HARDWARE:

PC and Macintosh.

AVAILABILITY:

\$240; Backup disk \$15; Site License \$500.

Uppers, Downers, All Arounders

CONTACT:

Barb Logan
FITNE
5 Depot Street
Athens OH 45701
614/592-2511
614/592-2650 (fax)

SUBJECT:

Drug Abuse.

AUDIENCE:

College Students, General Public.

DESCRIPTION:

Provides a comprehensive look at the use and abuse of psychoactive drugs. The teaching module explores both the psychological and physiological aspects of addiction in a series of 12 planned lessons. Topics include: history; physiology; stimulants; opiates and sedative-hypnotics; alcohol; pschheldelics; drugs in society; drugs and sports; drugs, love, and sex; addition and treatment; and dual diagnosis.

HARDWARE:

Windows PC; Macintosh w/CD-ROM.

AVAILABILITY:

\$170; \$195 for program plus 380-page illustrated textbook.

Using Tobacco: The Choice is Yours

CONTACT:

Customer Service
NASCO
901 Janesville Avenue
Fort Atkinson WI 53538
800/558-9595
414/563-2446
414/563-8296 (fax)

SUBJECT:

Smoking. Health Promotion.

AUDIENCE:

Grades 6-adult.

DESCRIPTION:

Presents the physical and psychological effects of using tobacco. The dangers of smoking, chewing tobacco, and the effects of second-hand smoke are addressed. Information about the increased risk of cancer in smokers also is presented. Includes glossary and self-test.

HARDWARE:

PC.

AVAILABILITY:

\$49; \$250 network; \$400 site license.

Videodisc Encyclopedia of Medical Images

CONTACT:

Customer Service
Films for the Humanities and Scienc
PO Box 2053
Princeton NJ 08543
800/257-5126
609/275-1400
609/275-3767 (fax)

SUBJECT:

Disease States and Medical Treatment.

AUDIENCE:

Healthcare personnel and students.

DESCRIPTION:

The Videodisc Encyclopedia of Medical Images contains 12,440 images showing the visual manifestations of diseases as well as aspects of medical treatment and healthcare practice. The images are arranged in 77 chapters, according to the World Health Organization International Classification of Diseases (9th Edition), in the following categories: Infectious and parasitic diseases; Neoplasms; Endocrine, nutritional, and metabolic diseases and immunity disorders; Diseases of blood and blood-forming organs; Mental disorders; Diseases of the nervous system and sense organs; Diseases of the circulatory system; Diseases of the respiratory system; Diseases of the digestive system; Diseases of the musculoskeletal system and connective tissue; Complications of pregnancy, childbirth, and the puerperium; Diseases of the skin and subcutaneous tissue; Congenital anomalies; Perinatal conditions; Symptoms, signs, and ill-defined conditions; and Injury and poisoning.

HARDWARE:

Pioneer or Sony videodisc players. Floppy disk containing index requires PC.

AVAILABILITY:

\$795.

Virtual Body, The

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344
800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Anatomy, Physiology.

AUDIENCE:

Ages 10 to Adult.

DESCRIPTION:

The Virtual Body is a valuable reference as kids begin to study biology and anatomy at the junior high and high school level. Lifelike illustrations and detailed animation clarify even the most complex subjects, from genetics to circulation to brain development.

HARDWARE:

Windows PC w/CD-ROM drive.

AVAILABILITY:

\$19.95.

Viruses: What They Are and How They Work/Bacteria (2nd Edition)

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604
800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Life Sciences, Viruses, Bacteria.

AUDIENCE:

Students grades 7 to 12.

DESCRIPTION:

The first program on this disc demonstrates how viruses can invade, alter, and destroy healthy cells, demonstrating the structure and diversity of animal and plant virus types through electron microscopy and computer graphics. Researchers explain the viral life cycle, uses of viruses, diseases producing viruses and antigen-antibody reactions (18 minutes). The second program on this disc explores the structure, reproduction, and lifestyles of bacteria--one of the most ancient, widespread, and adaptable of all life forms (19 minutes).

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

Vital Signs - The Good Health Resource

CONTACT:

Richard Smith
Director of Sales
Texas Caviar
3933 Steck Ave B-115
Austin TX 78759
512/346-7887
512/346-1393 (fax)

SUBJECT:

Health Promotion.

AUDIENCE:

Healthcare Professionals.

DESCRIPTION:

A reference guide to good health, including medical information database assembled by physicians and experienced health providers; interactive checklists, planning and recordkeeping helpers; images to help explain medical information; materials developed for consumer understanding; audio presentations; multimedia instructional modules on a variety of important topics; menu driven access and easy key word search capability; annual updates; toll-free phone directory of community-based information and referral groups with services description. Spanish and English.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive and 2MB RAM.

AVAILABILITY:

\$69.95 list. Program available for 30-day preview to schools and organizations on a purchase order.

Weight Control and Eating Disorders: Anorexia and Bulimia

CONTACT:

Sales/Marketing
NIMCO
102 Highway 81 North
Calhoun KY 42327
800/962-6662
502/273-5050
502/273-5844 (fax)

SUBJECT:

Health Promotion, Anorexia, Bulimia, Mental Health.

AUDIENCE:

Grades 7-12.

DESCRIPTION:

Users of this program will develop a better understanding of making healthy lifestyle decisions concerning food. A detailed explanation is given on eating disorders--anorexia, bulimia, and compulsive overeating--what they are, who has them, why they have them, and what can be done.

HARDWARE:

PC DOS/Windows.

AVAILABILITY:

From \$89 to \$209.

Welcome to Bodyland

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344
800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Health Education, Anatomy.

AUDIENCE:

Ages 5 to 11.

DESCRIPTION:

Eyelands, Lung Loop and Eary Canal are just a few unique places where children can travel in this fun-filled title. Kids explore a "body" theme park with the tour guide, Ricki, and her parrot companion, Hiccup. Vivid amusement park graphics, demonstrations and games make learning about the human body an exciting experience.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$19.95 list.

Wellness Checkpoint

CONTACT:

Zorianna Hyworon
President
InfoTech Inc
485 Madison Street
Winnipeg City MAN R3J 1J2 CANA
204/788-1500
204/788-1600 (fax)
infotech@mts.net
http://www.mts.net/~infotech/

SUBJECT:

Health Promotion, Health Assessment.

AUDIENCE:

General Public, Employees.

DESCRIPTION:

The Wellness Checkpoint software acts as a confidential personal health evaluator, advisor, goalsetter and monitor. It begins with a simple but clever story analogy to introduce the program. It then guides the user through a confidential lifestyle/wellness self-assessment. The interactive screens pose questions to record and assess such information as blood pressure, family history, job stress, exercise and eating habits. After the results are analyzed, users are provided with simple-to-follow guidelines on adopting a healthier lifestyle. Interactive voice version available for telephone delivery.

HARDWARE:

PC.

AVAILABILITY:

\$199 for single workstation; \$2,000 network license.

What is a Bellybutton?

CONTACT:

John Rodning
Dir of Marketing
IVI Publishing Inc.
7500 Flying Cloud Drive
Minneapolis MN 55344

800/952-4773
612/996-6000
612/996-6001 (fax)
www.ivi.com

SUBJECT:

Health Education, Anatomy.

AUDIENCE:

Ages 3 to 7.

DESCRIPTION:

Parents will reach for this engaging title to help answer their children's earliest questions about their bodies. The storybook design is an appealing format that's entertaining and easy to understand. Adapted from the popular Time-Life children's book.

HARDWARE:

Windows PC or Macintosh w/CD-ROM drive.

AVAILABILITY:

\$19.95.

What is AIDS?

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

AIDS, Health Promotion.

AUDIENCE:

Students Grades 4-6, General Public.

DESCRIPTION:

How do you explain AIDS to youngsters? In this program two 12 year olds learn how the body fights a virus explained in the analogy of a baseball game. The students are taught how AIDS can enter the body and create an environment where germs flourish. Preventive measures are not described to this age group. However, in general terms, sex and the use of needles are mentioned as ways to contract the disease. Produced by J. Gary Mitchell. (16 minutes) 1988.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

What Tadoo

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Child Sexual Abuse, Mental Health.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

A young boy takes a fantasy trip to the "Land of Lessons" where Sir Hillary Von Carp and two frogs named What and Tadoo teach him how to protect himself from strangers. This is a humorous but straight-forward look at the lures strangers use to entice children and the "uh-oh feelings" they experience with certain touches. (18 minutes) 1985.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

What Tadoo With Fear

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Child Sexual Abuse, Mental Health,
Counseling.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

Two wise frogs, What and Tadoo, assist young Samantha who is troubled about a "deal" she made with her babysitter. Through song and puppetry, they show Samantha that by taking action and sharing troubling secrets with her mother, she can stop fear from getting the best of her. (18 minutes) 1988.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

What Tadoo With Secrets

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Child Abuse, Mental Health,
Counseling.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

There's only one thing scarier than telling a bad secret--keeping it. In this entertaining mix of live action, puppetry and animation, seven-year-old Juliette learns that secrets can be good or bad, and that telling bad secrets to a caring adult is the right thing to do. Professor Sir Hillary Von Carp and his wise frog friends, What and Tadoo, team up again to teach important lessons in making choices--distinguishing "good" secrets from bad, and following basic rules for getting help or helping oneself. (19 minutes) 1989.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

When Your Parent Drinks Too Much

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Alcohol Abuse, Health Promotion.

AUDIENCE:

Students Grades 4-12, General Public.

DESCRIPTION:

Most children of alcoholics feel isolated and alone, despite the fact that there are 10 million alcoholics in the United States. Other feelings accompany the "disease of denial" such as anger, humiliation and helplessness. This program portrays three different family situations and the ways in which three different children handle the disease. It uses the three C's as a guideline: you didn't Cause the drinking, you can't Control the drinking, and you can't Cure the drinking. What children can do is distance themselves and try to bring the problem into the open. (27 minutes) 1987.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

When Your Parents Divorce--The Storm's Inside/If Your Parents Drink--You're Not Alone

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604
800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Mental Health.

AUDIENCE:

Students grades K-4.

DESCRIPTION:

The first program on this disc is a dramatization of the concerns and fears of children whose parents decide to divorce. The program encourages children to confront their feelings and discuss them with others to help them adjust (21 minutes). The second program on this disc features two characters, Feena and Spooner, whose parent is an alcoholic. Both feel despondent until a wise character called the Big Kahoonney helps them shed their guilt and share their feelings and shows them how to feel good about themselves (15 minutes).

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$159.

When Your Unborn Child is on Drugs, Alcohol or Tobacco

CONTACT:

Pamela Halpern
Director of Marketing
Churchill Media
6901 Woodley Avenue
Van Nuys CA 91406
800/334-7830
818/778-1978
818/778-1994 (fax)

SUBJECT:

Substance Abuse, Pregnancy.

AUDIENCE:

Children grades 7-12.

DESCRIPTION:

When a pregnant woman smokes, drinks or uses any kind of drugs, her unborn child suffers dangerous consequences. This program shows how. The study guide, barcodes and frame numbers help teachers to select and readily access still frames that illustrate the adverse impact on the fetus at each month of pregnancy. Separate lessons can be constructed focusing only on alcohol, tobacco or other drugs.

HARDWARE:

Any videodisc player; Barcode reader optional.

AVAILABILITY:

\$99.95.

Why Smoke? 2.0

CONTACT:

Lori Kolander
Marketing Cordinator
Wellsource Inc
15431 Southease 82nd Drive-Suite D
Clackamas OR 97015
800/533-9355
503/656-7446
503/650-0880 (fax)

SUBJECT:

Health Promotion, Health Assessment, Smoking Cessation.

AUDIENCE:

General Public that Smoke.

DESCRIPTION:

This program is designed to help smokers determine why they have retained the habit, thus making it easier to develop an effective program to kick the habit. The subject's own experience is checked against the following six smoking types: crutch, craving, relaxation, stimulation, handling, and habit. A lung-function screening program is included with the profile. The test was developed by Daniel H. Horn, PhD, and originally printed by the National Clearinghouse for Smoking and Health, DHEW.

HARDWARE:

PC.

AVAILABILITY:

\$190 plus \$35 annual maintenance fee.

WinMed**CONTACT:**

Customer Service
Reasonable Solutions
1221 Disk Drive
Medford OR 97501

800/876-3475
503/776-5777
503/773-7803 (fax)

SUBJECT:

Medicine.

AUDIENCE:

General Public.

DESCRIPTION:

A Windows-based, interactive medical resource developed for the lay person who wants to become a better informed patient. Includes: symptom analysis with a simple question and answer format and background explanation, home tests, infectious diseases covering over 30 individual descriptions, genetics and associated diseases, nutrition and obesity, child development, medical acronyms and on-line dictionary, dedicated database to record all medical contacts and fees, disease library covering over 400 diseases and more. WinMed also includes 256-color pictures and illustrations for quick review.

HARDWARE:

PC w/Windows.

AVAILABILITY:

Shareware; Eight disks for \$29.52.

Wizard of No, The**CONTACT:**

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Self Esteem, Health Promotion, Mental Health.

AUDIENCE:

Students Grades K-6, General Public.

DESCRIPTION:

Sticking up for yourself isn't always easy, but it's worth it. That's the lesson young Billy learns after he smokes a cigarette, afraid that his friends will think he is a "wimp." A wizard freed from a pop-top soda can helps Billy pinpoint the real problem--low self-esteem--and shows him that he is the one with the real magic: the power to say "no" to protect himself from negative peer pressure. Children learn to develop self-esteem, understand the media techniques and resist peer pressure. (19 minutes) 1984.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Women's Health Advisor Version 5.0**CONTACT:**

Ellen Graves
Marketing Coordinator
Clinical Reference Systems Ltd
7100 E Belleview Ave #208
Greenwood Village CO 80111

800/237-8401
303/220-1661
303/220-1685 (fax)
crs-info@cliniref.com

SUBJECT:

Obstetrics, Gynecology, New Baby Care, Patient Education.

AUDIENCE:

Patients.

DESCRIPTION:

This program provides patient advice on over 500 obstetric, gynecologic, primary care and new baby care topics. Health care professionals can use the program editor to modify or create handouts.

HARDWARE:

PC.

AVAILABILITY:

\$395. Multi-user and site license pricing available.

Work of the Heart (Second Edition)/Muscles: Their Structure and Function

CONTACT:

Customer Service
Encyclopaedia Britannica Educ Cor
310 South Michigan Avenue
Chicago IL 60604

800/554-9862
800/554-9862
312/347-7966 (fax)

SUBJECT:

Life Sciences, Human Body, Health Promotion.

AUDIENCE:

Students grades 7 to College.

DESCRIPTION:

The first program (21 minutes) on this disc contains animated footage illustrating the parts of the heart and how they relate to the work of the lungs, arteries, and veins. Describes the heart and circulatory problems and gives special emphasis to good health care. The second program (25 minutes) on this disc demonstrates the three types of muscles and what each type does. Also demonstrates how to develop endurance, flexibility, and cardiorespiratory fitness.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$129.

World of Martial Arts

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This two-sided, Level I videodisc is geared for home audiences. The program instructs the viewer featuring many of the world's foremost practitioners as teachers. Audio track one provides explicit instruction, while audio track two provides additional tips and the philosophy behind the Al Thomas system of Budojutsu.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

Yoga Moves with Alan Finger

CONTACT:

LaserDisc Fan Club
Pioneer LDCA
2265 East 220th Street
Long Beach CA 90810
800/322-2285
(fax)

SUBJECT:

Health Promotion.

AUDIENCE:

General Public.

DESCRIPTION:

This two-sided, Level I videodisc is geared for home audiences. The program provides an hour of entertainment and exercises for the mind and body.

HARDWARE:

Any videodisc player.

AVAILABILITY:

\$29.95 from many consumer videodisc dealers or from Pioneer LDCA.

You Can Say No to a Drink or a Drug

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Alcohol and Drug Abuse, Health Promotion.

AUDIENCE:

Students Grades 4-12, General Public.

DESCRIPTION:

This series of dramatizations presents situations where teens must make difficult decisions on whether or not to go along with the crowd, to accept the actions of friends and family, or to stand up for themselves and what they know is right; to say "no" to drugs and alcohol. Professional baseball player Keith Hernandez hosts this skills-building program giving the hard facts about drugs and alcohol and the physical and psychological effects of their use. (30 minutes) 1987.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Your Active Body: Volume 1

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

Students Grades 4-6, General Public.

DESCRIPTION:

This disc contains three different titles: **BONES AND MOVEMENT** uses live action, animation, and X-rays to show how different kinds of joints function, and how bones are cushioned from shock. Also demonstrates the process of healing and positive effect of gravity on bone strength. **BREATHING AND RESPIRATION** uses animation and X-ray to illustrate the process that enables the body to release energy from nutrients through breathing and respiration. **HEART AND CIRCULATION** covers the process by which the cells are supplied with nutrients and oxygen and waste products are carried away. Includes a visit to a hematology lab. (30 minutes) 1988.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$295.

Your Active Body: Volume 2

CONTACT:

Customer Service/Sales
Coronet/MTI Film & Video
108 Wilmot Road
Deerfield IL 60015

800/777-8100
708/940-1260
708/940-3640 (fax)

SUBJECT:

Human Anatomy and Physiology.

AUDIENCE:

Students Grades 4-6, General Public.

DESCRIPTION:

This disc contains two different titles: **DIGESTION AND ABSORPTION** follows the digestive process from the initial point of ingestion to the entry of nutrients into the cells. The role of digestive juices, the small intestine, capillaries and blood, and the importance of supplying cells with the proper nutrients are examined. **MUSCLES AND ENERGY** introduces the structure and function of muscles and the relationship between muscles and energy. Amplified by animation and X-ray, a narration underscores the results of exercise and also encourages the development of sensitivity to bodily response. (20 minutes) 1988.

HARDWARE:

Any videodisc player; LaserBarcode reader optional.

AVAILABILITY:

\$195.

**Your Pregnancy: The Complete
Interactive Guide**

CONTACT:

Elise Dale Fong
Marketing Specialist
Healthcare Information Services Inc
2335 American River Drive Suite 307
Sacramento CA 95825

800/468-1128
916/648-8075
916/648-8078 (fax)

SUBJECT:

Pregnancy.

AUDIENCE:

Prospective Parents.

DESCRIPTION:

This program allows prospective parents to take a comprehensive tour of the entire pregnancy process from ovulation and conception through labor and birth. Written by perinatologist Dr. Hanns C. Haesslein, and reviewed by midwives, other healthcare professionals and women who have experienced pregnancy and childbirth, this program is a collaborative project with Sutter Health designed especially for women.

HARDWARE:

PC w/CD-ROM.

AVAILABILITY:

Available October 1995.

Hardware Index

DOS/Windows PC on Floppy Disk

911 (7674)
ABC's of Discharge Planning, The
ABCs of Discharge Planning: Client Education
Adult Health Advisor Version 4.0
After Care System
AIDS Education
AIDS Interactive Information Series
ALCNews Data Bases
Alcohol: Growing Up in a Drinking World
Alcohol: Making the Choice
Alcohol: The Most Misunderstood Drug of All
Alternative Health Guide (8586)
Art of Communication, The
Arthritis Advisor 1.0
AskAdvice
Assertiveness Training
B.A.B.Y.
Baby Game, The
Backaid Software
Behavioral Health Advisor 2.0
Better Eyesight (1869)
Biosafety Training
Body Insight
Brainscape (1819)
Cardiologic
Cardiovascular Fitness Lab
Child Care Series
Cocaine and Crack
Comprehensive Review in Biology Series
Computerized Traffic Safety Education (CTSE)
CondomSense
Consentwriter
Consequences of Drug Use: The Cost Is More Than Dollars and Sense
Coronary Risk Profile
Crack/Cocaine: The Rock of Addiction
Deal-A-Meal
Decisions, Decisions: AIDS
Diabetes Mellitus: A Learning Program for Patients and Families (ver 2.0)
Diet Analyst
Diet Disk, The (8497)
Diet for Windows (4175) or DOS (2910)
Diet Will Do It
DietWise-Energy Wise
DINE Healthy
Discharge Instruction System
Dr. Watson's Medical Terminology: A Complete Self-Paced Computer Course

Drug Abuse Learning Environment (DALE)
 Drug Awareness Series
 Drug Education Series
 Drugs and the Unborn
 Drugs: Issues for Today
 Electronic Drug Reference Version 8.0
 Exercise and Healthy Living
 EyerCise
 Fetal Alcohol Syndrome
 First Aid Tutorial 3.3 (1465)
 Fitlog 1.0
 Fitness Profile 100
 Fitness Quest
 Flasher (7386)
 Food Hazards Encyclopedia (1859)
 Food Processor, The
 Free Yourself from Neck and Back Pain
 Game of Your Life, The
 Going Straight..Toward Drug-Free Schools
 Headache-Free (1840)
 Health Appraisal Series
 Health Awareness Games
 Health Awareness Series
 Health Issues Today: Alcohol: Danger in a Bottle
 Health Issues Today: Allergies
 Health Issues Today: Good Stress, Bad Stress
 Health Issues Today: Student Athletes on Steroids and Other Drugs
 Health Issues Today: AIDS: Public health Enemy #1
 Health Issues Today: Depression and Suicide
 Health Issues Today: Tobacco Update
 Health Issues Today: Two Extremes--Anorexia Nervosa & Bulimia
 Health Issues Today: Vegetarianism--The Right Way
 Health Problems Series
 Health Risk Appraisal 2.0
 HealthAide 1.05 (3040)
 HealthCommand
 HealthDesk 1.1
 Healthier People 4.0
 Healthlogic
 HealthRx
 Healthy Living with Sunshine
 Heart Chec Interactive 1.0
 Helper and Feeling Good with Herbs (1868)
 Heroin: The Addict's Madness
 Home Medical Advisor V4.0 for Windows (3.5" diskettes)
 Human Circulatory System
 IBIS: Interactive BodyMind Information System
 Immunization: You Call the Shots
 Introduction to Psychoactive Drugs
 Leaner (9122)
 Life & Death
 Life & Death II: The Brain
 Life Form: Personal Health Management
 LifeGuard 3.1
 Living HeartSmart Will Do It
 Lung Function 2.0
 Making Stress Work for You
 Marijuana: Keep Off the Grass
 Marijuana: The Gateway Drug
 Mastercook: Cooking Light

MedCoach
 Medical Consultant for Windows (9909 9910)
 Medical Drug Reference
 Medication Advisor Version 6.0
 MEDPAS (7251+)
 MedTeach for Windows
 National Geographic Kids Network--What Are We Eating?
 NCADI Prevention Materials Data Base
 NESP (Nursing Exam Success Program)
 Never Fat Again
 Non-Medical Pain Relief and First Aid Tutorial (7260)
 Nutri-Calc
 Nutripak Basic
 Nutripak Professional Plus Menu Maker
 Nutrition Expert
 Nutrition Profile Plus 1.2
 Nutrition Software
 Nutrition: Eating for Your Health
 Nutritionist IV Diet Analysis
 Nutritionist, The (1833 1834)
 On The Menu
 Ophthalmology Advisor
 Pacific Fitness' Home Trainer
 Pacific Fitness' Trainer's Assistant
 Patient Instruction Generator (PAIGE)
 Pediatric Advisor Version 8.0
 Personal Wellness Profile 50/100/200/300/400
 Personality Profile
 PharmAssist: The Family Guide to Health and Medicine
 Physical Exam 2.0
 Physiologic
 PhysioTools
 Playing Will Do It
 Pregnancy Series
 Progression of Dependency: I Can't Believe It Happened To Me
 Pyramid Challenge
 Ready Course, The
 Risks of Nicotine: Smoking and Smokeless Tobacco
 Romance: Games of Choice About Sex
 Runner's Personal Coach
 Rx Works
 Safety First: A Guide to Safe Child Care
 Senior Health Advisor 1.0
 Senior Health Advisor 1.0
 Sex Education Series
 Sexually Transmitted Diseases
 Smoker's Profile 1.0
 Sportlogic
 Step Test--GXT 2.0
 Steroids: Drug Use in Sports
 Street Drugs: Trip or Trap
 Stress Management
 Substance Dependency: The Drugs That Make It Happen
 Suicide and Depression
 TestWell: Health Risk Appraisal
 Testwell: Lifestyle Assessment Questionnaire (LAQ) Version 5.5
 TestWell: Wellness Inventory
 Tobacco: Smoking and Chewing
 Treadmill--GXT 1.0
 Type II Diabetes

UltraCoach
 Understanding AIDS
 Understanding Ourselves: AIDS
 Understanding Ourselves: Alcohol
 Understanding Ourselves: Drugs and Substance Abuse
 Understanding Ourselves: Food and Nutrition
 Understanding Ourselves: Teenage Sexuality
 Understanding Ourselves: Tobacco
 Understanding Systems of the Human Body
 Understanding the Human Fight to Stay Healthy
 University of Minnesota Health Risk Appraisal (Ver 3.0)
 Using Tobacco: The Choice is Yours
 Weight Control and Eating Disorders: Anorexia and Bulimia
 Wellness Checkpoint
 Why Smoke? 2.0
 WinMed
 Women's Health Advisor Version 5.0

DOS/Windows PC on CD-ROM

3-D Body Adventure
 A.D.A.M. Essentials
 A.D.A.M. Obstetrics & Gynecology
 A.D.A.M. Orthopaedics of the Lower Limb
 A.D.A.M. Trauma
 A.D.A.M.: The Inside Story
 AfterCare Instructions
 All About Science
 All About Science II
 American Academy of Pediatrics Selected Works
 American Medical Association Family Medical Guide
 Ann Hooper's Ultimate Sex Disc
 AnnaTommy
 AskAdvice
 Body and Mind, The
 Body Insight
 Body Works Voyager
 BodyCraft 4.1
 BodyWorks 5.0
 BookFind-CD Medical & Healthcare
 Breast Self-Examination
 Carpal Tunnel Syndrome
 CDP-File--Health Promotion & Education Database/Comprehensive School Health Database/Cancer
 Child Abuse and Neglect CD-ROM (NISC Disc)
 Clubhouse Kids Learn About Asthma
 Complete Guide to Prescription and Non-Prescription Drugs
 Complete Guide to Symptoms: Illness and Surgery
 Consumer Information
 Consumers Reference Disc (NISC Disc)
 Corner DrugStore, The
 Diet and Fitness
 Doctors Book of Home Remedies, The
 Dole 5 A Day Adventures
 Dr. Health'nstein's Body Fun
 Dr. Ruth's Encyclopedia of Sex
 Dr. Schueler's Medical Center 6
 Dr. Schueler's Self-Health
 Dynamic Human CD-ROM, The

EMBASE CD: Immunology & AIDS
 Encyclopedia of Life, The
 ErgoKnowledge
 Explorations in Human Anatomy and Physiology
 Explorations in Human Biology
 Exploring Genetics and Heredity
 Eyecare Technology Multimedia Patient Education CD-ROM
 Fitness Partner
 Food/Analyst CD-ROM
 Food/Analyst Plus CD-ROM
 FSTA (Food Science and Technology Abstracts) on SilverPlatter
 Going Straight..Toward Drug-Free Schools
 Healing Foods Cookbook, The
 Health & Hobby
 Health and Drug Information Library
 Health and Drug Information Library (HDIL)
 Health Reference Center
 Health Source CD-ROM
 Health Today
 Health Works: Educational Games for 5th-7th Graders on HIV/AIDS Risk Reduction
 Healthquest
 Healthy Heart Cookbook
 Healthy Touch: Feeding Your Infant, The
 Healthy Touch: Having A Health Pregnancy, The
 Healthy Touch: Home "Safe" Home, The
 Healthy Touch: Immunizations on Parade, The
 Heart, The Engine of Life
 Herbalist Multimedia CD-ROM, The
 Home Medical Advisor Pro V5.0 for CD-ROM
 How Your Body Works
 Human Anatomy: Rarey's Interactive Manual of Human Dissection
 Human Body, The
 Interact-Cases
 Interact-Consult
 Interact-Surgery
 Interactive Atlas of Human Anatomy
 Joy of Sex, The
 Kathy Smith's Fat Burning System
 Key Healthy Indulgences
 Learning All About Dissection
 Life's Greatest Mysteries
 LifeSaver
 Manage Stress
 Mayo Clinic Family Health 1996 Edition
 Mayo Clinic Family Pharmacist 1996 Edition
 Mayo Clinic Sports Health and Fitness
 Mayo Clinic: The Total Heart
 MDX Health Digest on CD-ROM
 Medical HouseCall
 MedWorks: Anatomy & Physiology
 Mosby's Medical Encyclopedia for the Health Consumer
 Multimedia Workout
 New Father's Baby Guide
 Nine Month Miracle
 NutriStaR
 Outdoor Athlete
 Parenting: Prenatal to Preschool
 Patient Education Program on CD-ROM
 Pediatric HouseCall
 Personal Guide to Breast Cancer, The

Personal Medical Advisor CD-ROM
 PharmASSIST
 Pill Book, The
 Prescription Drugs - A Pharmacist's Guide.
 Psychology: Core Concepts on CD-ROM
 Pyramid Challenge
 Ready Course, The
 Safety Monkey
 Sante CD-ROM
 Science in Motion
 Self-Health
 Shape Up
 Take Five
 TIP-AAIDS
 TIP-DART
 TOM Health & Science
 Traditional Chinese Medicine and Pharmacology Multimedia
 Ultimate Human Body
 UltraCoach
 Understanding Breast Cancer
 Understanding Prostate Disorders
 Understanding the Body
 Uppers, Downers, All Arounders
 Virtual Body, The
 Vital Signs - The Good Health Resource
 Welcome to Bodyland
 What is a Bellybutton?
 Your Pregnancy: The Complete Interactive Guide

Macintosh on Floppy Disk

Alcohol: Growing Up in a Drinking World
 Biosafety Training
 Bodymapper
 Brain Games: An Introduction to Neuropsychology
 Child Care Series
 Cocaine and Crack
 Comprehensive Review in Biology Series
 Computerized Traffic Safety Education (CTSE)
 CondomSense
 Decision to Smoke, The
 DINE Healthy
 Drug Abuse Learning Environment (DALE)
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 Health Issues Today: Alcohol: Danger in a Bottle
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 Human Circulatory System

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 Macintosh DINE Healthy
 Making Stress Work for You
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 Mastercook: Cooking Light
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 Understanding Ourselves: AIDS
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 Understanding Ourselves: Teenage Sexuality
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 Understanding Systems of the Human Body
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Macintosh on CD-ROM

A.D.A.M. Essentials
 A.D.A.M. Obstetrics & Gynecology
 A.D.A.M. Orthopaedics of the Lower Limb
 A.D.A.M. Trauma
 A.D.A.M.: The Inside Story
 Addiction and Its Processes
 All About Science
 All About Science II
 American Academy of Pediatrics Selected Works
 American Medical Association Family Medical Guide
 Baby File: Conception to Birth
 Be A Survivor: Your Interactive Guide to Breast Cancer Treatment
 Body and Mind, The
 Breast Self-Examination
 Carpal Tunnel Syndrome
 Clubhouse Kids Learn About Asthma
 Consumer Information
 Dole 5 A Day Adventures
 Dr. Health'nstein's Body Fun
 Dynamic Human CD-ROM, The
 EMBASE CD: Immunology & AIDS
 Encyclopedia of Life, The

Explorations in Human Anatomy and Physiology
 Explorations in Human Biology
 Exploring Genetics and Heredity
 Eyecare Technology Multimedia Patient Education CD-ROM
 FSTA (Food Science and Technology Abstracts) on SilverPlatter
 Healing Foods Cookbook, The
 Health and Drug Information Library
 Health Today
 Healthquest
 Herbalist Multimedia CD-ROM, The
 Human Anatomy: Rarey's Interactive Manual of Human Dissection
 Human Body CD-ROM
 Interact-Cases
 Interact-Consult
 Interact-Surgery
 Interactive Atlas of Human Anatomy
 Joy of Sex, The
 Kathy Smith's Fat Burning System
 Learning All About Dissection
 Life Challenge
 Life's Greatest Mysteries
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 Mayo Clinic Family Health 1996 Edition
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 Medical HouseCall
 Mosby's Medical Encyclopedia for the Health Consumer
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 Nine Month Miracle
 Parenting: Prenatal to Preschool
 Pediatric HouseCall
 Personal Guide to Breast Cancer, The
 Pill Book, The
 Prescription Drugs - A Pharmacist's Guide.
 Psychology: Core Concepts on CD-ROM
 Pyramid Challenge
 Radon and Your Home
 Ready Course, The
 Science in Motion
 Take Five
 TIP-AAIDS
 TIP-DART
 TOM Health & Science
 Traditional Chinese Medicine and Pharmacology Multimedia
 Ultimate Human Body
 Understanding Breast Cancer
 Understanding Prostate Disorders
 Understanding the Body
 Uppers, Downers, All Arounders
 Vital Signs - The Good Health Resource
 Welcome to Bodyland
 What is a Bellybutton?

Compact Disc-Interactive (CD-i)

AIDS Awareness
Back Injury Prevention Program
Backcare Program, The
Breast Self-Examination
Carpal Tunnel Syndrome
Carpel Tunnel Syndrome
Child is Born, A
First Aid
Infotouch Health Kiosk
Interact-Cases
Interact-Consult
Interact-Intro
Interact-Surgery
Kathy Smith's Personal Trainer
Knowledge Disc
Loving For A Lifetime
Medicinal Plants
Memory Works--For Names and Faces, The
Spine Sense
Tell Me Why I & II
Tim and Bear in Hospital

Videodisc (Laserdisc)

A is for AIDS (Revised)
About Your Body (Second Edition Revised)
Addiction and Its Processes
Aerobicise Workout
Aerobicise: 1-4
AIDS in Your School (Revised)
AIDS/HIV: Answers for Young People (Second Edition)
AIDS: A Different Kind of Germ
AIDS: Everything You Should Know
AIDS: What Every Kid Should Know
Alcohol and Human Physiology
Alcohol...Drugs...and Kids
America Hurts: The Drug Epidemic
American Heart Association Patient Information Video Series: Cardiology Procedures
American Heart Association Patient Information Video Series: Cardiovascular Conditions
American Heart Association Patient Information Video Series: Cardiovascular Wellness
Assignment Alcohol/Assignment Drugs/Assignment Smoking
Bacteria and Health
Be Smart! Be Safe! A Drug Education Program
Beginnings: You Won't Get AIDS
Birth Disc
Body Fights Disease (Revised), The
Bones and Muscles: A Team
Boy Stuff
Boy to Man
Boys Beware (3rd Edition)/Girls Beware (3rd Edition)
Brain and Spinal Column, The
Cardiovascular Health: Focus on Nutrition, Fitness and Smoking Cessation
Causes and Effects of Abuse
Child Development
Children of Children

Choices: Learning About AIDS
 Circulation of the Blood
 Clean Up Your Act
 Cocaine and Human Physiology
 Cognitive Therapy: A Multimedia Learning Program
 Communicable Diseases
 Contact Lens & Glasses
 Contemporary Nutrition
 Contemporary Nutrition
 CPR: The New Basic Procedures
 D.A.R.E. To Care
 D.A.R.E. To Say No!
 Dead Serious
 Designer Drugs and Human Physiology: Crack Cocaine, Methamphetamine
 Designer Drugs and Human Physiology: PCP, Ecstasy, Fentanyl
 Digestion: Food to Energy
 Drop of Blood, A
 Dropout Prevention: Being Your Personal Best
 Drug Free Kids Series: 4 II Do: Kids Getting Involved
 Drugs, Alcohol, and Your Body
 Drugs, Drinking, and Driving (2nd Edition)
 DUII--The Price is Too High
 Dynamic Concepts in Psychology on Videodisc
 Dynamic Spine, The
 Ears and Hearing (2nd Edition), The/Eyes and Seeing, The
 Epidemic: Deadliest Weapon in America
 Eyecare Reception Room
 Fast Food: What's In It for You?
 Fat Chance in the World
 Fetal Development: A Nine-Month Journey
 First Aid Basics Training Program, The
 Focus Reception Room
 Food and Growth (Second Edition)
 General Ophthalmology
 General Ophthalmology Information
 Geriatric Nutrition: A Recipe for Good Health
 Girl to Woman (Third Edition)
 Glands and Your Body
 Goofy Over Health
 Have a Healthy Baby: Pregnancy (Third Edition)
 Health: Food and Nutrition
 Healthy 2000: AIDS/HIV and STDs
 Healthy 2000: Growth and Development
 Healthy 2000: Human Reproduction
 Heimlich Maneuver: How to Save a Choking/Drowning Victim
 Heroin and Human Physiology
 Human Anatomy: Rarcy's Interactive Manual of Human Dissection
 Human Body Series: Systems Working Together
 Human Brain, The (2nd Edition)/Nervous System, The (3rd Edition)
 Human Digestive System, The
 Human Sexuality Videodisc, The
 I Am Joe's Heart
 I'm No Fool Series: I'm No Fool As A Pedestrian
 I'm No Fool Series: I'm No Fool on Wheels
 I'm No Fool Series: I'm No Fool With A Bicycle
 I'm No Fool Series: In Unsafe Places
 If I'm Lyin', I'm Dyin': A Story About Smoking
 Immune System: Your Magic Doctor, The
 Impotent Patient, The
 Incredible Human Machine, The

Jane Fonda Workout
 Jazzercise
 Jim Fixx on Running
 Joy of Relaxation
 Kidney Functions
 Kids on the Block: Stephen's Secret (A Program About Child Physical Abuse)
 Kids on the Block: Turning Over a New Leaf
 Lamaze Method: Techniques for Childbirth Preparation
 Learning to Be Assertive: Advanced Skills
 Learning to be Assertive: The Basic Skills
 Less Stress (Second Edition)
 Life of a Red Blood Cell (Revised), The
 Life Science Sides 1-4: Molecular, Cell, Human, Plant and Animal Biology.
 Life Science Sides 9-13: The Human Body
 LifeMoves: The Process of Recovery
 Living Body, The: A New Life
 Living Body, The: Accident
 Living Body, The: Aging
 Living Body, The: Breakdown
 Living Body, The: Breath of Life
 Living Body, The: Coming Together
 Living Body, The: Decision
 Living Body, The: Design for Living
 Living Body, The: Dream Voyage
 Living Body, The: Eating to Live
 Living Body, The: Eyes and Ears
 Living Body, The: Growth and Change
 Living Body, The: Hot and Cold
 Living Body, The: Internal Defenses
 Living Body, The: Into the World
 Living Body, The: Landscapes and Interiors
 Living Body, The: Life Under Pressure
 Living Body, The: Messengers
 Living Body, The: Moving Parts
 Living Body, The: Muscle Power
 Living Body, The: Nerves at Work
 Living Body, The: Our Talented Brain
 Living Body, The: Shares in the Future
 Living Body, The: Skin Deep
 Living Body, The: Two Hearts That Beat as One
 Living Body, The: Water!
 Look Before You Eat (Second Edition)
 Making the Right Decision
 Mammalian Heart, The/Lungs (Revised)
 Marijuana and Human Physiology
 Marijuana and the Mind: Addiction and Intoxication
 McGruff's Drug Alert
 Mechanisms of Stability and Change
 Mickey Mouse: Safety Belt Expert
 Million Teenagers (Fifth Edition), A
 Miracle of Birth (2nd Edition)
 Miracle of Life, The
 Morris Has A Cold
 Mousercise
 Noncommunicable Diseases
 Nutrition for Health: The Food Pyramid/Wellness: Moderation in Eating
 Nutrition for Living
 OB/GYN General Information
 OB/GYN Informed Consent Programs
 One for My Baby

Orthodontics
 Our Wonderful Body Series: Eat Well, Grow Well/How It Reacts to Stress/How We Keep Fit
 Our Wonderful Body Series: Germs and What They Do/How It Heals Itself
 Our Wonderful Body Series: Heart and How it Works, The/How We Breathe
 Our Wonderful Body Series: How It Moves/How Its Parts Work Together
 Our Wonderful Body Series: How It Uses Food/How It Grows
 Our Wonderful Body Series: People Who Help Us Stay Healthy
 Patient Consent for Colonoscopy and Polypectomy
 Patient Consent for Endoscopy
 Periodontal Health
 Physical Assessment of the Older Adult
 Physics of Sports
 Physiology of Behavior, The
 Playboy Playmate Workout
 Poisonous Plants/Poisoning By Accident
 Portrait, The
 Power of No: The Wizard Returns
 Preparing for Dental Extraction
 Preparing for Dental Implants
 Preparing for Jaw Surgery
 Pumping Iron Vol 2
 Quitting On Your Own
 Regulating Body Temperature (2nd Edition)/The Digestive System (2nd Edition)
 Relax: With Dennis Weaver
 Respiratory System (2nd Edition)/The Endocrine System (2nd Edition)
 Retina
 Risk Management I
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- Life's Greatest Mysteries
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ABACO Software Inc

- Pacific Fitness' Home Trainer

AIMS Media

- AIDS: Everything You Should Know
- Alcohol and Human Physiology
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Drop of Blood, A
Glands and Your Body
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Brown & Benchmark Publishers

Healthquest

CAMDE Corporation

Nutri-Calc

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Making Stress Work for You

Case Western Reserve University

Impotent Patient, The

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CIBA Medical Education

Interactive Atlas of Human Anatomy

Clinical Reference Systems Ltd

ACOG Patient Advisor 2.0

Adult Health Advisor Version 4.0

Arthritis Advisor 1.0

Behavioral Health Advisor 2.0

Electronic Drug Reference Version 8.0

Health and Drug Information Library (HDIL)

Medication Advisor Version 6.0

Pediatric Advisor Version 8.0

Senior Health Advisor 1.0

Women's Health Advisor Version 5.0

CMC ReSearch, Inc.

American Academy of Pediatrics Selected Works

Communicare

Patient Education Program on CD-ROM

Compact Disc Incorporated

Memory Works--For Names and Faces, The

Compton's NewMedia

Healing Foods Cookbook, The

Kathy Smith's Fat Burning System

Computer Directions

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Computerized Educational Systems

ABC's of Discharge Planning, The

ABCs of Discharge Planning: Client Education

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AIDS: A Different Kind of Germ

America Hurts: The Drug Epidemic

Assignment Alcohol/Assignment Drugs/Assignment Smoking

Children of Children

D.A.R.E. To Care

D.A.R.E. To Say No!

Dead Serious

Drug Free Kids Series: 4 H Do: Kids Getting Involved

Epidemic: Deadliest Weapon in America

Goofy Over Health

Human Body Series: Systems Working Together

I'm No Fool Series: I'm No Fool As A Pedestrian

I'm No Fool Series: I'm No Fool on Wheels

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Our Wonderful Body Series: Germs and What They Do/How It Heals Itself

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Your Active Body: Volume 1
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Creative Multimedia

Dr. Ruth's Encyclopedia of Sex
Parenting: Prenatal to Preschool

DINE Systems Inc

DINE Healthy
Macintosh DINE Healthy
Pyramid Challenge

DK Multimedia

American Medical Association Family Medical Guide
Ann Hooper's Ultimate Sex Disc
Ultimate Human Body

Dole Food Company

Dole 5 A Day Adventures

Dr. Schueler's Health Informatics, Inc.

Corner DrugStore, The
Dr. Schueler's Medical Center 6
Dr. Schueler's Self-Health
Home Medical Advisor Pro V5.0 for CD-ROM
Home Medical Advisor V4.0 for Windows (3.5" diskettes)

DSR Software

Shape Up

EBSCO Publishing

Health Source CD-ROM
Personal Medical Advisor CD-ROM

Edge Technologies

Biosafety Training

Education Associates

Going Straight..Toward Drug-Free Schools

Educorp Computer Services

Baby File: Conception to Birth
Encyclopedia of Life, The
Food/Health Stacks (1831)
Human Body, The
Joy of Sex, The
LifeSaver
New Father's Baby Guide
Outdoor Athlete

EME Corporation

Human Circulatory System

Encyclopaedia Britannica Educ Corp.

Choices: Learning About AIDS
Ears and Hearing (2nd Edition), The/Eyes and Seeing, The
Human Brain, The (2nd Edition)/Nervous System, The (3rd Edition)
Regulating Body Temperature (2nd Edition)/The Digestive System (2nd Edition)
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ESHA Research

Food Processor, The

Expert Software Inc

Diet and Fitness

Films for the Humanities and Sciences

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Contemporary Nutrition
Dynamic Concepts in Psychology on Videodisc
Living Body, The: A New Life
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Psychology: Core Concepts on CD-ROM
Videodisc Encyclopedia of Medical Images

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AskAdvice

FITNE

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Fitnessoft Inc

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Shared Decision-making Program: Treatment Choices for Prostate Cancer

GAIA Multimedia Inc

IBIS: Interactive BodyMind Information System

Generation Ahead of Maryland

Backaid Software

Glencoe Order Systems

Understanding Ourselves: AIDS

Understanding Ourselves: Alcohol

Understanding Ourselves: Drugs and Substance Abuse

Understanding Ourselves: Food and Nutrition

Understanding Ourselves: Teenage Sexuality

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Gold Standard Multimedia

Human Anatomy: Rarey's Interactive Manual of Human Dissection

Graphic Media

ErgoKnowledge

LifeGuard 3.1

Great Bear Technology

Complete Guide to Prescription and Non-Prescription Drugs

Complete Guide to Symptoms: Illness and Surgery

GT Interactive Software

Deal-A-Meal

Health Sciences Consortium

Cardiovascular Health: Focus on Nutrition, Fitness and Smoking Cessation

Patient Consent for Colonoscopy and Polypectomy

Patient Consent for Endoscopy

Healthcare Data

Game of Your Life, The

Healthcare Information Services Inc

Your Pregnancy: The Complete Interactive Guide

HealthDesk

HealthDesk 1.1

HealthSoft Inc

Immunization: You Call the Shots

Hearst Corp, The

Nutritionist IV Diet Analysis

Hopkins Technology

Food/Analyst CD-ROM

Food/Analyst Plus CD-ROM

Herbalist Multimedia CD-ROM, The

NutriStaR

Sante CD-ROM

Traditional Chinese Medicine and Pharmacology Multimedia

HRM Software/Queue Inc.

All About Science

All About Science II

Cardiovascular Fitness Lab

Child Care Series

Comprehensive Review in Biology Series

Drug Awareness Series

Exploring Genetics and Heredity

Health Awareness Games

Health Issues Today: Alcohol: Danger in a Bottle

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Health Issues Today: Good Stress, Bad Stress

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Health Problems Series

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Clubhouse Kids Learn About Asthma

Image Entertainment

Acrobicise: 1-4

Fat Chance in the World

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IMG Inc.

Discharge Instruction System

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Information Access Company

Health Reference Center

TOM Health & Science

Informational Medical Systems

Consentwriter

Informative Graphics Corp
Body Insight

InfoTech Inc
Wellness Checkpoint

Infotronics
American Heart Association Patient Information Video Series: Cardiology Procedures
American Heart Association Patient Information Video Series: Cardiovascular Conditions
American Heart Association Patient Information Video Series: Cardiovascular Wellness
Contact Lens & Glasses
Eyecare Reception Room
Focus Reception Room
General Ophthalmology Information
OB/GYN General Information
OB/GYN Informed Consent Programs
Ophthalmology Advisor
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Inner Action Corporation
AIDS Interactive Information Series

Intellimation Library for Macintosh
Bodymapper
Brain Games: An Introduction to Neuropsychology
Decision to Smoke, The
MacDiet Academic Version 4.2
MacExercise

Interactive Knowledge Inc
Ready Course, The

Interactive Media Communications
First Aid Basics Training Program, The

ISM Inc
Understanding Breast Cancer
Understanding Prostate Disorders

IVI Publishing Inc.
AnnaTommy
Mayo Clinic Family Health 1996 Edition
Mayo Clinic Family Pharmacist 1996 Edition
Mayo Clinic Sports Health and Fitness
Mayo Clinic: The Total Heart
Safety Monkey
Virtual Body, The
Welcome to Bodyland
What is a Bellybutton?

Knowledge Adventure
3-D Body Adventure

Lange Productions
Be A Survivor: Your Interactive Guide to Breast Cancer Treatment

Lifestyle Software Group
Healthy Heart Cookbook
Multimedia Workout

Lumivision
Relax: With Dennis Weaver

Mad Scientist Software
Patient Instruction Generator (PAIGE)

Magnus Multimedia Worldwide Inc
TIP-AAIDS
TIP-DART

MED.I.A. Inc
Breast Self-Examination
Carpal Tunnel Syndrome
Carpel Tunnel Syndrome

MedAmerica
After Care System

MicroHealth Software
Diabetes Mellitus: A Learning Program for Patients and Families (ver 2.0)

MICROMEDEX INC.
AfterCare Instructions

Midisoft
Manage Stress

Mindscape
How Your Body Works
Life & Death
Life & Death II: The Brain

MindStreet
Cognitive Therapy: A Multimedia Learning Program

Mosby
Dynamic Human CD-ROM, The
Mosby's Medical Encyclopedia for the Health Consumer

Multimedia Software
AIDS Awareness

NASCO
Decisions, Decisions: AIDS
Drug Education Series
Using Tobacco: The Choice is Yours

National Geographic Society
Human Body CD-ROM
Incredible Human Machine, The
National Geographic Kids Network--What Are We Eating?
STV: Human Body Series--Digestive System/Circulatory and Respiratory Systems
STV: Human Body Series--Muscular and Skeletal Systems/Nervous System
STV: Human Body Series--Reproductive System/Immune System

National Wellness Institute

TestWell: Health Risk Appraisal
Testwell: Lifestyle Assessment Questionnaire (LAQ) Version 5.5
TestWell: Wellness Inventory

NCAD

NCADI Prevention Materials Data Base

NCADI

ALCNews Data Bases

NCCDPH-CDC

CDP-File--Health Promotion & Education Database/Comprehensive School Health Database/Cancer Prev & Control Database/Prenatal Sm

New Mexico Ambisonics

Medicinal Plants

New York State Dept of Health

CondomSense
Health Works: Educational Games for 5th-7th Graders on HIV/AIDS Risk Reduction
Life Challenge
Lyme Disease
Radon and Your Home

NIMCO

Alcohol: The Most Misunderstood Drug of All
Consequences of Drug Use: The Cost Is More Than Dollars and Sense
Crack/Cocaine: The Rock of Addiction
Drugs and the Unborn
Drugs: Issues for Today
Exercise and Healthy Living
Fetal Alcohol Syndrome
Heroin: The Addict's Madness
Marijuana: The Gateway Drug
Nutrition Expert
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Progression of Dependency: I Can't Believe It Happened To Me
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Novare International

Back Injury Prevention Program
Infotouch Health Kiosk

Nutridata Software Corp

Rx Works

Nutritional Data Resources

DietWise-Energy Wise
Nutripak Basic
Nutripak Professional Plus Menu Maker

Ohio Distinctive Software, Inc.

Nutrition Software

Optical Data Corporation

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Life Science Sides 9-13: The Human Body

Optical Programming Associates

Jazzercise

Pacific Research Institute

Quitting On Your Own

Parsons Technology

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Phila College of Osteopathic Med

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Kathy Smith's Personal Trainer
Tell Me Why I & II

PhysioTools

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Pinpoint Publishing

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Aerobicise Workout
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Jim Fixx on Running
Joy of Relaxation
Lamaze Method: Techniques for Childbirth Preparation
Mousercise
Playboy Playmate Workout
Pumping Iron Vol 2
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PKI Software

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Pyramid Film & Video

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Quanta Press Inc

Consumer Information
Prescription Drugs - A Pharmacist's Guide.

RAN Enterprises

EyerCise

Reasonable Solutions

Brainscape (1819)
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First Aid Tutorial 3.3 (1465)
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Review for Nurses Tapes Co

NESP (Nursing Exam Success Program)

Right On Programs

Diet Will Do It
Living HeartSmart Will Do It
Playing Will Do It

Risk Assessment

Healthier People 4.0

Saunders Group

Backcare Program, The

Scholastic Software

Miracle of Life, The

Sierra On-Line

Mastercook: Cooking Light

SilverPlatter Education

FSTA (Food Science and Technology Abstracts) on SilverPlatter

SilverPlatter Information

EMBASE CD: Immunology & AIDS
Health and Drug Information Library
MDX Health Digest on CD-ROM

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Interact-Intro
Interact-Surgery
Knowledge Disc

SoftKey International Inc.

B.A.B.Y.
BodyWorks 5.0
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Health & Hobby
Key Healthy Indulgences
PharmAssist: The Family Guide to Health and Medicine
Pill Book, The

Software Labs

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Baby Game, The
Cocaine and Crack
Drug Abuse Learning Environment (DALE)
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Romance: Games of Choice About Sex
Safety First: A Guide to Safe Child Care
Sexually Transmitted Diseases
Street Drugs: Trip or Trap
Tobacco: Smoking and Chewing
Understanding AIDS

SVE

Be Smart! Be Safe! A Drug Education Program

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Vital Signs - The Good Health Resource

Times Mirror Higher Educ Group

Fitness Quest

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UltraCoach

UltraCoach

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University of Minnesota Health Risk Appraisal (Ver 3.0)

University of Texas Medical Branch

Geriatric Nutrition: A Recipe for Good Health
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Healthy Touch: Home "Safe" Home, The
Healthy Touch: Immunizations on Parade, The
Physical Assessment of the Older Adult

University Technologies Int'l

Healthy Living with Sunshine

UpData Publications

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Consumers Reference Disc (NISC Disc)
Dr. Health'nstein's Body Fun
Heart, The Engine of Life
Take Five

Valkieser Group BV

Loving For A Lifetime
Tim and Bear in Hospital

Videodiscovery

Orthodontics
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Physics of Sports
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Preparing for Dental Implants
Preparing for Jaw Surgery

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General Ophthalmology
Retina

Watson Enterprises

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Health Awareness Series
Heart Chec Interactive 1.0
Lung Function 2.0
Nutrition Profile Plus 1.2
Personal Wellness Profile 50/100/200/300/400
Physical Exam 2.0
Smoker's Profile 1.0
Step Test--GXT 2.0
Treadmill--GXT 1.0
Why Smoke? 2.0

Williams & Wilkins

MedWorks: Anatomy & Physiology

Wm. C. Brown Publishers

Explorations in Human Anatomy and Physiology
Explorations in Human Biology



Appendix

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Education Marketing Div
1600 RiverEdge Pkwy #800
Atlanta GA 30328
800/755-ADAM
770/980-0888
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ABACO Software Inc

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6 Trafalgar Square
Nashua NH 03063
603/883-1818

AIMS Media

Customer Service
9710 DeSoto Avenue
Chatsworth CA 91311
800/367-2467
818/773-4300
818/341-6700 (fax)

Alpha Media

Customer Service
PO Box 1719
Maryland Heights MO 63043
800/832-1000
314/692-2031 (fax)

AlphaSport

Customer Service
6725 Mesa Ridge Road #208
San Diego CA 92121
800/850-3777
619/457-7773
619/457-7779 (fax)

Altschul Group Corporation

Teaching/Journal/Perennial
1560 Sherman Avenue Suite 100
Evanston IL 60201
800/323-9084
708/328-6700
708/328-6706 (fax)

AMC Cancer Research Center

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American Inst for Learning

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Austin TX 78701
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512/472-1189 (fax)

**American Society of Hlth-Sys
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801/464-6201 (fax)

Artemis

Harriette Hartigan
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Ann Arbor MI 48108
313/677-0519
313/677-6606 (fax)

**ASDG/Advanced Software Design
Group**

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South Burlington VT 05403
800/859-1969

Barr Media Group

Customer Service
12801 Schabarum Avenue/POB
7878
Irwindale CA 91706
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Book Data

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